

RELIGIOUS BULLETIN

Vol. XLI, No. 63

Friday, March 30, 1962

Notre Dame, Indiana



KNUTE ROCKNE

After all these years, a youngster of today could easily ask the question: "Who was Knute Rockne?" From the standpoint of statistics, it could be

pointed out that he was the man who coached Notre Dame to 105 victories, and only 12 losses and five ties. Few other coaches, and possibly none, can boast of achieving as great a record.

REMEMBER HIM TOMORROW

TONIGHT

Seventy students will be making the Closed Retreat at Moreau Seminary this weekend. While it's true this is but a few among so many, yet they may be the leaven needed to get the rest back to a more fervent observance of Lenten penance and self-denial. Half way through Lent, the "weak-sisters" faint away and abandon the practices they resolved on Ash Wednesday to carry on throughout the forty days. For example, compare the Mass attendance now with what it was at the beginning of Lent! Admit that it's not what it was at the beginning of Lent, and ask yourself what YOU ought to be doing about it!

Your two eyes can help get you an education, enable you to carry on a successful career, serve you to the top of your profession, and aid you to fame, fortune, and happiness. Another pair of eyes will drive you to do all this.


SUNDAY

All week long you've been hearing reminders urging you to give to the Bishops' Relief Fund. Sunday is the day for the collection. It will be taken at all of the Masses. It is hoped that no one will feel he is doing his part if he gives less than a dollar. Some can do more! If you find it hard to sacrifice, hard to go without something, remember it's Lent. And remember, too, that in India last December, a two-week cold spell took the lives of 600 ill-fed, ill-clothed, human beings..... while in the U.S.A. last year, Americans spent nearly ONE BILLION DOLLARS (for exercising gadgets, appetite depressives, and diet formulas) to combat excess poundage!



IN YOUR CHARITY

Please pray for the following. Deceased: Grandfather of John Forrest of Alumni; Knute Rockne (31st Anniversary of his death tomorrow); mother of August Van Boecklin, '34; father of Jerry Roemer, '57; mother of Joseph Bowling, '52; father of Joseph F. Ackerman, '47; Frank H. Vogel, '06. Ill: Coach Jim Gibbons; friend of Robert Aymer of Morrissey; sister of Nick Vergoth of Keenan; mother of Eli Shaheen, '37. One special intention.



This Sunday, the Church exhorts us to be happy--Laetare! Even in the midst of the season of penance she would have us be happy in order that we might be identified with Him, and mindful that "your joy no one shall take from you".

But in spite of the Church's urging, some find it pretty difficult to be happy these days. Some because Mom read the April McCall account of student activities in Florida and put an end to those plans for Easter on the beach. Others because Liz is having her troubles again, and they regard her as a clean-cut kid who's been spoiled by men. Maybe, too, a few are unhappy because Paar is gone.

Perhaps many are unhappy, though, because of personal problems with the virtue of purity. And the most prevalent problem here could be the problem of sins of impurity alone, by oneself. Usually the problem is aggravated by the individual's lack of will-power. The process of strengthening one's will begins with the practice of acts of self-denial. These not only win one God's help, but they also develop his powers of resistance to temptation. These acts of self-denial by which one's will power is increased need not be of great consequence in themselves. Here little things can prove effective.

Add to this a few other practices. Such a one should get sufficient sleep in a room that's well-ventilated. Avoid a lot of heavy blankets, too. These tend to cause lethargy. Tenseness should be avoided. And regular vigorous exercise helps here. Idleness, which opens the way for introspection, should be avoided. Depression, discouragement, and lonesomeness must be overcome, too.

Today, much of what appears in magazines is aimed at producing some erotic stimulus. Such a one should be careful of what he reads, sees, and hears. Special circumstances which in the past have proved dangerous for him should be avoided.

It goes without saying, that such a one should make frequent use of the sacraments of Penance and the Eucharist. There is also great advantage in having a regular confessor who can give effective guidance. Finally, such a one should pray often. These means coupled with a firm resolve to overcome the problem can result in the kind of happiness the Church prays for.

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