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THE SPIRIT OF ADVENT

In the liturgy of the Church Advent is a penitential season. There is no required fasting as in Lent, but the purple of Advent is coupled with the penitential figure of St. John the Baptist, "The voice of one crying in the desert, 'Make ready the way of the Lord, make straight His paths. Every valley shall be filled and every mountain and hill shall be brought low, and the crooked ways shall be made straight, and the rough ways smooth; and all mankind shall see the salvation of God.'" (Luke 3:4-6)

Today it's an uphill battle for Catholics and sincere Christians to enter into the traditional penitential spirit of Advent because the commercial world sentimentally anticipates the joy of Christmas to make Advent the year's biggest buying season. Parties, which formerly characterized the season following Christmas, are now the spirit of preparation for Christmas.

If Christmas is to retain its true meaning of Christ's coming mystically to us, our preparation must be a spiritual one, and in the spirit of the Church, a penitential one. The tone of Advent is set in the Epistle for the first Sunday of Advent: "Let us therefore lay aside the works of darkness, and put on the armor of light. Let us walk becomingly as in the day, not in revelry and drunkenness, not in debauchery and wantonness,

The Christmas Novena for Parents begins Wednesday, Dec. 5. ***

Give your parents the gift they will appreciate most -- a novena of Masses and

not in strife and jealousy. But put on the Communions Lord Jesus Christ." (Rom. 13:12-14)

In the spirit of Advent, therefore, we should hold in check our pursuit of worldly pleasures; we should do something to remind the appetites that they are still under the domination of the will.

These penances, or sacrifices, in the figurative sense, can be made most efficacious by offering them to God as a part of ourselves in the Offertory of the Sacrifice of the Mass. The best way to make a good Advent in preparation for a truly meaningful Christmas is to make the sacrifice -of time, of sleep, of convenience -- to assist daily at Mass. In proportion to the subdued, penitential tone of our Advent, Christ's coming to us on Christmas will be more intimate and joyous.

Music for Meditation Beginning today, at 4:45 daily, organists of the music department will play meditative music in Sacred Heart Church before the 5:10 Mass. A period of meditation each day in this devotional atmosphere could be the means of deepening your union with God.

C.S.C. in the SECOND VATICAN COUNCIL

Twelve members of the Congregation of Holy Cross, including eight bishops and the Superior General, are attending sessions of the Second Vatican Council. In addition to the prelates and the head of the community, who are Council Fathers with the right to speak and vote, two priests of the Congregation are serving as consultants, and a Holy Cross seminarian is one of the thirty-siz student-priests and seminarians responsible for recording the verbatim Latin text of the Council sessions.

The Most Rev. Lawrence L. Graner, C.S.C., '24, Archbishop of Dacca, East Pakistan, is the ranking prelate among the members of the Congregation participating in the Council. He has been appointed by the Holy Father to serve on the Commission on the Missions.

The Most Rev. Alfred E. Mendez, C.S.C., '31, was made Bishop of Arecibo, Puerto Rico, in 1960. He is a former faculty member of Notre Dame.

A missionary in East Pakistan and Uganda virtually all his priestly life, the Most Rev. Vincent J. McCauley, C.S.C., '30, became Bishop of Fort Portal, Uganda, in 1961.

The Most Rev. Mark G. McGrath, C.S.C., '45, was named Auxiliary Bishop of Panama City, Panama, at the age of thirty-seven in 1961. The Council Fathers elected Bishop McGrath to the Theological Commission.

A native of East Pakistan, the Most Rev. Theotonius A. Ganguly, C.S.C., was ordained a diocesan priest in 1946. Following ordination, he came to Notre Dame where he earned a master's degree in 1949 and a doctorate in 1951. While here he decided to enter the Congregation of Holy Cross. He was named Auxiliary Bishop of Dacca, East Pakistan, in 1961.

Three of the prelates are members of the Holy Cross Fathers' Canadian Province. The Most Rev. Albert F. Cousineau, C.S.C., former Superior General, is Bishop of Cap-Haitien, Haiti. He had the honor of officially proposing to the Council that the name of St. Joseph be included in the Canon of the Mass, a step already promulgated by the Holy Father. The Most Rev. Maurice Choquet, C.S.C., is Auxiliary Bishop of Cap-Haitien, and the Most Rev. Raymond Larose, C.S.C., is Bishop of Chittagong, East Pakistan.

The ninth Holy Cross Council Father is the Very Rev. Germain Lalande, C.S.C., a member of the Canadian Province who was elected Superior General this past summer and later was named a Council Father by the Vatican.

The Rt. Rev. Msgr. William J. Doheny, C.S.C., and the Rev. Edward L. Heston, C.S.C., '30, are acting as canon law consultants to the Council. Monsignor Doheny is a member of the Sacred Roman Rota, the highest pontifical tribunal of justice. He formerly taught legal ethics at Notre Dame. Father Heston, Holy Cross procurator general in Rome, is chairman of the press panel which briefs English-speaking correspondents covering the Council on the day's proceedings.

The Rev. Mr. Thomas Langdon, C.S.C., '59, is a deacon scheduled to be ordained to the priesthood in February. To record the historic proceedings he uses a newly developed Latin shorthand.