University of Notre Dame Religious Bulletin January 7, 1953

Follow The Knights

All Knights of Columbus in the state of Indiana are bent upon a program of spiritual activity that should be especially close to the life of every Notre Dame man -- frequent Holy Communion.

The local council seeks to enroll as many students as possible in the organization known as the <u>Men of the Holy Eucharist</u>. These members voluntarily pledge themselves to receive Holy Communion at least five times during each month. This is a spiritual society -- no dues, no fees, no meetings, no officers. You who are accustomed to receive Communion daily surely will want to lend your moral support to this movement. Furthermore, your good example will inspire others throughout the state to fall in line with this splendid apostolate. Dedicated as you are to the Christian way of life, your leadership in a movement to bring the world back to Christian ideals is especially appropriate. Great groups of men bent upon a single objective tend to draw others into that movement -- that's why Notre Dame should lead the way. For most of you this will be nothing new whatsoever. For a few "strangers at the table," it will be an incentive to frequent reception.

Rewards

Men of the Holy Eucharist share in the Masses, prayers, and pious works of all members of the Eucharistic League. On many occasions during the year they may gain a Plenary Indulgence. Who of you can afford to pass up these rewards ?

Who Was Right ?

Question: "A student friend of mine says that on Friday after Thanksgiving, and on a Friday following a big Feast Day, like Christmas, Catholics may eat meat. I don't believe this. Who won the argument?"

<u>Reply</u>: You were correct -- on this occasion. The Church has never made that exception in her laws of abstinence. There are certain dispensations granted from the obligation of Friday abstinence, such as the faculty extended to bishops to dispense when a Holy Day of Obligation or a civil holiday falls on Friday. During the war, bishops were free to dispense according to the needs of the people of their diocese. Even now, in some parts of the world where, by reason of post-war shortages, food is scarce, the laws of Friday abstinence are relaxed. But there have not been any general concessions made for Fridays after big feast days. Furthermore, the argument that the left-over meat might speil is specieus. This might be true in a very hot climate, but hardly in our country, and in our age of refrigeration.

Thanks For The Alms.

These of you who made a little contribution to us for the peer are to be complimented; it will come back to you a hundredfold. The anonymous denors to the Jim Acki fund, to the Bengal Missions, and to other specified charities can rest assured that the entire amount was forwarded. You know -- no overhead, no office expense, no percentage for cherical help. God bless you!

PRAYERS -- Decased: the mother of Ed Stachewicz, the man who prints your <u>Bulletin</u>: father of Michael Godfrey of Dillon, father of Jerry Kuchewski of Wolsh: mother of John Cushman, '29; G. C. Utz of the Mayo Clinic. <u>III</u>: friend of Dick Anderson; father and mother of Father Simonitsch, C.S.C.