University of Notre Dame RELIGIOUS BULLETIN October 1, 1953

REWARDS FOR FIRST FRIDAY DEVOTIONS

Twelve promises Our Lord made to all those who practice and promote devotion to His Sacred Heart, especially the devotion of the Nine Fridays. Here they are:

- 1) I will give them all the graces necessary for their state in life.
- 2) I will give peace to their families.
- 3) I will console them in all their troubles.
- 4) They shall find in My Heart an assured refuge during life, and especially at the hour of death.
- 5) I will pour abundant blessings on all their undertakings.
- 6) Sinners shall find in My Heart the source and an infinite ocean of mercy.
- 7) Tepid souls shall become fervent.
- 8) Fervent souls shall speedily rise to great perfection.
- 9) I will bless the homes in which the image of My Heart shall be exposed and honored.
- 10) I will give to priests the power to touch the most hardened hearts.
- 11) Those who propagate this devotion shall have their names



written on My Heart, never to be effaced.

12) I promise thee, in the excess of the mercy of My Heart, that Its all-powerful love will grant to all who receive Holy Communion on the First Friday of every month, for nine consecutive months, the grace of final repentance and that they shall not die under My displeasure, nor without receiving the Sacraments; and My Heart shall be their refuge at that last hour.

Adoration Tomorrow

There will be Adoration all day tomorrow – from 8:30 till 5 in the Lady Chapel. At 5 p. m. there will be public recitation of the Rosary, followed by Benediction.

Procedure for Adoration — Choose any half hour that is convenient for you. Then sign the list posted on the hall bulletin board, indicating the time you prefer. Tomorrow, go to the sacristy, don a cassock and surplice, and then kneel down as near the altar as you can. Stay as long as you wish.

NOVENA DEVOTIONS: The Sorrowful Mother Novena begins at 6:45 p. m. in Sacred Heart Church.