

# RELIGIOUS BULLETIN

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Notre Dame, Indiana



On Monday, the 5:10 Mass in Sacred Heart Church will be offered for the late Joe Boland, marking the second anniversary of his death. Better-known to most of you as a radio and television sports commentator, the "voice of Notre Dame", Joe was also a Notre Dame tackle and Line Coach. But many will remember him best for the fine example he set wherever he happened to be; whether it was in a great stadium or in Dillon Chapel. Joe was a great advocate of using the missal when assisting at Mass. As a student and in later life, Joe could usually be found in the early morning, missal in hand, heading for Mass.

Let's hope many of you, especially those who owe Joe a favor, will turn out for the Mass for him on Monday evening.

## EXAMINATION

With Lent approaching rapidly, those who've been putting off confession, will go looking for an examination of conscience. Here's one that requires only the effort it takes to add up the number of times. It was prepared by Paulist Father John Keating.

### *Five steps*

for a

### **Good Confession**

1. Examine your conscience.
2. Be sincerely sorry for your sins.
3. Confess your sins.
4. Resolve to amend your life.
5. After your confession, do the penance the priest assigns.

### **Prayer Before Confession**

O my God, help me to see and know the condition of my soul honestly and humbly, and to make a sincere and truthful confession. Teach me true sorrow for my sins. Then, in Thy mercy, grant me Thy forgiveness, Thy grace, and Thy love, through the infinite merits of Jesus Christ my Redeemer. Amen.

### **Examination of Conscience**

*Don't be hasty*

*Don't be superficial*

*Avoid anxiety*

- Did I deny or doubt God's existence?
- Did I refuse to believe God's revelation?
- Did I deny that I was a Catholic?
- Did I despair of or presume on God's mercy?
- Did I neglect prayer for a long time?
- Did I blaspheme God, swear, or curse?
- Did I miss Mass on Sunday or Holyday of Obligation through my own fault?
- Did I do unnecessary work on Sunday?
- Did I disobey or disrespect my parents or legitimate superiors?
- Did I give a full day's work in return for my full day's pay?
- Was I impatient, angry, unkind, proud, envious, jealous, revengeful, hateful toward others, lazy?
- Did I give bad example, get drunk, fight or quarrel?
- Did I physically injure or kill anyone?
- Did I willfully take pleasure in impure thoughts and desires?
- Did I use impure or suggestive words and stories?
- Did I deliberately look at impure things or pictures?
- Did I deliberately perform impure acts by myself or with others?
- Did I steal, cheat, help or encourage others to steal, or keep stolen goods?
- Did I fulfill my contracts; give or accept bribes; pay my bills; rashly gamble or speculate?
- Did I lie deliberately to deceive; injure others by lies; talk uncharitably of others, or reveal their faults and sins?
- Did I eat meat on Friday or on other forbidden days?
- Did I fast as required?
- Did I fail to receive Holy Communion during the Easter time?
- Did I go to Holy Communion in the state of mortal sin? without fasting?
- Did I make a bad confession?

## IN YOUR CHARITY

Please pray for the following. Deceased: Archbishop William O'Brien of Chicago; uncle of Louis Rizk of University Village; nephew of Peter Connolly of Alumni; sister of William Horgan of the Maintenance Dept.; John Whitman. Ill: Fr. Arthur Schoenfeldt, C.S.C.; wife of late Prof. Cooney.



Now is the time to begin asking, "What'll I do for Lent?" Lent, recall, has a definite purpose. It's purpose, like the purpose of spring training for the pro baseball teams, is to condition us for the prize we've been offered--eternal life and happiness. It's a special time of prayer and self-denial for both saints and sinners. Some will make reparation for past sins--their own and others--while others will be intent on strengthening themselves against future falls. It's a time for work. And anyone worth his salt will make some resolutions--and keep them. Like, for instance:

Every Day

Mass and Holy Communion. In the Mass, Christ makes reparation for and with us. In Holy Communion, He transforms us into more virtuous sons.

The Rosary. Our Lady's intercession will help us be faithful to our resolutions about self-denial.

A Daily Visit to the Church and Grotto. Stop there for a few minutes of prayer, before or after class. And be mindful of those who are miles away but would like to be here.

Benediction and Stations. The ten or fifteen minutes you spend at the close of the day will refresh you.

Avoid the occasion of sin. Sin is responsible for Lent.

Then, take your pick of something to give up

Like, Intoxicants,

Movies downtown,

Excessive sleep,

Cigarettes,

Profanity and vulgarity. Concerning the last two, you've no choice.

With Our Lord exposed daily in the Blessed Sacrament during Lent, and a steady stream of students stopping in the Lady Chapel to pray before Him, making acts of reparation, thanksgiving, love, and petition, something will happen. It always does. Christ touches the soul of both saints and sinners. The sinner will find that telling his sins in confession isn't so hard after all. And those desiring to be better than they are, will be.

*Glenn Boorman, S.J.*  
University Chaplain