Tonight at 6:45 in Sacred Heart Church: Sorrowful Mother Novena. University of Notre Dame Religious Bulletin February 18, 1955 Lenten suggestion: "I shall be on time for Sunday Mass." Practice session: this Sunday.

It's An Old Notre Dame Custom

Every year on <u>Quinquagesima</u> Sunday, Notre Dame begins the Forty Hours Devotion -- so named in honor of the forty hours that Our Lord's Body remained in the tomb after His death and burial. We carry on a custom begun in Milan about the year 1534. St. Philip Neri introduced it into Roman churches in 1548. Pope Clement V enriched the devotion with special indulgences; and later it spread throughout the world. It was introduced into the United States in 1858, in the diocese of Philadelphia.

The idea behind the devotion is <u>reparation</u>. These are the days of <u>Carnival</u> -- when there is much celebrating prior to the austere days of Lent. In Catholic countries there is literally a "Goodby to meat," for the duration of Lent -- hence, the reason for the celebration. In the course of this celebration of farewell, many are guilty of excesses. This "one, last fling" often provided an occasion for sin -- and it was in reparation for these sins that the Forty Hours Devotion was instituted. It provided the antidote; and it also prepared the faithful properly for the penitential season that was to begin on Ash Wednesday.

Here at Notre Dame, the Blessed Sacrament remains exposed on the main altar throughout Sunday, Monday, and Tuesday. You are invited to drop in at your leisure, and to spend a half-hour in prayer -- for the sins of the world, and for your own shortcomings. Drop in for shorter intervals between classes, and after meals. You'll find these moments filled with abundant blessings.

There will be evening devotions at 6:45, on <u>Sunday</u>, <u>Monday</u>, and <u>Tuesday</u> (Closing). There will be Adoration daily from 6:30 a.m. until 6:45 p.m.

Indulgences

A Plenary Indulgence may be gained once each day by those who receive the Sacraments, visit the church, and recite six Paters, Aves, and Glorias.

An indulgence of 15 years may be gained each time the church is visited, and the prayers mentioned above are recited with a contrite heart.

The confession required for gaining the Plenary Indulgence may be made at the time of the Forty Hours, or during the octave preceding, or following it. Holy Communion may be received on the day preceding the Devotions, or during the octave after it. Sorrow for sin is necessary to gain the indulgences which, once gained, may also be applied to the souls in Purgatory.

Recollection, This Sunday

A half-day of recollection will be held this Sunday in Dillon hall chapel, under the direction of Rev. Theodore Hesburgh, C.S.C., President of the University. The schedule lists: Mass and sermon at 8 a.m.; conference at 9:30; conference at Benediction at 11:00. The subject: "The Role of the Layman in the Church."

Hall Councilmen are still signing up volunteers for .Daily Lenten Adoration

If They Missed You -- Bring The Matter To Their Attention,

PRAYERS -- Deceased: Rev. James Kehoe, CSC; Joe Stanish, '51; grandmother of Bob Fisher of Dillon; uncle of Tom Orange of Farley; father of John Reynolds of Badin; Father Martel, CSC.III: father of Prof. Teah (Biology); sister of Rev. Joseph O'Neill, CSC; Edward J. Murphy, '55 (January); grandmother of Tom Mark of Cavanaugh; Delano Chesky of Walsh. 2 Sp. Intentions.