



"Descent of the Holy Ghost," by Robert L. Heim, C.S.Sp.

## FOR THE SUCCESS OF THE Ecumenical Council

( ) Divine Spirit, sent by the Father in the name of Jesus, and ever present in the Church to guide it infallibly, graciously pour forth, we beg of You, the fullness of Your gifts on the Ecumenical Council. Most sweet teacher and consoler, illumine the minds of our sacred prelates who, with prompt allegiance to the supreme Roman Pontiff, will unite in the meetings of the holy synod.

Grant that from this Council abundant fruit may spring; that the light and the power of the Holy Gospel may more and more spread through human society; that the Catholic faith and its mission work may flourish with increased vigor; and that the final result may be a fuller knowledge of the Church's teaching and salutary progress in Christian morality.

O sweet Guest of the soul, strengthen our minds in truth and dispose our hearts to obey, so that we may accept with conviction and carry out with a ready will whatever is determined in the Council.

We pray to You also for the sheep who are not yet in the true fold of Jesus Christ, so that as they glory in the name of Christian, they may finally attain unity under the care of One Shepherd.

Renew Your wonders by a new Pentecost in our time. Grant to Holy Church that, persevering constantly in prayer with Mary, the mother of Jesus, and led by St. Peter, it may spread the kingdom of the Divine Saviour—a kingdom of truth and justice, a kingdom of love and peace. Amen.

## • HOW TO

## TALK TO GOD

### Prayer to St. Joseph

*Composed by Pius X*

O Glorious St. Joseph, model of all who are devoted to labor, obtain for me the grace to work in the spirit of penance in expiation of my many sins; to work conscientiously by placing love of duty above my inclinations; to gratefully and joyously deem it an honor to employ and develop by labor the gifts I have received from God; to work methodically, peacefully, and in moderation and patience, without ever shrinking from it through weariness or difficulty; to work, above all, with purity of intention and unselfishness, having unceasingly before my eyes death and the account I shall have to render of time lost, talents unused, good not done, and vain complacency in success, so baneful to the work of God. All for Jesus, all for Mary, all to imitate thee, O patriarch St. Joseph. This shall be my motto for life and eternity. Amen.

### Prayer for Air Travelers

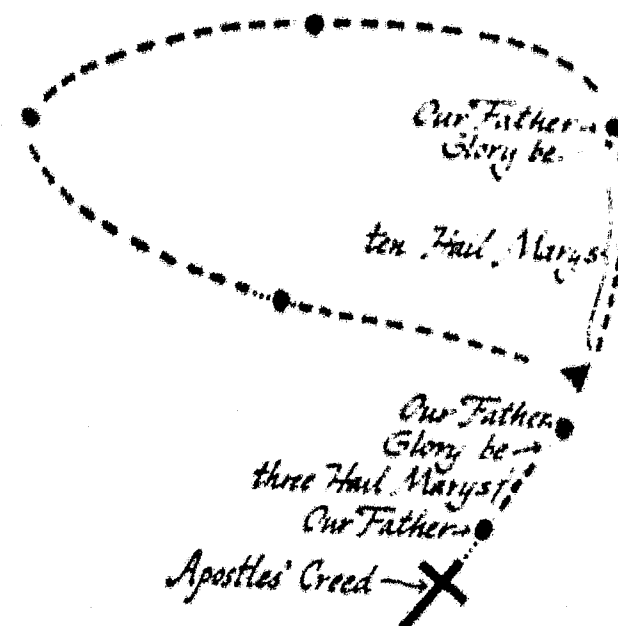
God, Who has made all creatures for Thy Own Glory and has destined all the things of this world for the service of mankind, bless we pray Thee this machine built for air travel, that it may serve without loss or danger, for the spreading even more widely the praise and glory of Thy Name and for the quicker dispatch of the world's affairs and that it may foster in the hearts of those who travel in it, a yearning for the things above. Through Christ Our Lord. Amen.

### The Daily Act of Consecration

My Queen, my Mother, I give myself entirely to thee. And to show my devotion to thee, I consecrate to thee this day my eyes, my ears, my heart, my lips, my whole being without reserve. Wherefore, good Mother, as I am thine own, keep me, guard me, as thy property and possession.

### To Our Lady, for A Vocation

To thee, O Star of the Sea, from the waves of this life I lift my eyes; guide my soul, and show me a course whereupon I may serve our, Divine Master, and at last reach the port of our heavenly country, through Jesus Christ Our Lord. Amen.



### MOTORIST'S PRAYER

Grant me, O Lord, a steady hand and watchful eye,  
That no one shall be hurt as I pass by,  
Thou gavest life, I pray no act of mine  
May take away or mar that gift of Thine.  
Shelter those, dear Lord, who bear me company,  
From the evils of fire and all calamity.  
Teach me to use my car for others need;  
Nor miss thru love of undue speed  
The beauty of the world; that thus I may  
With joy and courtesy go on my way.  
Saint Christopher, holy patron of travelers,  
Protect me and lead me safely to my destiny.

### PRAYER TO ST. JUDE

*To be said in great affliction, or when one seems to be deprived of all visible help, or for cases despaired of.*

Most holy apostle St. Jude, faithful servant and friend of Jesus, the name of the traitor who delivered thy beloved Master into the hands of His enemies has caused thee to be forgotten by many, but the Church honors and invokes thee universally, as the patron of hopeless cases, of things despaired of. Pray for me who am so miserable; make use I implore thee, of that particular privilege accorded to thee, to bring visible and speedy help where help is almost despaired of. Come to my assistance in this great need that I may receive the consolations and succor of heaven in all my necessities, tribulations, and sufferings, particularly—(Here make your request) and that I may bless God with thee and all the elect forever. I promise thee, O blessed St. Jude, to be ever mindful of this great favor, and I will never cease to honor thee as my special and powerful patron and to do all in my power to encourage devotion to thee, Amen.



A form of prayer that is often overlooked is meditation. Meditation is essentially the collecting of one's thoughts, focusing one's attention, recalling pertinent facts, principles, and circumstances in communing with God. The length of time and the depth of thought in meditating will vary from man to man. Let each meditate for the length of time and in the way which will provide the best results for him.

Fr. McSorley of the Paulists suggests the following simple plan of meditation for the beginner:

I. Ask the Holy Ghost to help you to make a good meditation.

*"What is Our Lord thinking of?"*  
*"What can I do to console Him?"*

II. Choose a subject to meditate upon from the list of possible subjects on page 118.

For example: The first station of the Cross,—  
"Jesus is condemned to death."

IV. To each Question that you frame, you are to give an answer.

For example: "Jesus, our Gentle Saviour, is being condemned."

"Every sinner has profited—and I most of all."

III. Frame one or more definite questions under any of the following headings:

"Who?"

"What?"

"Where?"

"Why?"

"When?"

"How?"

"How many?"

"How often?"

"With what help?"

"With what results?"

"He is thinking of my ingratitude."

"I can take up my cross and follow Him."

For example: "Who is being condemned to death?"

V. You are then to talk to God about the things suggested by your answer.

For example: "Dear Jesus, forgive me for my share in Your Passion."

"Blessed Saviour, I thank You for having saved me from hell."

*"Who has profited by Christ's Passion?"*

"Dear Lord, I will try to show gratitude by resisting temptation, for I love You."