

Bengal Bouts on TV tonight
at 7:30. Be in your places
at 7:20--please.

University of Notre Dame
Religious Bulletin
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"What do we know about the real
value of prayer--of mental re-
laxation in God's presence?"

Missal Sale.

When we look upon the Sacrifice of the Mass as the sacrifice of the Mystical Body it is easy to deduce from this that the faithful, all the faithful, have the duty of participating actively in the offering. No baptized Christian has a right to remain passive. If he does, "religion clearly amounts to mere formalism, without meaning and without content." . . . Once again we point out a very practical way to pray the Mass with the priest . . . In the best way possible--using a missal.

Confirmation Again.

We have to remind you again that on May 3 Bishop Pursley will be on campus for Confirmation. This is a convenience for you who have not been confirmed. Please hand in your names to Father Barry, 106 Cavanaugh Hall.

Do You Know This Man?

Someone who is not going to the Sacraments? You are your brother's keeper. What have you done to urge him back to the Sacraments? Turn him over to Our Sorrowful Mother. The petition slip for Friday night Novena Services has a special place reserved for him--X marks the spot. Put a check after this petition: Return to the Sacraments.

Looking For Trouble.

The student chaplains are looking for trouble. It's their job. No student at the university has any business having any anxiety on his mind except study. Psychologically and theologically it's unsound to repress guilt, worries and scruples. It was St. Thomas who said: "Any idea which is hurtful to the mind does harm in just the proportion that it is repressed. The reason is: the mind is more intent on a repressed idea than if it were brought to the surface and allowed to escape."

Anyone afraid to talk to their chaplain will find plenty of other priests around the university willing to listen. More accessible even than your chaplains are your rectors and prefects. Matters of conscience sometimes loom big in the eyes of the warrior and cause anxieties that grow into mountains.

The PRINCE OF THIS WORLD loves secrecy. He appeals to our love of independence. "Work this out for yourself," he says. But don't let the devil make a sucker out of you. Bring in your troubles, either inside confession or outside. Choose a priest as your guide and let him help you carry your troubles. There's an old adage which says that anyone who makes himself his own teacher makes himself scholar to a fool.

Wait Until You're An Old Man?

It is not always easy to go to confession, but it is a wonderful feeling after it's over. There are those who hope to have their "fling," who procrastinate, keep putting off the necessary confession. Some wait too long--and are caught by sudden death, which comes like a bolt out of the blue. Others wait until they are worn out by sin.

Father Faber (Creator and Creature, pg. 326) observes: "It is wretched enough to think of these conversions of old age, which seem to have more of nature in them than of grace. A man's passions are worked out. He becomes a moral wreck. The avenues of sensual pleasure are closed to him, by the aches and pains and dull insensibilities of age. In a number of cases the very powers of sinning are diminished. And so, what with fear, what with disgust, and what with making a virtue a necessity the old man gives himself to God, such little of him as is left, and God accepts the gift!"

Prayers: (deceased) 3 deceased friends of Father Ward; brother of Sister Maria Luisa, C.S.C. Ill, mother of Father Schaerf; nephew of Father Fagan; 2 friends of a priest.