

Hold Sunday Afternoon for University of Notre Dame  
The Eucharistic Rally at Religious Bulletin  
School Field (Eddy Street).... October 7, 1955

where all Catholics of the  
vicinity will assemble at  
2 p.m. Don't miss it!

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### Sunday Masses in Sacred Heart Church

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Except on the Sundays following home football games, everyone goes to Mass in Sacred Heart Church. Sunday marks the beginning of this procedure. Seniors are a distinct group and will continue with their regular chapel schedule, as heretofore. The Freshmen will attend the earlier Masses in the church. The 10:15 and 11:15 Masses are for the Upperclassmen. In this way we are able to space the crowd adequately.

If you have a Sunday suit, wear it to Mass in Sacred Heart Church, this week and every week thereafter. The dignity of the occasion determines what you wear at the Senior Ball, or the Freshman Formal. Sunday Mass is just about as important an occasion as you will ever face. A neat appearance lends dignity to your own person, too.

Be on time! When the big bells ring out, start moving toward the church, and fill up the choir seats, and the front pews. Everyone should be present before the celebrant enters the sanctuary. Coming late to Mass is not only a lack of courtesy to God, and an occasion of scandal -- but also a real distraction to others. Ushers have been instructed to request all stragglers to take places quietly in the rear. Lateness is already out of line; do not add to it the crime of distracting others who are trying to follow the Mass. This you do when you parade through the church, or the sanctuary. Remain quietly near whatever door you entered, or go to the Lady Chapel.

Once Mass has started, we want no one moving about the church, except at Communion time. School yourself never to be tardy for Sunday Mass. It's not only good manners, but also good Religion--we are all obligated to a full Mass on Sunday morning. And that means from the prayers at the foot of the altar to the prayers after Mass inclusive. Anything less is unworthy of Notre Dame and Notre Dame men.

Confessions are heard at all Masses on Sunday morning--as a convenience intended primarily for the students who live off-campus, and who may not have another opportunity, as do you, with facilities in your own hall chapels both morning and evening every day during the week. Going to confession during Mass is not an ideal situation. But it is the best some can do. Therefore, leave that time for those who have no other opportunity.

Remember-- there are Saturday evening confessions in Dillon, Howard, Cavanaugh, and Sorin chapels. Campus residents are expected to utilize these opportunities.

Masses in the Basement Chapel, on Sunday morning, are for the parish-- not students.

The Warning Bell before the Consecration at any Mass, is the signal to kneel, wherever you happen to be. During the Consecration no one should move about, go to confession, or do anything other than kneel. During the elevation, look up at the Host and at the Precious Blood, and make an Act of Faith in the Real Presence.

Everyone should likewise be kneeling when the priest turns, faces the congregation, and recites the prayers before Communion. The Domine Non Sum Dignus bell is the signal for you to approach the rail, and so to be kneeling when the priest recites the prayers just mentioned. The same procedure should be employed when receiving Communion outside of Mass--kneeling while the priest recites the prayers before distribution; and remaining at the rail for the Blessing which terminates the brief ceremony. And even the big boys fold their hands reverently as they approach and return from the rail.

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### Tonight Your Favorite Novena

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The Perpetual Novena to Our Lady of Sorrows resumes at 6:45 in Sacred Heart Church, and will continue every Friday evening thereafter during the schoolyear. It's the special devotion of all Notre Dame men, and a source of untold favors. Be there at 6:45.