This evening at 6:45 in Sacred Heart Church -- the Sorrowful Mother Novena.

## University of Notre Dame Religious Bulletin February 1, 1957

Blessing of Throats -- on Sunday morning after all Masses in Sacred Heart Church.

This Matter of Sunday Mass

Through His Church, God demands, under pain of mortal sin, that you take time out to worship Him publically, by hearing at least one complete Mass on every Sunday and holyday. The God Who created you, Who redeemed you, and Who will one day judge you, certainly has full right to make that demand. You have a grave obligation of acceding to that demand without quibble or compromise.

Hence, don't go to sleep the night before a Sunday or holyday without taking the necessary precautions to get up on time. If you're a heavy sleeper, have some strongarmed friend awaken you -- even with emphasis. Tell him to ignore any protestations you may offer. Tell him not to leave until he gets the job done.

You sin gravely -- if, on a Sunday or holyday, you come to your Mass of obligation as the priest is unveiling the chalice at the Offertory -- even if you hear the rest of the Mass to the very end.

You sin gravely -- if you come into your Mass of obligation at the Gospel, and then leave at the Communion.

You sin venially -- if, through carelessness or indifference, you miss any minor part of your Mass of obligation on a Sunday or holyday. At Notre Dame this is especially true because you are guilty of bad example -- even scandal. On Judgment Day, latecomers elsewhere may be able to plead distance, or accidents, or bus problems, or parking difficulties. But we shall have no excuse whatsoever for shirking this obligation. Never again will it be so easy for us to roll out of bed and into the church.

It should be a matter of pride for all of us to be in our place in the dhurch before the priest comes out to the altar. And we should remain in our place until the priest has left the sanctuary. By so doing, we manifest not only respect, but good manners, refinement, and show a courtesy to Christ.

The dignity of the occasion demands that we dress accordingly. Hence, if you have a "Sunday Suit," wear it to the church for Mass.

## Apportioning The Crowd

These are the months when everyone who lives on campus goes to Mass in Sacred Heart Church -- except for Seniors who have their own chapel schedule. The Freshmen are assigned the earlier Masses in the church (7-8-9). The later Masses (10:15 and 11:15) are for the Upperclassmen. In this way we are able to space the crowd adequately.

Masses in the Basement Chapel on Sunday morning are for the parish -- not students.

Confessions are heard on Sunday mornings as a convenience for those who live Off-Campus. Going to confession during Mass is not an ideal situation; but it is the best that some Off-Campus men can manage; hence, leave this opportunity for them.

Remember: there are Saturday evening confessions in Dillon, Howard and Cavanaugh chapels. Campus residents are expected to utilize these opportunities.

Tomorrow morning at 7:00 in Sacred Heart Church, you are invited to witness the Candlemas Day ceremony, with the Student Choir participating.

Tomorrow -- First Saturday -- Fatima Devotions in private.