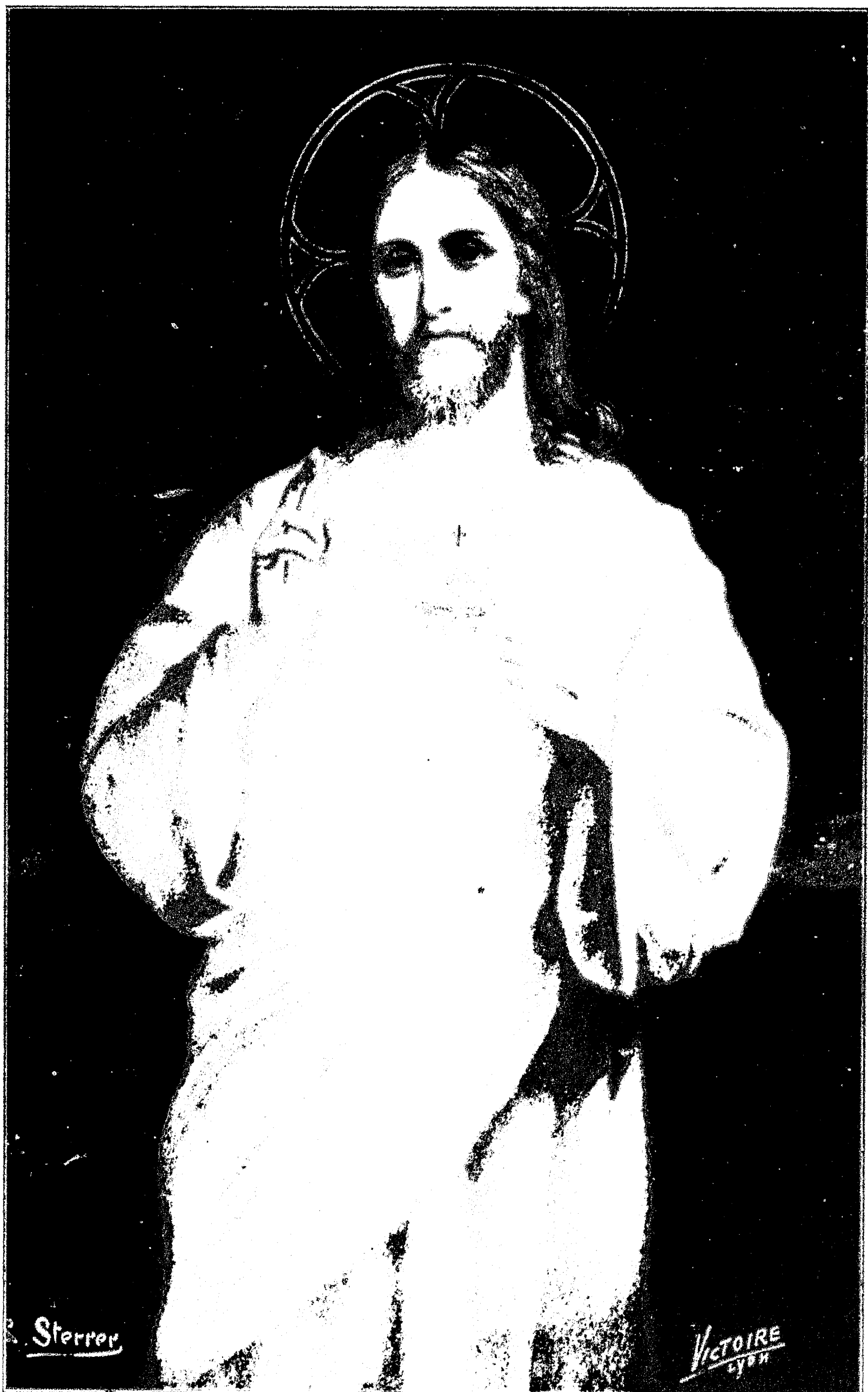


# FIRST FRIDAY

(Begin Your Nine  
First Fridays Tomorrow)

A promise made by Our Lord Jesus Christ to St. Margaret Mary, in favor of those who practice and promote devotion to His Sacred Heart:

"I promise thee, in the excess of the mercy of My Heart, that its all powerful love will grant to all who receive Holy Communion on the First Friday of every month, for nine consecutive months, the grace of final repentance, and that they shall not die under My displeasure, nor without receiving their Sacraments, and My Heart shall be their secure refuge at that last hour."



## FIRST FRIDAY PROGRAM

Those who are going to confession should go tonight. It is impossible for confessors to hear more than a very limited number of confessions during the morning Masses.

**Adoration:** If you have not signed up for a regular half hour, make a period of adoration in the Main Church where the Blessed Sacrament is exposed from 8:00 a. m. to 5:00 p. m.

Pray for the sick and for your own personal intentions during adoration. Prayer and sacrifice is a powerful combination and assures you of abundant graces.