

Notre Dame passes reaccreditation review

HLC report praises the University's commitment to undergraduates, high quality education

By KAYLA MULLEN
News Writer

The Higher Learning Commission (HLC) gave Notre Dame the highest marks in all criteria in its decennial reaccreditation review, according to Fr. John Jenkins, president of the University.

"The report praised the academic distinction of many departments and observed that faculty showed an 'unusual' commitment to their undergraduates," Jenkins said in a faculty address. "In short," they wrote, 'Notre Dame [provides a high-quality education across the broad] in a way that is truly exemplary.' ... I thank every

faculty member for making the University a place that merits such high praise."

Dan Hubert, accreditation program director, said the University must complete this process every 10 years in order to remain accredited.

"Without being an accredited institution, [Notre Dame] does not qualify for federal financial aid, we don't qualify for federal research dollars," Hubert said. "Your credits, if you transfer somewhere else, may not transfer and as well as accepting credits from another institution coming in, they have to be accredited. There's a lot that

see HLC **PAGE 4**

Higher Learning Commission Reaccredits Notre Dame

5 Criteria

1. Mission
2. Ethical and responsible conduct
3. Teaching and learning: quality, resources and support
4. Teaching and learning: evaluation and improvement
5. Resources, planning and institutional effectiveness

SAM COUGHLIN | The Observer

'Take it one step at a time'

By JACK ROONEY and
HALEIGH EHMTSEN
Associate News Editor and
Associate Saint Mary's Editor

Editor's note: This is the fourth installment in a five-day series discussing mental health at Notre Dame and Saint Mary's in recognition of Mental Health Awareness Week.

"It's so easy to look around a high-pressure environment at Notre Dame and Saint Mary's and think, 'Everyone here is a rock star and everyone is so

smart and has incredible internships and jobs.' I can't risk saying I need help with this because then I'll risk falling behind. I can't risk not keeping up with the rest of my peers," Saint Mary's senior Emily Haskins said.

"People [need to] realize that asking for help is the best thing you can do."

As Notre Dame and Saint Mary's celebrate National Mental Health Awareness Week with panel discussions, prayer services and Touchdown Jesus bathed in green light—the color

of mental health awareness—the week also offers students with mental illnesses a chance to reflect on their experiences.

'You don't know where to draw the line'

Haskins was diagnosed with generalized anxiety disorder (GAD) last year after struggling with it throughout high school and college, but had refused to see a doctor. She said it can be difficult to distinguish the stress that naturally goes along with

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Prism ND hosts 'Coming out Closets'

By ANDREA VALE
News Writer

Prism ND held its annual "Coming Out Closets" event on Wednesday, Oct. 8, in support of the LGBTQ community. The event, which took place both in front of DeBartolo Hall and on the Fieldhouse Mall, gave students the chance to walk through a doorframe lined with rainbow streamers and "come out of the closet" as whatever they wished, in an attempt to spread a spirit of acceptance of personal identities across campus.

"People will go through the door frames as a metaphor for coming out of the closet, but they're going to come out as any part of their identity," vice president of Prism Lily Crawford said. "They can come out as a business major or an engineer or a band geek or an artist, or whatever they want to come out as. We want to show everybody that the entirety of their identity is valued and they don't have to keep a part of it hidden if they don't want to."

President of Prism Bryan Ricketts agreed, saying the metaphorical "coming out" is a visible

way to show support for people.

"If they want to come out but are unsure that Notre Dame is a safe place, we want to show them that it is a safe place to come out," Ricketts said.

LGBTQ identity and its place on Notre Dame's campus has always been something of a shaky subject, according to both Crawford and Ricketts.

Up until "a culture shift within the last five years" the lack of an LGBTQ presence at Notre Dame was "a much bigger issue," Ricketts said.

"There was a silence on campus. Then people started talking about it, and it turned out that most people on campus are very accepting and loving and it just needed a push to get that out in the open," Ricketts said.

"There are students who e-mail us before they make a school decision," Crawford said, referring to LGBTQ-identifying high school students who fear that because Notre Dame is notorious for its staunch Catholic values, it will not be an accepting campus. "We tell them that yes, for a few people

see CLOSET **PAGE 4**

Dance Marathon throws 5k event 'for the kids'

By ALAINA ANDERSON
News Writer

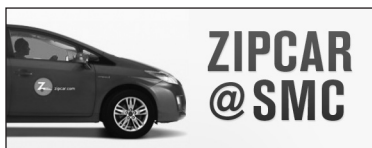
Saint Mary's Dance Marathon hosted the organization's annual "For the Kids" 5k (FT5K), Wednesday evening in order to raise money for Riley Hospital for Children in Indianapolis. The neon-themed run/walk FT5K began at the College's Welcome Center parking lot and ended with a party on the island in front of Haggard Parlor.

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Photo courtesy of Lauren Wells

Juniors Juliana Schott and Mary Kate McShane run the Dance Marathon's 5k race for the kids on Wednesday evening.



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THE OBSERVER

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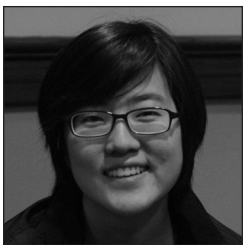
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QUESTION OF THE DAY:

What are your plans for fall break?

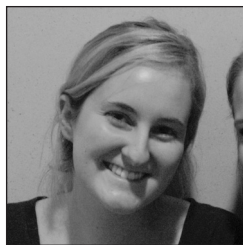
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Email photo@ndsmcobserver.com

**Emily Park**

freshman
Welsh Family Hall

“Visiting Chicago with my sister.”

**Lisa Wuertz**

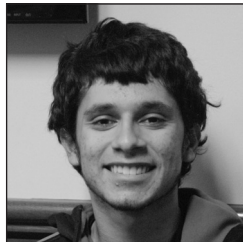
junior
Cavanaugh Hall

“North Carolina.”

**Jake Maginn**

freshman
Morrisey Manor

“Going to Florida.”

**Sam Arroyo**

freshman
Sigfried Hall

“Going home to spend time with family.”

**Kelly Laco**

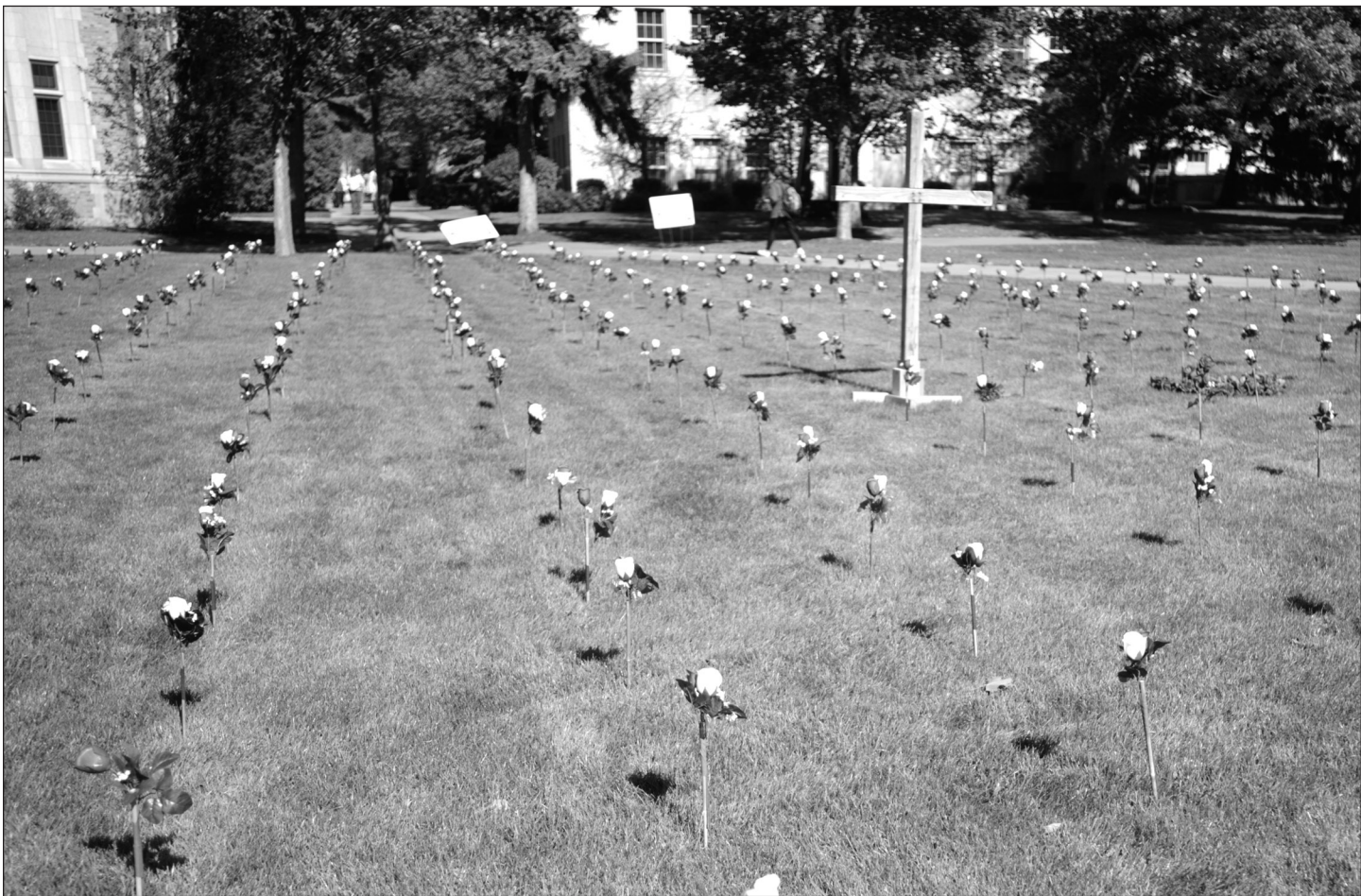
junio
Lyons Hall

“Going to the beach.”

**Shannon Kelly**

freshman
Badin Hall

“Going to Boston.”



ROSIE BIEHL | The Observer

The Notre Dame Right to Life Club decorated South Quad with rows of flowers in memoriam of the lives lost to abortion. October is annually observed as Respect Life Month in Catholic Churches across the nation.

THE NEXT FIVE DAYS:

Want your event included here?

Email news@ndsmcobserver.com

Thursday**14th Annual Blue Mass**

Basilica of the Sacred Heart
5:15 p.m. - 6:15 p.m.
Mass for those who work in public safety.

“A Streetcar Named Desire”

DeBartolo Performing Arts Center
7 p.m. - 9 p.m.
Classic film.

Friday**Pep Rally**

Location TBA
6 p.m. - 7 p.m.
Pep rally for UNC football game.

MSA Eid Festival Dinner

Coleman-Morse Student Lounge
7 p.m. - 9 p.m.
Featuring Dean Hugh Page.

Saturday**Notre Dame Football**

Notre Dame Stadium
3:30 p.m. - 7 p.m.
Undeclared Irish take on the North Carolina Tar Heels.

Saturday Vigil Mass

Basilica of the Sacred Heart
7:30 p.m. - 8:30 p.m.
Music by the Women's Liturgical Choir.

Sunday**Mass at the Basilica**

Basilica of the Sacred Heart
11:45 p.m. - 12:45 p.m.
Music by the Notre Dame Folk Choir.

ND Women's Soccer

Alumni Stadium
12 p.m. - 2 p.m.
Cheer on the Notre Dame women's soccer team as they play Miami.

Monday**“Translation, Criticism and Interpretation”**

DeBartolo Hall
4:30 p.m. - 6:30 p.m.
Hosted by Religion and Literature at Notre Dame.

Founder's Day Mass

Basilica of the Sacred Heart
5:15 p.m. - 6:15 p.m.
Mass for those who first formed a community of faith.

Saint Mary's launches partnership with Zip car

By **RONI DARLING**
News Writer

On Tuesday, Saint Mary's College launched a partnership with Zipcar to offer a car-sharing network on campus.

The convenient transportation option is available 24 hours a day, seven days a week for students, faculty and staff ages 18 and older. Students are expected to be the most frequent users, according to a press release sent to Saint Mary's.

"Once enrolled as Zipcar members, the Saint Mary's community may also reserve Zipcars at the University of Notre Dame and, in turn, their community can use Saint Mary's Zipcars," director of media relations Gwen O'Brien said.

Saint Mary's will initially offer two Ford Focus models for communal use. The Zipcars have designated parking spots located in the Regina Hall parking lot for

convenient pick-up and return. The cars are available on-demand and can be easily reserved by the hour or by the day, O'Brien said.

Faculty and students can join Zipcar for \$25, with rates for Zipcar vehicles on campus starting as low as \$7.50 per hour and \$69 per day, she said. After the first year, members will pay an annual membership fee of \$35. Gas, insurance, and up to 180 miles of driving per day are included in Zipcar rates, and cars can be reserved for as little as an hour or for multiple days, O'Brien said.

One of the unique features of this new accommodation is its members can download the Zipcar mobile application on their smartphone to make reservations, lock and unlock the vehicles and honk the horn to help locate the vehicle, she said. Reservations can also be made over the phone or on Zipcar's website.

O'Brien said Zipcars will

benefit a variety of people in the community, especially students by offering the freedom of having a car without the commitment and cost of bringing one to campus.

"This could open up the possibility for some students to apply for off-campus internships or jobs that they might not have considered because they didn't have a way to get there," she said.

"We have a lot of students in majors like nursing, education and social work who serve in the community as part of their coursework. Many students also volunteer at schools and nonprofits around town. Zipcars offer a possible way to get to those locations," O'Brien said.

She said another great benefit of bringing Zipcars to Saint Mary's is that they are environmentally friendly.

"Reducing the College's carbon footprint is something the administration is very cognizant of and they're

excited to bring Zipcars to Saint Mary's [for that reason]," she said "Offering Zipcars potentially reduces the number of student cars on campus while offering students the convenience and freedom of a car when they need it."

According to Zipcar's website, "Zipcar reduces congestion and parking demand. Studies have shown each Zipcar takes approximately 15 personally owned cars off the road. Zipcar reduces emissions. Studies have shown Zipcar members reduce their overall mileage by about 40 percent after joining, helping to reduce CO2 emissions."

Vice president of student affairs Karen Johnson said these statistics play into Saint Mary's strategic plan, titled Boldly Forward, which aims to reduce the College's carbon footprint and raise awareness of the importance of sustainability on campus.

"Offering Zipcars here is

an example of an effort to reduce the number of student cars on campus while offering students the convenience and freedom of a car when they need it," Johnson said.

Nursing major and sophomore Kathryn Gessert said she is excited about Zipcar coming to Saint Mary's.

"I don't go off-campus nearly enough to invest in my own car, and while riding the buses and my bike around the area are extremely low-cost, they require massive amounts of travel time," Gessert said. "As a nursing student, I anticipate commuting to off-campus healthcare locations on a regular basis."

"Zipcar is the perfect solution," she said.

For more information about Zipcars and to become a Zipcar member visit, www.zipcar.com/saintmarys.

Contact Roni Darling at vdarli01@saintmarys.edu

Panel highlights sexual violence resources

By **ALEXA DESANTIS**
News Writer

In honor of the Gender Relations Center's (GRC) Sexual Violence Awareness Month, a discussion panel titled "Know Your IX: Resources for Care and Support," presented information about the options available for those who are victims of sexual violence on Wednesday in the Notre Dame Room of LaFortune Student Center.

"The goal of the panel is to show students that after an instance of sexual violence,

they have multiple choices and avenues to pursue support, whether that be physical medical care, emotional care, counseling, or spiritual support in terms of talking to someone from campus ministry," said Regina Gesicki, assistant director of GRC. "They can do those things simultaneously or separate[ly], and there's a lot of resources on campus and in the community that are ready and waiting and available for students to help them heal from instances of violence."

Among the panelists were

members of the GRC, the University Health Center, St. Joseph Regional Medical Center, the Office of Community Standards and NDSP.

Melissa Lindley, Deputy Title IX Coordinator, said she wants to ensure Notre Dame is foremost a safe community.

"My number one priority is to make sure that were in compliance with the Office of Civil Rights and really, just to make sure that our campus is a healthy, safe place free from discrimination and harassment," Lindley said.

Although students sometimes feel the process of reporting instances of sexual violence is daunting, Lindley said, Notre Dame works very hard to make the process a streamlined one so that the complainant does not have to repeat the story many times.

"[The complainants] have a lot of control in the process," Lindley said. "I think that is one common misperception. Students often feel like the situation is out of their hands ... Sometimes they do feel like it is too much [work to complete the process] and after the investigation, they

say that they don't want to move on, and we do try to respect their wishes. The only time when we would have to maybe go against their wishes would be if there is a major threat to campus safety."

Dave Chapman, the associate director and deputy chief of NDSP, addressed the e-mails that are sent out at times of reports of sexual misconduct.

"We try to make it as vague as possible because we don't want the victim to be identified; we just want the community to know that this happened on our campus," Chapman said.

Heather Ryan, assistant director of the Office of Community Standards, said issues of sexual violence are treated very seriously at Notre Dame.

"If someone is found responsible for sexual misconduct, specifically non-consensual penetration, they would likely be permanently dismissed," Ryan said. "We do take it very seriously, as something that is very important and that we have to protect our community."

Sophomore and GRC event facilitator Katie Benz said it is important for students to know that they are not alone.

"The GRC is very open to students for not only advice for themselves but for other students as well," Benz said. "The GRC is very adamant about promoting gender relations on campus so that everyone feels welcome."

Contact Alexa DeSantis at adesanti@nd.edu

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HLC

CONTINUED FROM PAGE 1

plays into being an accredited institution."

The reaccreditation process consists of a self-study based on HLC criteria and a follow-up visit during which an evaluation team verifies and further explores the report, Hubert said.

"It was about a two year process for us to thoroughly look at the University," Hubert said.

"... We worked with about 120 faculty to gather the information to address these five criteria that the Higher Learning Commission has for us. We then had to write that up into a report for submission: it was a 245-page report, with links to almost 1,000 other documents."

The five overarching criteria components that a university must meet are mission; ethical and responsible conduct; teaching and learning; quality, resources and support;

evaluation and improvement; and planning and institutional effectiveness, according to the HLC website. Hubert said each criteria component had a team assigned to it.

"When we design the self-study team we chose faculty leaders to head up each of the five criteria areas," Hubert said. "They shepherded the process and were well-respected faculty that had also held previous leadership roles on campus ... It is one of the thankless things that the faculty and staff do on

campus."

Hubert said the Higher Learning Commission is in the process of adopting a different reaccreditation schedule.

"Instead of going for a full 10 years and having to do a whole report every 10 years, we are on a new system called Pathways, which in four years, we will provide an update to [the HLC]," Hubert said. "Then, three years after that, we will provide another update, and then at the 10-year mark, we will provide another update but it will only

be for a three-year period. We will be continually updating our report along the way."

Hubert said the report was an overall success.

"We hit everything because across the board, they gave us the highest marks that you could receive, so we really give kudos to the faculty and staff that worked on it to make sure we had everything covered," Hubert said.

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FT5K

CONTINUED FROM PAGE 1

Dance Marathon is a student run organization hosted by hundreds of colleges throughout the nation that raises money for the Children's Miracle Network (CMN). President of Saint Mary's Dance Marathon and senior Kristen Millar said all the money from the group's fundraising events throughout the school year will go to Riley Hospital for Children.

"CMN is a non-profit organization that is dedicated to providing medical treatment for critically or chronically ill children, free of cost," Millar said. "CMN gives Riley Hospital for Children the opportunity to

provide medical treatment to all children, regardless of a family's ability to pay."

After the 5k, the party on the island had food, water, music, glow sticks, a raffle and shirts priced at \$2 for participants to buy.

"Each year we have done a 5k on campus to try to incorporate community involvement with our events," Millar said. "The FT5K is also a great way to spread awareness on campus and embodies the marathon's mission of staying on one's feet for those who can't."

At the end of the 5k, Dance Marathon announced that the 2015 Dance Marathon theme will be superheroes.

Co-fundraising chair, Maranda Pennington, helped

organize the 5k, and said she is excited for the superhero-themed marathon. She said, her goal is to make 2015 the best year for the club and encourage more students to attend the fundraising events.

"It is something that I have become extremely passionate about after hearing personal testimonies from Riley families that our funds have helped and I can't imagine dedicating my free time to anything else," Pennington said.

Dance Marathon will be hosting numerous events for students to get involved and help a great cause. Millar said she wants to encourage more students to participate as Dancers during the marathon and to attend the other

fundraising events.

"Throughout the year, we will host give back nights at local restaurants, such as Five Guys and Let's Spoon," Millar said. "We also normally host a salon rouge night and last year, we hosted a Riley trivia night on campus. In February, we will have a week dedicated to Riley with various events such as Zumba, crafts and dinner with some of the Riley families."

"Students should participate and attend Dance Marathon in the spring because it is truly an amazing and inspiring event that benefits a wonderful hospital, and without marathons such as the one at Saint Mary's, Riley Hospital for Children would not be able to provide care for all children regardless

of their financial situation," she said.

In honor of it being Dance Marathon's 10th year as a recognized club on campus, Millar said the goal for the year is to raise \$90,000 for the children of Riley Hospital.

"It is [also] our goal to collaborate with different clubs and organizations on campus, but ultimately, our goal is to raise awareness and to tell the stories of families who have benefitted from the amazing care Riley provides ... It is truly amazing to hear the stories of Riley patients lives [we have] been able to touch," Millar said.

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aander02@saintmarys.edu

Closet

CONTINUED FROM PAGE 1

here, that stigma is kind of correct and there's sort of a lack of understanding and an ignorance, but there are people like that at a lot of different places.

"Notre Dame is pretty accepting, a lot of people are really nice about it. There might be a few things that they're ignorant about, but they're usually very understanding," she said.

Prism ND began after a 2011 campus visit from Senator Brian Sims, who gave a speech on "how four out of five college students are accepting of LGBTQ individuals, but they only think that one out of three of their peers are," Crawford said. Prior to Sims' speech, there were LGBTQ student organizations that were denied club status [at Notre Dame]. But, the "echo" of the Four-to-Five Movement, as Sims referred to his statistics, was a call for a club.

"In the fall of 2012 Father Jenkins called the division of student affairs to do a review of services for LGBTQ individuals, and it was found in that review that there was not enough service and support for LGBTQ students," Crawford said. "The report suggested to have an organization, and that organization is Prism."

"Coming Out Closets" was "inherited" from preexisting councils at Notre Dame on gay and lesbian student affairs, and it has occurred before Prism's inception two years ago, Crawford said. On

Wednesday, crowds of students passed through the rainbow-decorated doorframes in front of DeBartolo Hall and the Stonehenge Fountain, and many took the opportunity to come out of their "closet."

"I've done this for the past few years," Melanie Sajbel, a senior in Pasquerilla East, said. "You come out as something that you're proud of, and I'm proud that my brother is gay. I think it's something that he'd be excited to see because we have a pretty conservative campus and he's not Catholic."

Josephine Jackson, a Lewis sophomore, went through her closet for different reasons.

"I went through the closet for my mom," Jackson said. "She's bisexual ... And my stepmom has been in my life for about five years, so I came out for her because I know that her coming out was very difficult, coming from a very conservative household, it took a lot for her to do that."

Ricketts and Crawford emphasized the role of "allies" in LGBTQ acceptance on campus throughout the event.

"We have plenty of members who aren't LGBTQ who just come out to support their friends because that's something they believe in," Ricketts said.

"Allies are a big part and they help make this a safer spot," Crawford added, "Having a lot of allies there shows that you don't have to feel so alone."

If safety and acceptance were the goals of "Coming Out Closets," participating

students seemed to feel this was achieved, Crawford said.

Sorin first year Tyrel London said for him, coming out during

a public Notre Dame event had a deep significance.

"It means that I don't have to be afraid anymore," London

said.

Contact Andrea Vale at
avale@nd.edu.

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Stories

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life as a college student from a more serious condition.

“Obviously being in college is stressful,” Haskins said. “Everybody is stressed out, which makes it harder because you don’t know where to draw the line between ‘Am I being a baby about this?’ and making too much of a big deal.

“But I could give myself an entire Saturday afternoon in the library and just look at my assignment and start to have a panic attack, feeling like I couldn’t breathe and I couldn’t think and my thoughts would start racing. It wasn’t like I procrastinated or needed to feel that way.”

Notre Dame junior Tracey Cheun, who was diagnosed with bipolar I at the end of her freshman year in April, 2013, said the college environment can be both therapeutic and detrimental to mental illness.

“College seems to make the condition worse and better,” Cheun said. “Worse because it is Notre Dame, it’s a very esteemed institution, so there’s pressure. But also better because I’ve been lucky enough to have the people around me, and I can’t imagine being where I am today without them, or being this mentally healthy without their encouragement.”

Amber Kears, a Notre Dame senior, said the pressure to excel in school made coping with her depression and Attention

Deficit Hyperactivity Disorder (ADHD) more difficult.

“I’ve had depression before, but it wasn’t diagnosed depression,” Kears said. “The depression [I had my] freshman year was kind of related to the ADHD. I had sort of been the smart person at my school and I always thought daydreaming was a part of my personality. So when I came here and I was struggling, I couldn’t tell anyone at home because I was so used to being at the top of my class and getting straight A’s.

“It was really stressful and really lonely because I didn’t want to tell anybody, but then I couldn’t really do anything because I wasn’t telling anybody. I didn’t really want to go to counseling because I didn’t want to admit anything was wrong, but then I finally went and talked to someone.”

“Having problems outside of school just makes worrying about school a lot worse,” Kears said.

'Family dynamic'

Cheun, who lives on campus in Badin Hall, said the resources on campus, ranging from the University Counseling Center (UCC) to resident hall staffs, made living with mental illness more manageable.

“The counseling center is a really great resource,” she said. “I think people really underestimate it or they’re kind of afraid that they’ll be perceived as [weak] or that they have huge issues and there’s something wrong with them. They’re really

nurturing there.

“I [also] think the family dynamic here is so strong and that helped me get through a lot of it. I know Badin is pretty small, but the hall staff and [rector] Sr. Denise [Lyon] would stop by my room a lot and make sure I was okay.”

After initially fearing medication, Haskins said she came to recognize its potential to assist her after asking God for help.

“My medication helps,” she said. “I didn’t want to take medicine because there’s such a stigma about it. I didn’t want to be dependent on it.

“[But] medicine isn’t a crutch. Doctors have been blessed with far more smarts than I to help people get through it. If anybody out there has an anxiety disorder and hasn’t done anything about it, you honestly deserve medicine, or help if medicine isn’t your thing.”

As a Film, Television and Theatre (FTT) major and business economics minor, Cheun said her professors have also been remarkably accommodating, which has helped her progress as a student and manage her illness.

“All of [my professors] have been incredibly supportive and understanding, whether it’s paper extensions or me not being able to get out of bed because I’m too depressed and I just can’t do it,” she said. “They’re always willing to go out of their way for me and meet me after or outside their office hours. That’s helped a lot, and definitely piqued my interest in my

academic endeavors because I don’t feel so discouraged or judged by them.

“In terms of my everyday life, I take it one step at a time,” Cheun said. “I keep mood charts, I exercise, I take my medication everyday, I follow up with my family on a weekly basis. Sometimes I’ll ask my roommates or my boyfriend to let me know if I’m behaving bizarrely and don’t realize it, because that does happen sometimes.”

'Kind of a quiet thing'

In light of Notre Dame graduate Mark Gallogly and his wife Lise Strickler’s \$10 million gift to the university to create the Rev. James E. McDonald, C.S.C., Center for Student Well-Being, Kears said the university should focus on peer support for students with mental illness.

“There was no real obvious peer support,” Kears said. “There’s counseling, but it’s better to also have something with other students. Once you leave counseling, that’s who you have to deal with and who you compare yourself to. I think it’s better to have a support network that involves the people who you are living with and you go to school with everyday.

“There are a lot of people who experience depression here, but it’s kind of a quiet thing,” Kears said. “... If people were used to dealing with other people or noticing the signs, they would probably reach out to their friends more or check in on them and try to get outside help if they think the person needs it.”

Cheun said the university could do a better job directing students to off-campus mental health resources, as well as making on-campus support groups more accessible.

“More openness and availability of support groups would help a lot,” she said.

Saint Mary’s junior Torie Otteson spoke at Tuesday night’s student panel in Rice Commons about her own journey and struggle as a way to break the silence surrounding mental illnesses.

Otteson said students don’t talk about the issue of mental illness because it’s thought to be a private thing.

“People don’t talk about it, but it’s very empowering to share my story of mental illness,” Otteson said. “People listen and they understand. We have a wonderful community here and they realize maybe [mental illness] is not such a scary thing.”

Otteson said she lost a lot of time to mental illness but now she’s taking her story and turning it into something positive for others and for herself.

“I want to be able to help people realize that you’re not alone and there’s always a light at the end of the tunnel, even if you can’t see it right now,” Otteson said.

“[Mental illness] has made me a stronger person in general. If I can make it through that, I can make it through anything.”

Haskins said she has never sought help on campus because she feels it carries a stigma, partly because there is not enough information about student mental health resources.

“I’m a senior and I don’t know how much it costs to take advantage of campus resources or how that gets billed to you,” she said. “I think if people were more aware of that, it would be better.”

Haskins also said students and faculty alike need to make people aware that “[mental illness] is biological and not just something you make up or is a crutch,” something which she said events like Irish State of Mind and Support a Belle, Love a Belle weeks help to do.

'You’re not a diagnosis'

Saint Mary’s first year student Kendall Smith also spoke on Tuesday night’s student panel about her experience with mental illness.

Smith shared her personal journey of depression, which led to self-harm, an eating disorder and substance abuse.

“When something stressful happened, I felt the need to change myself,” Smith said. “I dyed my hair, got piercings and finally recognized, ‘why did I feel the need to change myself?’”

Smith realized through her struggles with depression that she needed to prepare herself to deal with different outcomes instead of altering herself. Depression leads to eating disorders, self-harm and substance abuse, she said, but her story is no longer a sad one to tell.

“Depression is a temporary thing if you want it to be,” Smith said. “I’ve spoken about [mental illness] before, but it was a sad story.”

Now her story is one of learning and growth. Smith said she has found passion in telling her story because it’s not another chapter of her life – she’s closing the book on depression.

“It’s a form of closure, to my history of depression and self-harm,” she said. “I’m really proud of myself for living through that and finding myself through it. It’s always been in the back of my mind; I’m hoping that this will be a way for me to say goodbye to that side of myself.”

Smith said people should know that mental illness is something that doesn’t need to be kept to in the dark; it’s something to work through with support.

“They were given it, and it’s something they can work through, not something they have to tolerate,” Smith said. “Mental illness doesn’t mean crazy.

“Mental illness isn’t a race issue, not a class issue, not a gender issue – it’s a human issue,” Smith said.

“You’re not a diagnosis, you’re a person.”

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INSIDE COLUMN

Millenials
and love

Daniel Barabasi

Scene Writer

The best part about being a millennial is listening to what our futures hold based on the expertise of the pre-iPhoners. We're lazy. We don't have a work ethic. Time agrees. Fox News agrees. CNN agrees. I guess the bipartisan divide really isn't as bad as they say it is.

At least 25 percent of us will never get married. That's a new one. I'll add it to the list of things I can't do, right under "playing with grandchildren in the snow."

Our inability to say "I do" gets attributed to a variety of notions. Society expects us to get into the workforce and become productive contributors as soon as possible. Parents expect us to pay off student debts. We have to climb the social and professional ladders. Although these statements do seem valid, they don't get to the root of the issue.

The older generations' finger-wagging is partially right. Smart phones and internet access have degraded our attention span. We require more instant gratification to keep us intrigued. Furthermore, we're constantly rewarded for our spontaneity, at least according to every success narrative. Being "out there" and ready to take on any task gets you noticed online, socially and professionally. Steve Jobs dropped out of college for a startup. So did Mark Zuckerberg. Look where they are now.

In this context, the idea of settling down sounds preposterous. A white gown leads to a family. Family leads to suburbia. Suburbia means a minivan and soccer tryouts and voice lessons and teacher conferences and this and that. You'll be reliant on the schedules of those you love, but stuck nevertheless.

Marriage doesn't have to be like this; there are married couples who don't have kids. But still, there's constant background pressure. In your 20s and 30s, you should be traveling the world! Explore a new city, meet new people, write a novel, learn a new language, do something you'll regret. It's how you'll make the memories and connections that best shape you. But why does it have to be the last chance in life? Oh right, society wants us to be productive members and fall in love. And it's a bit hard to jump on that discounted plane to Thailand when you're thinking about how your significant other will react.

Yet, this might prove to be wrong. Perhaps love and marriage are the consistencies we need in our lives as millennials. While everything around seems ceaseless in its variability and expectations, we can grab onto love to keep us sane. I certainly hope my cynicism is unfounded. If not, I sincerely wish us the best of luck.

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The views expressed in the Inside Column are those of the author and not

Intergenerational justice

Dan Sehlhorst

We've Lost Our Quorum

Have you seen "The West Wing?" I believe the show is one of the greatest television series ever created. In the second season, creator Aaron Sorkin wrote a flashback to the beginning of the first presidential campaign of President Jed Bartlet. Played by Martin Sheen, Bartlet declares a beautiful sentiment "If fidelity to freedom of democracy is the code of our civic religion, then surely the code of our humanity is faithful service to that unwritten commandment that says we shall give our children better than we ourselves received."

Intergenerational injustice is not a topic that is often discussed in American politics, primarily because counteracting such temporal wrongs requires sacrifice in the present, which doesn't make for rosy campaign promises. As a result, our leaders are strongly incentivized to operate in the short-term, viewing relatively uncertain, long-term risks as a problem to be tackled at a later date. This self-indulgent mode of operation, however, is not worthy of a great nation, and it violates some of the very principles that make this nation great.

The first threat to the future of American ideals is a lack of investment in our children. The United States experiences one of the highest rate of child poverty among developed nations. Regrettably, spending on children as a percentage of the federal budget is falling across the board, according to a report from the Urban Institute. Of the many programs that benefit children, none are more important than education. Education is the great equalizer, holding the potential to break poverty cycles and ensure the long-term viability of our nation. The least we can do is ensure that the education system is fully funded, wholeheartedly supported and staffed with the most qualified educators. We must invest in the best practices and make the development of our children's passions and skills an objective of highest priority.

The second threat to our future is a crushing national debt, which threatens our posterity in many ways. Rising debt can cause rapid inflation if the government chooses to monetize debt or print currency at high rates. Tax burdens and higher interest rates can slow economic growth and even destabilize economies enough to spark financial crises.

For decades, politicians have refused to recognize our fiscal limitations, pulling funding from the pockets of our grandchildren. While each sector of government spending has a clear and valid purpose, there will always be goals outside of our immediate fiscal reach.

Much government spending can be viewed as investment in our future, whether by stimulating economic growth, building infrastructure, developing health care capacity, improving education or protecting our national security interests, all of which benefit future generations. In these situations, a case can be made that short-term deficits lead to future growth and prosperity, but this certainly cannot

be a sustainable long-term strategy.

Besides investments in the future, some government spending is simply wasteful or structured to benefit current voters at the expense of tomorrow's citizens. Reducing waste requires strong leadership from members of Congress but also personal accountability on the part of the American people.

Mandatory federal spending — primarily Social Security, Medicare and means-tested entitlement programs — has risen dramatically from five percent of the federal budget in 1947 to over 56 percent in Fiscal Year 2012. Not designed to support seniors for more than a few years, these programs are approaching bankruptcy. As Americans live longer, our social welfare programs must adjust accordingly. Otherwise, we are looking at both exorbitant debt and bankrupt programs that cannot serve future generations.

As a final example, to care for future generations, we must develop and commit to sustainable environmental practices. With rising global carbon levels, air pollution, water pollution, habitat degradation and changing climates, we must bear the burden of knowing that our choices affect the safety and livability of the world in the future. Rising sea levels, disappearing aquifers, droughts and reduced air quality all pose great risk to our future citizens. We must engage the world on this issue because climate change is not bounded by borders. To the extent that humanity can reduce its negative impact on the environment, we are all partners in a global project for our children's health and wellness.

Children cannot vote in our republic, yet their concerns are of paramount importance. The irony is that political pandering for short-term electoral gain is childishness in its worst form, abandoning the wisdom that our leaders are expected to display. Our politicians cannot be simpleton ideologues who place the value of a strong, uncompromising dogma above fiscal and social responsibility. Our elected representatives are not simply pawns in a game to secure a slice of a multi-trillion dollar pie.

In grand federal buildings and statehouses across the country, elected men and women are not just leaders, but stewards of our future. We cannot leave this responsibility to them alone, however. As citizens of a nation built on the ideas of freedom, equality, liberty and fair representation, we cannot stand idly by while policy directly threatens each of those ideas for future generations. In order to secure better opportunities for our grandchildren, I hope my generation will have the political will power to make cuts in the interest of our posterity. Martin Luther King Jr.'s famous maxim could be adjusted to fashion a new battle cry for conscientious policy, as we could say, "Injustice today is a threat to justice forever."

Dan Sehlhorst is a junior studying economics and political science. Hailing from Troy, Ohio, and a resident of Zahm House, he looks forward to conversation about his columns and can be contacted at dsehlhor@nd.edu

The views expressed in this column are those of the author and not necessarily those of The Observer.

EDITORIAL CARTOON



Plane and Simple

Stephen Raab

Let's Talk Smart

The Obama administration has overseen an eightfold increase in the number of attacks flown by unmanned aerial vehicles or “drones.” These small, pilotless aircraft have become popular with the U.S. Air Force for their ability to take on dangerous missions deep inside hostile territory while keeping American servicemen out of harm’s way. Yet the American drone program has also come under harsh scrutiny by human rights groups.

I’m sympathetic to the majority of the issues brought up by drone opponents. At the very least, I can applaud their calls for greater transparency and oversight of the Air Force’s drone program as I can for any branch of the armed forces. However, it’s undeniable that drones are subject to an unfair level of scrutiny that does not affect manned aircrafts.

For instance, opponents of the US drone war in the Middle East often point to the civilian casualties caused by drone attacks. It’s a hard charge to argue against; bodies strewn amidst the rubble of a destroyed home or the shell of a burned-out car are chilling testaments of man’s inhumanity. But it would be a colossal mistake to associate these deaths with drones rather than with war as an institution.

As uncomfortable as it is to admit, civilian casualties are a fact of war. Virtually every armed conflict results in civilian casualties out of proportion to combatant deaths. Consider the 2003 Iraq War and subsequent insurgency, which even by the most conservative estimates killed ten times more civilians than enemy soldiers. Before the widespread

adoption of precision-guided bombs, these figures were even worse. So-called “collateral damage” was such a prominent feature of the Vietnam War that it inspired a catchy-yet-horrifying military ditty: “Napalm Sticks to Kids.”

In fact, by some accounts drone warfare may be one of the few exceptions to this rule. Assessments by both the New America Foundation and the Bureau of Investigative Journalism found that drone strikes in Pakistan killed roughly three militants for every civilian. (Feel free to take these figures with the massive grain of salt they deserve.) Drone warfare is also much less likely to create refugee crises than would an infantry engagement of the enemy. Unmanned aerial vehicles are ill-suited to the saturation bombardment needed to level cities; most designs focus on assassination of single targets. Drones carry small laser-guided missiles rather than the literal blockbusters used by their manned counterparts to “soften up” a city for invasion.

National sovereignty is another sticking point for those who want drones grounded. Increasingly, the United States is using unmanned planes to strike at targets inside other countries, such as Pakistan and Yemen, without the permission of said nations’ governments. This gets even more confusing when the countries we launch strikes against are officially our allies in the War on Terror. After all, we wouldn’t want Britain or Israel bombing our own country.

Sadly, war is rarely so kind as to respect national boundaries. We’re seeing this happen right now in Syria as the civil war between the rebels and the anti-Assad forces spills over into Iraq, Lebanon and surrounding territories. The terrorist threat in

countries like Pakistan is real, and local forces are often either unwilling or unable to adequately respond. We all remember the most infamous example, when the Pakistani army couldn’t find Osama bin Laden when he had hidden less than a mile from their Military Academy. I recall very little “Sturm und Drang” about “sovereignty” as Seal Team Six returned in triumph from Abbottabad.

Why then are drones singled out for such persecution? What encourages people to look at these particular engines of war with greater apprehension than their manned counterparts? Perhaps the answer lies in human psychology. The casualties from conventional war come in a tidal wave, overwhelming our perception and condensing into a single travesty. Drone strikes, by contrast, are more akin to a Chinese water torture. Drone strikes are little clusters of death stretched over months to years, this feels more reprehensible than the single wave of death as a result of conventional war. I’m reminded of the line oft attributed to Josef Stalin: “When one man dies it is a tragedy; when thousands die it’s statistics.”

I’m all for productive discussion of the covert war against terrorism in the Middle East. As we talk, however, remember to keep the focus on the real problem: an endless war against a nameless foe without concrete objectives. Don’t jump to conclusions just because some of our planes don’t have pilots in them.

Stephen Raab is a junior studying Chemical Engineering. He resides in Alumni Hall and welcomes discourse at sraab@nd.edu

The views expressed in this column are those of the author and not necessarily those of The Observer.

LETTER TO THE EDITOR

A personal invitation to embrace feminism

I am not a feminist because I hate men. I am not a feminist because I’m Emma Watson (or Joseph Gordon-Levitt, or Lena Dunham, or even Beyoncé), and I’m certainly not a feminist because I’m an un-ironically #blessed Notre Dame student. I’m a feminist because I’ve been granted the opportunity to learn about cultures where women face bigger problems than two sympathy points on the “attractiveness” rating scale.

Still, Notre Dame should attack its misogynistic tendencies with all the ferocity we can muster. The commonly heard “forcible fondling” jokes prove that men and women alike have trouble accepting feminism as a serious issue. In a bubble where we all have the opportunity and encouragement to pursue our dreams, we forget that women still burn in honor of their dead husbands in India. We forget that women are still stolen and sold into sexual slavery at ten years old in Cambodia. We forget that some women are still not even allowed to drive in Saudi Arabia.

At Notre Dame, Yik Yaks make “I have a boyfriend” jokes and I cringe, wondering why girls even have to say “I have a boyfriend” instead of simply

“I’m not interested.” At Notre Dame, girls raise eyebrows at the length of other girl’s skirts at the Career Fair and boys make comments about the number of dance floor make-outs “allowed” before a girl becomes a “slut.” At Notre Dame, we are perpetrators of casual misogyny.

Because we tolerate these comments and behaviors at Our Lady’s University, we have excused ourselves from the feminist stage. What would it take for us to decide to take care of each other? Do we need a personal invitation from Emma Watson to “Embrace the F-Word?” Or is it perhaps that our violations of equality are simply too small to warrant our attention?

I’m no Emma, but here’s a personal invitation to join the cause. As privileged students, we get to nit-pick these “too-small” gender issues – yet the United States is still ranked 23rd on the World Economic Forum’s Global Gender Gap Index, behind Cuba, Lesotho, and Burundi. So there are 23 countries that treat the genders more “equally” than the United States, based on economic participation and opportunity, health and survival, educational attainment and political empowerment. This also means nearly

every other country in the world experiences tremendously less gender equality than we do.

Therefore, I reiterate my point: with our privileged position in society, we are all called to be feminists. We’re not all called to hate men, or sign up for 75 NGOs or read Nicholas Kristoff’s “Half the Sky” every night before bed (although it’s an excellent book). We’re not even called to look up to celebrities like Beyoncé (although if you don’t, are you really human?) We are called to fight for opportunities for everyone to pursue their dreams, regardless of color, sexuality, gender and sex. Here at Notre Dame, we can start by adopting the “feminist” label or at least the label of “brothers and sisters” – meaning we watch our Zahm jokes and think twice about our ND Crushes and Yik Yaks. It also means taking a step out of our bubble to think globally.

Still waiting for your personal invitation? Here it is.

Annie Kuster
junior
Breen-Phillips
Oct. 9

viewpoint
noun

- 1) position of observation
- 2) an attitude of mind

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Kelly McGarry
Scene Writer

“This is the beginning. Hello. 1, 2, 3.”

The album opens with this spoken line. You may wonder, the beginning of what exactly? If you haven’t heard him before, consider this the beginning of a musical infatuation with the one and only Shakey Graves.

Alejandro Rose-Garcia, who goes by his campfire Indian-guide name, Shakey Graves, released his second full-length album this Tuesday. The album, “And the War Came,” marks the first time Shakey Graves has an album on Spotify, which could mean big things for this breakout hero of folk-rock. The previous EP and LP can be found on Shakey’s website. According to his 2013 AMA on Reddit, his music wasn’t on Spotify simply because he didn’t know how to set it up. Even as his YouTube views reached the hundreds of thousands, many people were missing out on Shakey Graves because he wasn’t on Spotify. How grateful we are that he finally figured it out!

Rose-Garcia had a modest acting career before his venture into music. He appeared in “Spy Kids 3” and had a recurring role on “Friday Night Lights.” Shakey Graves is strongly associated with his hometown of Austin, Texas, while he also boasts experiences in the New York and L.A. music scenes. He incorporates the style of a one-man band, influenced by Bob-Log III. He does

this through nimble, plucking fingers and the help of a second instrument – a kick-drum. He uses a kick-drum made from an old suitcase into his performance. The instrument is roughly home-made, displaying Shakey’s authentic bluesy-hobo vibe.

The new album shares a title with a Civil War novel written in 1950, reflecting its old-fashioned feel. Shakey Graves uses a lo-fi recording style that intentionally uses older and lower-quality equipment to give the music a classic sound.

The single “Dearly Departed” was released on Spotify in July; however, if you’d been following Shakey Graves on YouTube, you had the privilege of hearing this gem back in April.

The music video for the single features Shakey with album collaborator Esme Patterson, who has a huge impact on three of the songs on the album. In “Dearly Departed,” the two sing together playfully and intimately in a country-simple outdoor setting, accompanied only by an acoustic guitar. The setting is perfect for the simple, light-hearted song. The banter was natural and sweet, the harmonies induced goosebumps. It fully embodied the jaunty ‘50s country sound that we are used to hearing from Shakey Graves. The recorded version of the song attempts a fuller sound with some jamming electric guitar, stronger vocals and added percussion.

In the video for “Dearly Departed,” Shakey jokes about his future trip-hop and jazz-metal careers. For

someone who jokes about musical diversity, his new album deviates quite a bit. “Family and Genus” explores a vibey electronic sound, while “The Perfect Parts” rocks pretty hard. At the very least, tracks like these prove that Shakey is at his best when he stays true to his rustic folk style. He sounds most sincere and natural when he’s picking away at an acoustic guitar, making us stomp along with his kick-drum. He has some success in “If Not for You” on staying true to his classic sound, while still jamming out on an electric guitar.

“And the War Came” has the potential to be Shakey Graves’ breakthrough album. Now that it’s conveniently on Spotify, there’s no reason not to check it out.

Contact Kelly McGarry at kmcgarry@nd.edu

“And The War Came” Shakey Graves

Label: Dualtone Records

Tracks: “Dearly Departed,” “Only Son,” “If Not For You”

If you like: Dawes, First Aid Kit, Avett Brothers



Daniel Barabasi
Scene Writer

With a disappointing summer blockbuster season, it might be hard to renew one’s faith in the film culture. Fortunately, the fall movies are coming along to transition our hyped-up expectations of summer into the winter season of loneliness and romance flicks. With autumn comes a darker, more thought provoking angle to the big screen, sans “Dumb and Dumber To” and “Mockingjay, Part I.”

“Whiplash” – Oct. 10

Society is fascinated by happy success stories of the greats building an empire. In “Whiplash,” director and writer Damien Chazelle gives us the opposite: the terrors and loneliness one goes through to obtain the skills necessary for the big break. Miles Teller plays Andrew, a drum student interested in becoming “a great.” His terror of a music professor harasses him physically and mentally, pushing him to cut all ties and focus solely on improving. The trailer comes as a great reminder during midterms week that having two back-to-back exams

isn’t that bad in the scheme of things, but the movie also resonates with the ongoing ND State of Mind.

“Dear White People” – Oct. 17

Based on the trailer, I’m not exactly sure if I’m allowed to review this movie. The film critiques the myth of a post-racial America, pointing out the stereotypes and derogatory opinions African Americans still face today in the U.S. Set at Winchester University, Samantha White, played by Tessa Thompson, is described as being like “Spike Lee and Oprah had some pissed off baby” for her in-your-face efforts to point out racism. Good for a few laughs, but will probably leave you depressed at the state of our country.

“St. Vincent” – Oct. 24

Bill Murray plays a retired war veteran with every vice in the book who begins to “grow up” when he starts babysitting his new neighbor’s 12-year-old son. Honestly, if you don’t want to watch the movie based on that, you probably don’t have a sense of humor. Murray takes the kid everywhere from a racetrack, to a bar, even to a strip club. He makes the boy mow his dirt lawn to teach him about life and work ethic, much to the enjoyment

of the child’s single mom and Catholic school. Think “Gran Torino” with less violence and more uncontrolled impudence.

“Nightcrawler” – Oct. 31

In his desperate search for a job, Lou Bloom, played by Jake Gyllenhaal, discovers the world of freelance crime journalism. Armed with a shoddy camera and an “employee” — the GPS on his phone — Lou scours the night for segments that sell. As he becomes more efficient with decoding the police scanner jargon, Lou starts to arrive at crime scenes before the cops, and in a few instances, before they’re over — putting him in moral limbo as both reporter and witness.

The film, Dan Gilroy’s directorial debut, promises to be a dark crime thriller. Known previously as a screenwriter for “Two for the Money” and the unmade “Superman Lives,” Gilroy has also been signed to write for Marvel Comics.

But the answer to your most burning question is: Yes, journalism is this cool.

Contact Daniel Barabasi at dbaraba1@nd.edu

listen to TIGERS ON TRAINS and never be bored again



John Darr
Scene Writer

I can see them now. Crayon-drawn spindly tigers casually perched atop crayon cabooses and think nothing of it. Trains, tigers, ice cream, Christmas, grandma — objects of overwhelming childhood joy all met in my mind and spilled sloppily onto paper — and my t-shirt. I would never wear a bib. What my small hands and circumstance created was sacred because they were unrestrained. Everything was so effortlessly borne that even the sloppiest, ugliest creation glowed in the eyes of my parents and teachers.

It's the exact sort of sentiment that comes to mind when Tigers on Trains' front man, Mason Maggio, repeats, "never get bored!" on the group's newest record, "Antarctica in Color." The wish to never be bored is something wholly youthful, both nostalgic and forward thinking. That's essentially what "Antarctica in Color" is: a record entrenched in established indie-folk sounds and sentiments, yet incredibly fresh and inventive in execution. Exquisite arrangements, melodies and lyrics push the record above its many competitors. Quality alone, not some innovation or gimmick, makes "Antarctica in Color" an incredibly strong competitor in the race for the best album of 2014.

Though it's essentially a waste of your time to read the rest of the review — just go listen to this record instead — I guess I'll go on to inadequately capture some of the greatness that Tigers on Trains has to offer. Mr. Maggio, the mastermind behind this particular Tiger on Trains record because his partner in crime, Christian van Deurs, is absent this time

around, is a modern day romantic philosopher.

"Broken Darts" peers into the soul of a fair-weather personality, content to shine in any category that presents an easy opportunity.

"Plumes" illustrates a lover's desire to commit to find the dream life he's always imagined, even if it means having a closed mind that won't change to see a situation for the better. At the last minute, he says, "I don't want your love just yet," and we're left wondering whether he wants to earn that love or if he isn't ready to follow through on his wishes.

"But It's Hard To" seeks out the source of unease in a relationship, asking, "Did you hide or did I hide?" before repeatedly taking and shaking the blame.

"Antarctica in Color," like its very name suggests, deftly investigates a slew of everyday contradictions that cause so much of the emotional hardship in our relationships with others.

The complex lyrical ideas presented, work incredibly well in the context of Tigers on Trains' simultaneously simple and engaging arrangements. There aren't any surprises on the record as far as song structures or chord progressions go, and riffs are subtle when they are present. Fingerpicked guitar and soft driving beats form lush, warm backdrops for Maggio's effortless vocal melodies. However, the vocal hooks and lovely guitar patterns are more than enough to carry each song. Exquisite mixing and production allows each instrument to perfectly inhabit its necessary space, meaning that every instrument shines in every song, no matter how simple its particular part.

Tigers on Trains have created an extremely accessible,

stripped-down indie folk record that makes the most of its few wonderful ingredients with "Antarctica in Color." Repeated listens reveal increasingly lovely and varied bass and guitar patterns that ensure the thoughtful lyrics and memorable vocal melodies fill an eternal space in your head.

It's quite amazing that "Antarctica in Color" was released the same week as Flying Lotus's brilliantly complex "You're Dead," as the two are both masterpieces with opposing strengths. A truly masterful, emotionally gripping indie-folk record, "Antarctica in Color" is another must-hear record from a ridiculously underexposed artist. If you're still reading, you've wasted enough time — go listen to the album now. If you give it the number of listens it deserves, you may never be bored again.

Contact John Darr at jdarr@nd.edu

"Antarctica in Color"

Tigers on Trains

Label: Unsigned

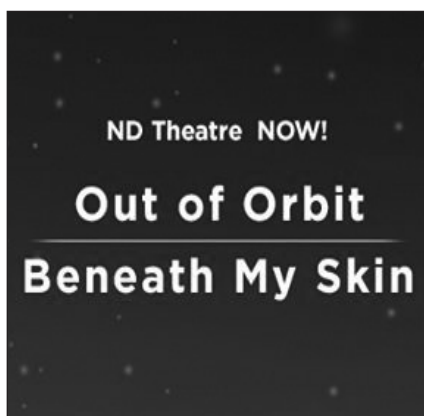
Tracks: "Broken Dance," "Plumes," "But It's Hard To"

If you like: Real Estate, The Lonely Forest, Bonnie "Prince" Billy



WEEKEND AT A GLANCE

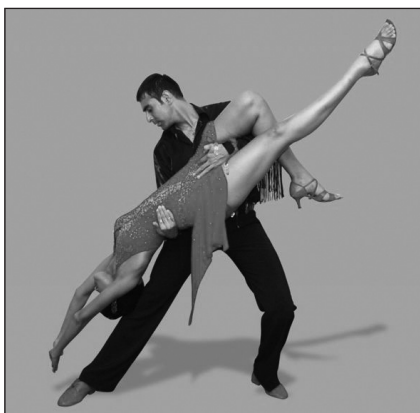
THURSDAY



What: ND Theatre NOW!
When: 7:30 p.m.
Where: DPAC
How Much: \$7 for students

FTT's ND Theatre NOW program showcases two one-act plays written by students each year. This year's plays are "Out of Orbit" by Lucas Garcia ('15) and "Beneath My Skin" by Zachary Wendeln ('15). The plays focus on the struggles, consequences and rewards of coming out of the closet.

FRIDAY



What: Learn to Salsa
When: 10 p.m.
Where: LaFun Ballroom
How Much: Free

Channel "Silver Linings Playbook" and learn how to salsa dance. Be sure to work up an appetite so you can indulge in local Mexican cuisine from Monterrey Mexican Grill. Dancing and tacos, what more could you want?

SATURDAY



What: Notre Dame vs UNC
When: 3:30 p.m.
Where: U Know Where
How Much: U Already Paid

Tailgating. Sports. Football. Notre Dame. The Fighting Irish. That's pretty much all you need to know, right? Be sure to be there to support the Irish as they attempt to maintain their undefeated record. Go Irish, beat Tar Heels.

SUNDAY



What: Julie Fowlis
When: 2 p.m.
Where: DPAC
How Much: \$10 for students

Julie Fowlis is known as the singing voice of Princess Merida, the red-headed heroine of Disney Pixar's "Brave." Fowlis will be performing traditional Gaelic music from her three highly acclaimed studio albums. It will be a great opportunity to expand your appreciation for Irish music beyond "I'm Shipping It Up To Boston."

SPORTS AUTHORITY

Catch America's best drama



Alex Carson
Sports Writer

I often spend large amounts of time marveling at the way European and Latin American soccer fans support their teams. The passion these fans have for their teams — from England to Argentina and Mexico to Turkey — is nothing short of remarkable. It's a world where the team you support means more than anything else — and as John Oliver pointed out during his now-semi-famous rant about FIFA, it's a "religion."

Then, autumn Saturdays come around, and I'm reminded that we have this sort of passion in America — only that rather than fermenting itself in large cities like London or Rio de Janeiro, it reaches its highest heights in well, not large cities. From Tuscaloosa to South Bend and Eugene to Oxford, college football provides America's most passionate drama.

Take Monday's "call of the day" on the Paul Finebaum Show. If you have yet to see Phyllis from Mulga, Alabama rant about the supposed "end" of her beloved Crimson Tide's dynasty, it's quite worth the two minutes of your life. In fact, Phyllis calls the show so often that when she calls, the simulcast of the show on the SEC Network has a picture of the woman, right there for when she calls in. Her end to the call?

"Kiss my butt. Roll Tide!"

And when you think about it, there may be no better five words to describe America's love affair with college football. Suddenly phrases like "War Eagle," "Boomer Sooner," "Hotty Toddy," "Geaux Tigers" and, of course, "Roll Tide" become acceptable ways to greet one another.

But consider it for a second. This Saturday, more than 80,000 people will take up a seat in Notre Dame Stadium to watch a bunch of 18- through 22-year olds play a game. And that doesn't even crack all of it — over 100,000 people will descend on College Station, Texas on Saturday when Texas A&M plays host to Mississippi.

It is — quite honestly — something that boggles the mind. We live and die on the results of these games (alright, we might not die but we sure sometimes cry like someone did) because of what are often silly reasons. Most people root for teams because of where they live.

The aforementioned Phyllis is from Alabama so it makes sense that she's a 'Bama fan. If someone from Ohio says they aren't an Ohio State fan, I'm a little surprised (but also really, really happy. Those people instantly become my friends). Others might root for a school because of their religion (some of you might even go to this school!) while some just go for a school because they're good or because they have really cool colors.

But fundamentally, why do we watch college football? Easy. It's America's best reality show. Controversy has followed the past two Heisman Trophy winners around. You're never sure when the next kicker is going to miss what should be an easy, chip-shot field goal that would have won the game. And, of course, who could have predicted that Mississippi State and Ole Miss would be joint-third in this week's AP Poll?

Then there are those games, those plays that live on in infamy. Boise State's "Hook and Lateral" and "Statue of Liberty" plays to beat Oklahoma in the 2007 Fiesta Bowl? Amazing. Chris Davis returning a missed field goal 109 yards to win the Iron Bowl last year? One of the most remarkable things I've ever seen. And of course, it's impossible to talk about great college football plays without mentioning "Hail Flutie" or, of course, shouting the line, "The band is on the field!"

Last weekend, of course, was a perfect example of why we love college football. Everett Golson's fourth-down touchdown pass to beat Stanford was hardly the most notable thing of the weekend. Arizona going into Eugene and taking down No. 2 Oregon? A bigger story. Ole Miss knocking off No. 3 Alabama at home? Bigger again. Mississippi State having its way with No. 6 Texas A&M? Still bigger. That doesn't even get into TCU's win over No. 4 Oklahoma or No. 8 UCLA falling to Utah.

It's why nothing beats college football Saturdays. The twists and turns are like no other. The passion is unmatched. And the best part?

It's unscripted. Sit back, relax and enjoy it.

(Insert your school's saying here.)

Contact Alex Carson at acarson1@nd.edu

The views expressed in this Sports Authority are those of the author and not necessarily those of The Observer.

SMC CROSS COUNTRY

Belles look to bounceback at Eagle Invitational

By **SEAN KILMER**
Sports Writer

After a weekend off, the Belles will be back in action Friday when they travel to the Benedictine Eagle Invitational in Lisle, Illinois.

Benedictine University will host the invitational, which gives Saint Mary's an opportunity to bounce back from a tough fifth-placed result at the MIAA Jamboree two weeks ago. In that race, the Belles finished just four points behind rival Alma. Belles coach Jacqueline Bauters said she is looking to build on a strong past few days of practice.

"Since [the jamboree] I think the team has been even more motivated to perform, as they were disappointed with their overall finish," Bauters said. "They have

put in some high-quality workouts and we are looking for dramatic improvements in times, due to training, change in course, etc."

At the jamboree, which counts for one-third of the final conference standings, freshman Natalie Hawkes and sophomore Brittany Beeler led the Belles, finishing 18th and 20th with times of 24:43 and 24:57, respectively. The other runners that made up the Belles' top five all finished amongst the top 30. Despite this effort, however, Alma edged the Belles by four points, even though its fifth runner did not finish among the top-40 racers. Bauters said she wants her team to be even stronger this weekend.

"I haven't seen the full list of teams competing yet, or seen

the course, we should have both [Thursday]," Bauters said. "However, I would like our ladies to be competitive and mentally tough on Friday."

With crunch time approaching, Bauters said her team is focusing on being in the best position to succeed Friday.

"As all students know, it is getting towards crunch time," Bauters said. "And there is also a lot of sickness going around, so we are trying to stay healthy and rested so we are as prepared as possible for a great race."

The starting gun at the Benedictine Eagle Invitational will fire Friday at 4:00 p.m. in Lisle, Illinois.

Contact Sean Kilmer at skilmer@nd.edu

NBA

Vogel signs multi-year extension with Pacers

Associated Press

INDIANAPOLIS — Larry Bird ended the speculation about Frank Vogel's job security before it could even begin. He's safe.

On Wednesday, the Pacers' president of basketball operations announced Vogel had signed a multiyear contract extension. Terms were not disclosed and players and coaches were unavailable because they had a scheduled day off. The 41-year-old Vogel is expected to take questions Thursday.

The move comes exactly three weeks before Indiana's regular-season opener against Philadelphia and eliminates a potential distraction since Vogel was entering the final year of his deal with the Pacers.

"We're very happy to extend Frank's contract," Bird said in a statement issued by the team. "I believe he has done a great job and I look forward to continuing our relationship and working together to achieve all of our goals."

A year ago, winning the city's first NBA title seemed like an achievable feat. Bird acknowledged before training camp that the Pacers were going "all in" to make a championship run. Vogel's players responded with a 33-8 start that gave Vogel his first chance to coach the Eastern Conference All-Stars.

Little has gone right since

then for the Pacers and Vogel, who has a 147-82 career record.

The Pacers stumbled in the second half of the season, finishing 23-18 amid squabbling teammates and questions about whether Indiana had the right mix of players -- or even the right coach. That didn't stop during first- and second-round playoff series against Atlanta and Washington. Indiana wound up advancing to the conference finals and losing again to the Miami Heat.

In early June, Bird defended his coach and denied there was any consideration of getting rid of Vogel.

"The day it (the report) happened, I went down to Frank and all of his assistants and said, 'I want you back next year,' and that was the end of it for us," Bird said at a season-ending news conference.

But things got worse during the offseason.

In July, Lance Stephenson left for Charlotte in free agency, and in early August, two-time All-Star Paul George broke his right leg when he ran into a basketball stanchion during a national team scrimmage in Las Vegas. Stephenson's decision and George's injury, which is likely season-ending, left Vogel without his two best scorers.

While many outsiders and some players have

acknowledged Indiana needs to scale back its goals this season, Vogel has insisted the Pacers can win.

"The message to my team is that we have to bring a high level of competitiveness every night. We have to bring it every night," Vogel said last week during the Pacers' media day. "We have enough talent here to be competitive and compete with the best."

Vogel got his big break in January 2011, succeeding the fired Jim O'Brien as the Pacers' interim coach. He turned around a team that looked like it would miss the playoffs for a fifth consecutive year, finishing 20-18 and leading it into the postseason for the first time since 2006. Vogel then got the coaching job full-time.

In 2012, Vogel led the Pacers to their first playoff series win since Reggie Miller retired seven years earlier, and then to back-to-back conference finals appearances.

So with the Pacers facing perhaps their most daunting challenge in years, Bird rewarded Vogel by eliminating by one more potential distraction -- his future.

"I'm excited for the opportunity to continue my tenure as Pacers' coach," Vogel said in the statement. "It's an honor to represent this franchise and lead this team. I look forward to the challenge ahead."

CLASSIFIEDS

The Observer accepts classifieds every business day from 8 a.m. to 3 p.m. at the Notre Dame office, 024 South Dining Hall. Deadline for next-day classifieds is 3 p.m. All classifieds must be prepaid. The charge is 5 cents per character per day, including all spaces. The Observer reserves the right to edit all classifieds for content without issuing refunds.

SMC GOLF

Belles chase top-four spot, chance at NCAA tourney

By **BENJAMIN HORVATH**
Sports Writer

The Belles look to secure a top-four slot in the final rounds of the MIAA End of Season Jamboree this weekend.

Friday's and Saturday's rounds will be played at the Medalist Golf Club in Marshall, Michigan and mark the conclusion of the three-weekend, six-round event.

If the Belles finish within the top four of this tournament, they will qualify for the MIAA's four-team event in the spring. The winner of that event earns a qualification into the NCAA Championship.

Saint Mary's currently ranks third out of nine teams, trailing second-place Olivet by just nine strokes and first-place Hope by 57 strokes.

Saint Mary's coach Kimberly Moore said earning a bid to the NCAA Championship this upcoming spring would be great for the program, but she remains focused on securing a top-four slot in the conference tournament first.

"Our ultimate goal is to win championships, but we have to take it one step at a time," Moore said. "Hopefully we can get into that one or two spot of this tournament, and this would be a great way to get us prepared for the NCAA season in the spring."

The Belles would earn the privilege to host the NCAA qualifying event this upcoming season if they finish in the top-two of the MIAA tournament.

Moore said she emphasized the importance of the short game to her players because this is the area that will reduce the most strokes from overall scores.

"We're always looking to improve upon our short game and make more putts," Moore said. "That's key for us, if we can get up-and-down on a more consistent basis, then we can definitely lower some scores so that's been our biggest focus."

Teams choose five players to participate in each round, and Moore said she picks her top five based on how players have performed during the week.

"It all comes down to

qualifying and who's playing the best at the time," Moore said. "That's how I determine who will participate in the weekend's event."

Despite a degree of uncertainty in the five-player rotation, Moore said she suspects a similar group of players to qualify for this weekend's event.

Belles sophomore Courtney Carlson and senior Janice Heffernan, who has won the MIAA conference player of the week twice this year, have led the team during the conference tournament, averaging 85.3 and 81 strokes, respectively.

"The last couple spots are usually up for grabs the majority of the time, but it seems like this weekend would be a consistent five that we've had play a lot this year," Moore said.

Saint Mary's will tee off on Friday afternoon at 1 p.m., and then Saturday morning at 10 a.m. The event will be hosted by Olivet at Medalist Golf Club in Marshall, Michigan.

Contact Benjamin Horvath at bhorvat1@nd.edu

MEN'S SWIMMING

Irish open season with Stark Relays

By **HENRY HILLIARD**
Sports Writer

Notre Dame will begin its 2014 campaign in traditional fashion, as it hosts the 50th annual Dennis Stark Relays at its home Rolfs Aquatic Center this weekend.

The Irish finished third behind first-place Michigan and second-place Auburn at the meet last year. This time around, the Irish look to begin the season with a win.

"The Dennis Stark Relays has been the opening meet for the Notre Dame men's swimming team since before any of the current team was born, so it is an honor to be a part of such a great Notre Dame tradition," senior Matt DeBlasio said. "The first meet is always a great opportunity to see where we stand as a team. We like to keep the energy levels high and are looking for some quality times from the team."

The Dennis Stark Relays will also mark the head-coaching debut of Irish coach Matt Tallman, who took over for longtime coach Tim Welsh after 13 years as an assistant in the program. In addition to replacing Welsh, this season's unit must fill the gap of losing All-American Frank Dyer to graduation last spring, who was the team's top finisher in both the ACC championships and the NCAA finals.

Though they retain senior All-Americans Zach Stephens and John Williamson, as well as nine other seniors including DeBlasio, this Irish team is marked by its youth.

"Our biggest challenge is definitely [going to be] in our sprint events, where the majority of our talent is in our younger classes," DeBlasio

said. "But our strength comes from a large 11-man senior class that brings a lot of leadership and experience to the pool deck."

With eight freshmen joining the Notre Dame squad, the underclassmen will be thrust into contributing roles from the first meet. CollegeSwimming.com ranked the Irish freshman class as the 18th-best recruiting class in the country last spring.

"This meet is always a great opportunity for our freshmen to get up and race fast to show where they stand on the team," DeBlasio said.

Inexperience, though, is not always a hindrance, as seen by the strong debut performance from now-sophomore diver Joe Cuomos. In his rookie season last year, Cuomos was the first Irish diver to qualify for the NCAA championships since 2008.

The relays bear the name of Notre Dame's first men's and women's swim coach, Dennis Stark, who coached from 1964 to 1985. The inaugural meet, originally known as the Notre Dame Relay, was renamed in Stark's honor in 2003.

After this weekend, the team will enjoy two weeks off before hosting Purdue on Nov. 1. The Irish dive team, however, will be back in action next weekend, as it heads south to face South Carolina and Georgia in Athens, Georgia, on Oct. 17 and then Auburn in Auburn, Alabama, on Oct. 18.

Notre Dame will start its season at the Dennis Stark Relays at Rolfs Aquatic Center on Friday at 5 p.m.

Contact Henry Hilliard at rhillia1@nd.edu

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FENCING

Notre Dame travels to Oregon to open season

By ZACH KLONSINSKI
Sports Writer

After a sixth-place finish in the NCAA championships this spring, Notre Dame looks forward to another shot at a national title this year.

Members of the team will travel to Portland, Oregon this weekend to participate in the first leg of the North American Cup. The Irish finished a distant sixth during last year's NCAA tournament but will again field one of the top teams in the country, Irish associate head coach Gia Kvaratskhelia said.

"Like always, we expect to be fighting for the national championships," Kvaratskhelia said. "Being part of Notre Dame fencing, that's our goal every year. But realistically, we'll probably, with spring factor included, be top-three projecting from the beginning of the year. But it's up to us how to use those resources and talents to hopefully go all the way."

The men's portion of the

team graduated eight fencers last year, including two-time NCAA individual champion and two-time United States Olympian foilist Gerek Meinhardt. However, Kvaratskhelia said the coaching staff is excited about the freshman class coming in this year.

"It's hard to replace someone like Gerek Meinhardt who's been probably — arguably — the best male fencer to ever attend this university," Kvaratskhelia said. "But down the line, we have strong juniors and sophomores but incredibly strong freshmen class came in who should be giving us the lift for that drive in March."

The women's team only lost two seniors to graduation in the spring — epeeist Melissa Medina and foilist Adriana Camacho. Camacho was a four time All-Midwest Fencing Conference team selection, named to the first team after a third-place finish in foil at the MFC championships in 2011 and to the second team after finishing fifth, eighth and sixth

respectively, in the event over the next three years.

With so many returning women's team members this year, Kvaratskhelia said the coaches can really focus on shoring up the weak spots in the team's lineup.

"Our probably weaker element was women's sabre, which we revamped," Kvaratskhelia said. "We have one of the best athletes for the sabre side in the nation came and became part of us, [freshman] Francesca Russo and we are going to utilize that resource. As long as our freshman class was big and strong, but we already had a pretty substantial women's [roster] remaining here. So hopefully, women will be our strongest suit going to the national championship, like they always are."

Kvaratskhelia also pointed out that this year may be one of the most-balanced teams Notre Dame has fielded in the past few years.

"Years back, we would have a superstar to load up in one weapon, but this year I am

really having a hard time to distinguish," Kvaratskhelia said. "We have [junior foilist] Lee Kiefer, who is the two-time defending national champion leading the charge with [senior foilist] Madison Zeiss, who was the [national] runner-up [in 2014], but I would be mistaken if I really distinguished any in terms of balance wise of the women's team."

"The men's team equally, we have [graduate student] Ariel DeSmet, who won [at] the national championships in 2011, but we have really tenacious and experienced freshman, so as long as the upperclassmen have to keep fighting for their qualifying spots. So I feel really confident about our team."

This weekend's tournament is individual-based, as no teams will travel there or compete together. Kvaratskhelia said for the most part, the team's traveling roster would be making the trip. The tournament features preliminary pool-play matches that serve as seeding for a single-elimination

tournament.

Kvaratskhelia said the tournament this weekend will be a great warm-up for the team as it starts the season.

"We are kind of kicking off the season and seeing where we are at in the preparation right now," Kvaratskhelia said. "Most of our kids are in the top-15, top-20 rankings [in their weapon], some even higher, who will be participating over there, and it will be their experience — in terms of their results, will be — will matter to try and improve their ranking in the national light."

"For us, it's really good to get extra bouting in as a kind of warm-up for the season, because the more you compete, the better you compare. So we are going to use that as a stepping stone."

The North American Cup will take place at the Portland Convention Center in Portland, Oregon, from Friday through Monday.

Contact Zach Klonsinski at zklonsin@nd.edu

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KEVIN SONG | The Observer

Irish senior Patrick Grahek hits a shot during the Notre Dame Kickoff Challenge on Aug. 31. Grahek shared medalist honors.

MEN'S GOLF

Irish aim to stay consistent

By **MIKE GINOCCHIO**
Sports Writer

After taking an extended period of time off, the Irish will look to get back on track as they prepare for this weekend's Rod Myers Invitational.

The Irish will travel to the Duke University Golf Club in Durham, North Carolina on Saturday to compete in their first event since Sept. 30, when they competed in the Fighting Irish Golf Classic at Warren Golf Course. The Irish finished seventh in their home event.

According to Irish head coach James Kubinski, the nearly two-week break was helpful for the team's psyche.

"Our first focus was to take a couple days and be college students," Kubinski said. "We had competed every weekend for a month, whether in tournaments or at home in qualifying, so we used this past weekend to get a fresh start, looking at these next two tournaments as the next portion of our schedule."

Irish senior Patrick Grahek hits a shot during the Notre Dame Kickoff Challenge on Aug. 31. Kevin Song

Irish senior Patrick Grahek hits a shot during the Notre Dame Kickoff Challenge on Aug. 31.

The Irish have played consistently throughout the season, and Kubinski said he believes his team is still capable of getting better.

"We've posted five scores [of our 11 team rounds] in the 280s so far, very much high level play," Kubinski said. "I believe we've averaged 284 in those five rounds, which is six shots per round better than defending

national champion Alabama right now. The issue has been the five rounds when we posted a score over 300. Our good is very good. Our goal now though is to see each of our guys find a way back to comfortable on those days when things, whatever they are, seem uncomfortable. Saving shots on those days when we're a little off is huge for us."

In addition to a steady level of play, Kubinski stressed the importance of receiving good play from everyone in the lineup, not just one player.

"I'm not looking at any one player [to step up] in particular," Kubinski said. "It's imperative for us to have four or all five players in the mix to help our team score."

Kubinski said he also looks forward to traveling to the Duke University Golf Club, as he has prior experience on the course. He served an assistant coach at Duke from 2003 to 2005, and prior to his tenure as assistant, Kubinski served as co-head golf professional at the Duke University Golf Club for three years.

"Having spent 5 years at Duke, the golf course is very familiar to me," Kubinski said. "The key will be to learn the greens, as they've installed Champion Bermuda [greens]. I'm guessing the greens will be quick, so keeping your approach shot in good position will be the difference between good birdie chances and chasing pars."

The Irish resume play Friday at the Duke University Golf Club in Durham, North Carolina. The tournament starts Friday and continues through Saturday.

Contact Mike Ginocchio at mginocch@nd.edu

W Soccer

CONTINUED FROM PAGE 16

ACC is a good opponent," Romagnolo said. "Pitt is a strong, physical team. They do a good job defending, and they're a difficult team to score on. They have a couple players who can score a lot of goals, so we'll need to watch that and stay strong on defense."

The quick turnaround between games should not affect the team's performance too much, Romagnolo said. Notre Dame boasts a 4-0-1 road record so far this season.

"With our ACC schedule, we get used to having to travel on Wednesday to play on Thursday after a Sunday game weekend," Romagnolo said. "At this point, we're not working on too much in training during the week, just trying to stay fresh. We've been getting creative in utilizing our time."

The Irish stayed close with the powerhouse Cavaliers on Sunday right up to the final 21 seconds, when Virginia scored the deciding goal that gave it the 2-1 lead. Romagnolo said the game against Pittsburgh provides an opportunity for the Irish to get back on track.

"We need to get back to playing our possession style and bringing that tenacity back on defense," Romagnolo said.

In order to avoid dramatic losses like those the team has suffered recently against Virginia and North Carolina, the team will emphasize several aspects of its attack in upcoming games, Romagnolo said.

"We're focusing on being a good possession team, going up the field and taking chances in the last third of the field," Romagnolo said.

The Irish have a host of players who are consistent threats to score. Sophomore midfielder Morgan Andrews has four goals, while senior forward Lauren Bohaboy and junior defender Katie Naughton each have three. After them, two players have two goals and four different players have one goal apiece.

Notre Dame and Pittsburgh square off Thursday at 7 p.m. at Ambrose Urbanic Field in Pittsburgh.

Contact Renee Griffin at rgriffi6@nd.edu

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Please recycle
The Observer.

MacAfee

CONTINUED FROM PAGE 16

the white freshmen jerseys — joined the fray on the fourth day.

“You stick out like a sore thumb,” MacAfee laughed.

MacAfee soon stuck out for another reason. The coaches lined up the linemen and tight ends for a drill called “The Nutcracker.” The simple setup had one offensive lineman trying to block a defensive lineman and allow a running back to gain ground.

Ok, MacAfee, you get in there.

MacAfee went up against behemoth Mike Fanning, an All-American in 1974 who went on to be a first-round draft pick in the NFL.

“I go, ‘You gotta be kidding me,’” MacAfee said when realizing who his opponent would be.

But Fanning stood up a little bit out of his stance, and MacAfee drove his face straight into Fanning’s chest and “buried” him. He landed on top of him for good measure, MacAfee said.

The next day, MacAfee moved up to third on the depth chart at tight end. By the sixth game of his freshman season, MacAfee grabbed hold of the starting job.

He never looked back.

After a 10-2 season in 1974 in which the Irish topped Alabama in the Orange Bowl, MacAfee earned three consecutive All-American citations over his next three seasons. As a senior, MacAfee finished third in the Heisman Trophy voting. In four seasons, the Brockton, Massachusetts native hauled in 128 receptions for 1,759 yards and 15 touchdowns.

During the 1977 season, Notre Dame scored at least 30 points in seven of its 12 games. The Irish piled up 49 points against USC, 69 against Georgia Tech and 48 against Miami in the regular-season finale, setting the stage for the Cotton Bowl tilt with Texas.

With unbeaten teams dropping around the nation, Notre Dame knew a blowout win could vault it to No. 1 in the polls and seal the 10th national championship in program history. MacAfee said the Irish were confident heading into the matchup with the Longhorns, especially with Irish quarterback Joe Montana playing so well.

“We just didn’t think we could lose,” MacAfee said. “A lot of the guys on the team were overconfident, I think, and some of the coaches reminded us that we still had to play the game.”

Notre Dame forced six Texas turnovers, and the Irish rolled to a 38-10 demolition.

“We just obliterated them,” MacAfee said.

After going 16 seasons

without a national championship before winning in 1966, MacAfee and the Irish had just added their third in 12 years. Tradition was building elsewhere, too, as MacAfee followed former Irish tight end Dave Casper — a 1973 All-American — in laying the foundation of the so-called “Tight End U.”

“It’s kind of cool as far as I’m concerned,” MacAfee said. “I enjoy being mentioned in the group with all the great tight ends. ... To be able to be one of the initiators of ‘Tight End U,’ so to speak, is flattering.”

The tradition of Tight End U, MacAfee said, is just another hallmark of a school filled with relics. MacAfee quickly developed an appreciation for his campus, making frequent visits to the Grotto. And after three years living in Grace Hall, MacAfee moved into a single in Sorin College for his senior year, saying he wanted “some real tradition back.” From MacAfee’s room, he could look out his window every morning and see the Basilica and the Golden Dome.

“It was always inspirational to me,” MacAfee said, before adding with a chuckle, “except for the fact that the bells rang every hour. Tough to get sleep.”

Following his days at Notre Dame, MacAfee didn’t find much time for sleep, either, playing in the NFL from July through January before studying dentistry at the University of Pennsylvania from January through June. MacAfee juggled both for three years before his NFL career ended.

“Thankfully the dean at Penn was very progressive because he allowed me to play football and go to school at the same time,” MacAfee said. “I thank him every day just because he allowed me to do both.”

MacAfee had been interested in oral and maxillofacial surgery since he was a 16-year old working a summer job with former Holy Cross (Mass.) football captain Bill Moncevicz, who, at the time, was in dental school. After eight years on the academia side of dentistry and oral surgery, MacAfee now has a private practice in Waltham, Massachusetts, and works 11-hour days.

MacAfee’s daughter, Keeley, has committed to play lacrosse at Harvard. His son, Dalton, was a one-time Notre Dame lacrosse commit who eventually pledged to play hockey at Boston University.

“So he came to me and goes, ‘Dad I think I’d rather play hockey at BU,’” MacAfee said. “‘That’s ok, you have to make your decision.’”

Just as MacAfee did — despite the “horrible” first impression — 40 years ago.

Contact Mike Monaco at jmonaco@nd.edu

W Bball

CONTINUED FROM PAGE 16

more athletic this year with the addition of our three freshmen, Brianna, Mychal and Kathryn,” sophomore guard Lindsay Allen said. “I feel like we’ll be more athletic. I feel like we’ll be able to press a little bit more than we did last year. And I feel like our length is really gonna show this year.”

Turner, who never actually attended a game at Purcell Pavilion during her recruiting process, said she is eager to lace up for the Irish.

“I remember I watched them last year and in their previous Final Fours before I was really recruited by them, but now actually being here, it’s kind of surreal,” Turner said. “It’s like, ‘Wow, I have an opportunity to go to a Final Four, to win a national championship,’ so it’s really exciting.”

With that youth, McGraw said, might come some early troubles for the Irish.

“We’re young. We’re just so young,” she said. “We’re inexperienced — that is something that you just can’t teach. So that’s where we’re going to struggle. ... Last year, we were just so smooth, and everyone knew what to do.”

Off the court, the Irish lost a key vocal leader

in Achonwa, but McGraw said Allen and junior guard Michaela Mabrey have taken on her previous role.

“This year, we’re expecting that Lindsay Allen is really going to step up her leadership,” McGraw said. “Last year, she didn’t have to tell anybody what to do because everybody knew, and now, she’s playing with a lot of younger players.”

In the last few seasons, Notre Dame’s strength has come in its guard play, producing All-Americans like Loyd and former standout Skylar Diggins. This year, however, McGraw said the team’s post players have become a strong point for the Irish.

“We have the best post, the most definite post that we’ve had in a long time,” McGraw said. “We can go big and play three, four and five really big, which is something that we’ve

already looked at in practice and having [Irish associate head coach Carol Owens] working down there with them — it just takes a load off my mind because I know that they’re getting exactly what they need from her.”

Sophomore forward Taya Reimer said the group has worked to replicate Achonwa’s steady presence down low.

“We knew that we were losing a lot in Natalie,” Reimer said. “We all knew that all of us, as a post group, we had to step up this year, so we just put in a lot of hours over the summer working with [Owens] and just getting stronger in the weight room.”

The Irish have a little less than a month before they tip off their season in an exhibition against Ferris State on Nov. 5 at Purcell Pavilion.

Contact Mary Green at mgreen8@nd.edu

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Fall 2014



“Thank God for the saints whose feast days come around and remind us that we too are called to be saints.”

- Dorothy Day

Saturdays with the Saints

Saints as Popes: The Canonization of Popes John XXIII and John Paul II

Cyril O'Regan, Huisking Professor of Theology, Notre Dame

October 11
10:30-11:30 am
Andrews Auditorium
Lower Level, Geddes Hall



CROSSWORD | WILL SHORTZ

- ACROSS**
1 White-robed figure of Greek mythology
5 Many an ad buy
11 Hindu scripture
15 1975 Tony winner for Best Play
16 Bring back on
17 Target of some sprays
18 Ones coming from the Arc de Triomphe?
19 Situated somewhere between two extremes
21 It orbited Earth 86,331 times
22 Brief promises?
23 Urge to attack
24 Forever
28 European blackbirds
30 Home of Literature Nobelist Sigrid Undset
31 Give approval
33 Station
- 34 73-Across units: Abbr.
36 "Family Guy" wife
38 Goofus
39 "Capeesh?"
44 Torque symbol
45 Echelon
46 Plastic surgeon's concern
47 Lead-in to boy
49 1894 opera set in Alexandria
52 Jackson 5 features, slangily
55 Gymnasium floor choice
57 Will-o'-the-wisp
60 Lottery picks
62 They may be drawn from a 63-Across
63 See 62-Across
64 Like some bags of food
67 Tea party attendee in "Alice in Wonderland"
68 "Ah, yes"
69 Ceremony for a newborn
- DOWN**
1 Unit of length that's roughly the diameter of a proton
2 Time's 1986 Woman of the Year
3 Jerks
4 Poet's ending?
5 Go together as a group
6 Music halls, e.g.
7 California county
8 Shot
9 "El tiempo es ____" (Spanish proverb)
10 Beauty marks?
11 Bass and soprano
12 Best pal in a 1950s sitcom
13 Many a modern purchase
14 Gulf of Finland vis-à-vis the Baltic Sea
20 QB Tebow
22 Pioneering 1950 Isaac Asimov book
25 ____ May Clampett of 1960s TV
26 Noah of "ER"
27 Heath
29 Lotion letters
32 Meet face-to-face?
35 "M*A*S*H" Emmy winner
37 Mans
70 Colorful dress
71 Hideout
72 Rays' home, informally
73 Figure in Newton's second law

ANSWER TO PREVIOUS PUZZLE

A	B	D	O	M	E	N					T	H	R	E	E	
S	U	R	V	I	V	E				D	E	B	E	E	R	S
A	S	S	E	S	A	S	S	E	S	S	E	A	S			
			R	O	C				I	C	H		A	L	T	A
J	I	L	T		U	P	D	I	K	E			S	O	Y	
U	R	I		B	E	E				O	R	T				
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S	E	S	T	E	T	S	E	T	S	T	E	S	T	S		
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R	E	D	D	E	R	D	E	E	R	E	R	E	R	E	D	
A	R	I	E	T	T	A				R	U	N	S	O	U	T
W	O	R	D	S						L	E	T	T	E	R	S

1	2	3	4		5	6	7	8	9	10		11	12	13	14
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55				56		57			58						59
	60				61		62				63				
64					65	66					67				
68					69						70				
71					72						73				

Puzzle by Joel Fagliano

- 39 Researcher's electronic tool
40 Surpasses
41 "M*A*S*H" drink
42 Bummer
43 Locale in "Slumdog Millionaire"
44 Top for one who says "Top o' the mornin'?"
48 Totally wrong
- 50 How Perry Mason often caught the guilty
51 Not providing any hints, say
53 River to the St. Lawrence
54 Has a hive mentality?
56 American ____
- 58 Water chestnut, e.g.
59 Expels forcibly
61 Identity theft targets: Abbr.
64 Sportscaster Scully
65 Parent's order
66 Stage item
67 "I wonder ..."

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HIGHLY PUNLIKELY | CHRISTOPHER BRUCKER



DOME NUTS | ALEXANDRIA WELLMAN



SUDOKU | THE MEPHAM GROUP

Level: **1** 2 3 4

	7			9		6		1
3	5	1			8	4		
							3	
	4			3				
				2		5		
			5				8	
	2							
		5	6			2	7	9
1		9		4			5	

SOLUTION TO TUESDAY'S PUZZLE

8/22/12

2	9	8	1	4	3	5	6	7
7	6	3	5	2	8	4	1	9
4	1	5	7	6	9	8	3	2
3	7	2	6	1	4	9	5	8
8	5	6	9	3	7	1	2	4
1	4	9	8	5	2	3	7	6
9	8	1	3	7	6	2	4	5
5	2	7	4	9	1	6	8	3
6	3	4	2	8	5	7	9	1

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

HOROSCOPE | EUGENIA LAST

Happy Birthday: Jump into action and don't stop until you reach your destination. This is a year of accomplishment, both personal and professional. Put your energy into your dreams and take advantage of any opportunity to call in favors or reconnect with people you feel can contribute or influence your future positively. Love is highlighted and a promise can be made. Your numbers are 5, 19, 26, 30, 35, 43, 47.

ARIES (March 21-April 19): Difficulties will sprout up if you let your emotions run wild. Unexpected circumstances will lead to meeting an eccentric individual with something interesting to offer. Don't judge too quickly; there is an extraordinary lesson and benefit from this encounter. 3 stars

TAURUS (April 20-May 20): Keep your private matters a secret. Sharing something with someone you work with will eventually hurt your chance to advance. Focus on listening and gathering information that will enable you to secure a good position. Don't spend, save. ★★★

GEMINI (May 21-June 20): Network with people in powerful positions and you will get the chance to show off what you have to offer. Romance is your ticket to a better personal relationship and standard of living. Keep an open mind and enjoy the youthful energy. ★★★★★

CANCER (June 21-July 22): Protect your home, your possessions and your physical and emotional well-being. Get together with friends who enjoy the same activities that you do. Stabilizing your future can be as easy as taking an unusual course. Let your creative imagination lead the way. ★★

LEO (July 23-Aug. 22): Travel and interacting with people who interest you will bring positive opportunities for future prospects. Don't let negative influences put a damper on your day. Keep your eyes, ears and heart open, and an unexpected situation will lead to a new beginning. ★★★★★

VIRGO (Aug. 23-Sept. 22): Make adjustments at home that will ease financial stress. Research coupled with shopping for a bargain will help you cut your costs and maintain a sustainable environment. Discuss your plans and you will get the support you need to move forward. ★★

LIBRA (Sept. 23-Oct. 22): Don't give in to demands. Protect what you have worked so hard to achieve. Express your intentions with color and passion. A change of location will lead to good fortune. Call in favors and follow through. ★★

SCORPIO (Oct. 23-Nov. 21): Make unusual alterations to your home or to the way or where you live. A creative idea you have should be developed. You are best to keep your overhead down and stick to basics until you are in a position to spend without concern. ★★

SAGITTARIUS (Nov. 22-Dec. 21): Put more effort into getting ahead personally and professionally. What you do for others now will pay off later. Changes to your love life or a partnership are apparent. An upbeat approach to whatever you do in unison will bring good results. ★★★★★

CAPRICORN (Dec. 22-Jan. 19): Maintain a low profile. Keep your ideas and plans a secret until you are fully prepared to present what you have to offer with confidence. Expect opposition and interference from friends, family or your peers. Proceed with caution. ★★

AQUARIUS (Jan. 20-Feb. 18): Focus on legal, financial and medical issues and you will make headway. Look for positive professional opportunities and you will find a new way to raise your standard of living. Romance will improve your personal life. ★★★★★

PISCES (Feb. 19-March 20): Accept the inevitable and keep moving forward. Revamp your plans and secure your assets. Don't let an incident lead to a no-win situation. Arguing will not resolve matters. Focus on your gains, not others. ★★

Birthday Baby: You are energetic, opportunistic and appealing. You are sincere and altruistic.

JUMBLE | DAVID HOYT AND JEFF KNUREK

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

SRUBT

○ ○ ○ ○ ○ ○ ○ ○

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RCTUK

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GOEVAY

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FANYIM

○ ○ ○ ○ ○ ○ ○ ○

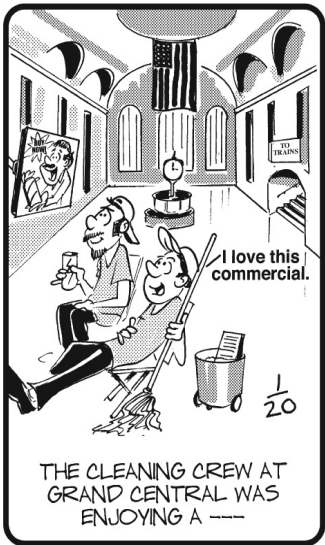
A: ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

(Answers tomorrow)

Yesterday's

Jumbles: JOINT TYING THORNY BICKER

Answer: His new position at the medieval-themed restaurant was this — HIS "KNIGHT" JOB



THE OBSERVER

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WAKING THE ECHOES | KEN MACAFEE

MacAfee becomes part of 'Tight End U'

By **MIKE MONACO**
Senior Sports Writer

Among the 205 schools that recruited him, amid the 28 visits he planned and the 12 visits he actually made, one weekend in particular stands out for Ken MacAfee.

It wasn't the somewhat exploitative joy ride he took to visit Colorado, which was really more of a means to visit his sister and spend a day on the ski slopes. No, the one that MacAfee recalls involved similar weather, but no skiing.

"I probably had the worst recruiting trip ever at Notre Dame," the former Irish tight end recalled recently by phone.

In mid-January in 1974, Notre Dame was set to welcome roughly 30 football recruits to campus. The first leg of the flight took the players to Chicago, but foggy conditions prevented the next leg of the flight to South Bend. So MacAfee and his fellow prospects hopped onto a bus to

make the trek to campus.

The bus arrived around 1:30 a.m. to a mix of snow and rain falling near Main Circle and the waiting Irish coaches, who quickly put the players up in the Morris Inn.

"Just miserable," MacAfee recalled.

Things didn't improve too quickly, either, as "terrible" weather didn't allow for much fun.

But on Friday night, MacAfee watched the Irish hockey team knock off No. 1 Michigan Tech, which would advance to the next three Frozen Fours, 7-1. Notre Dame would surge up the rankings.

On Saturday night, MacAfee witnessed arguably the most famous Irish men's basketball game ever — Notre Dame's 71-70 win over UCLA, an upset that snapped the Bruins' remarkable 88-game winning streak.

On Sunday night — still in town after weather prevented MacAfee from flying out on his scheduled flight — MacAfee went to the football

banquet honoring the 1973 national championship team.

At one point during the basketball game, MacAfee's host, former Irish tight end Mike Creaney, turned to MacAfee.

"Multiply this by 10 and you have a football game," Creaney said.

"Where do I sign up?" MacAfee asked.

"From a perspective of a high-school student, visualizing all this and certainly athletically as well as academically, there's no other school in the country that can compare to it," MacAfee said. "No other school could touch it."

MacAfee found himself comparing every school he visited to Notre Dame. A few months later, he was on campus preparing for the 1974 season.

After three days of freshmen-only, no-pad practices, the upperclassmen — wearing their blue-and-gold practice uniforms, in contrast to

see MACAFEE **PAGE 14**



Observer File Photo

Former Notre Dame tight end Ken MacAfee shakes hands with Irish coach Dan Devine during the 1977 national championship season.

ND WOMEN'S SOCCER

Notre Dame looks to continue road success

By **RENEE GRIFFIN**
Sports Writer

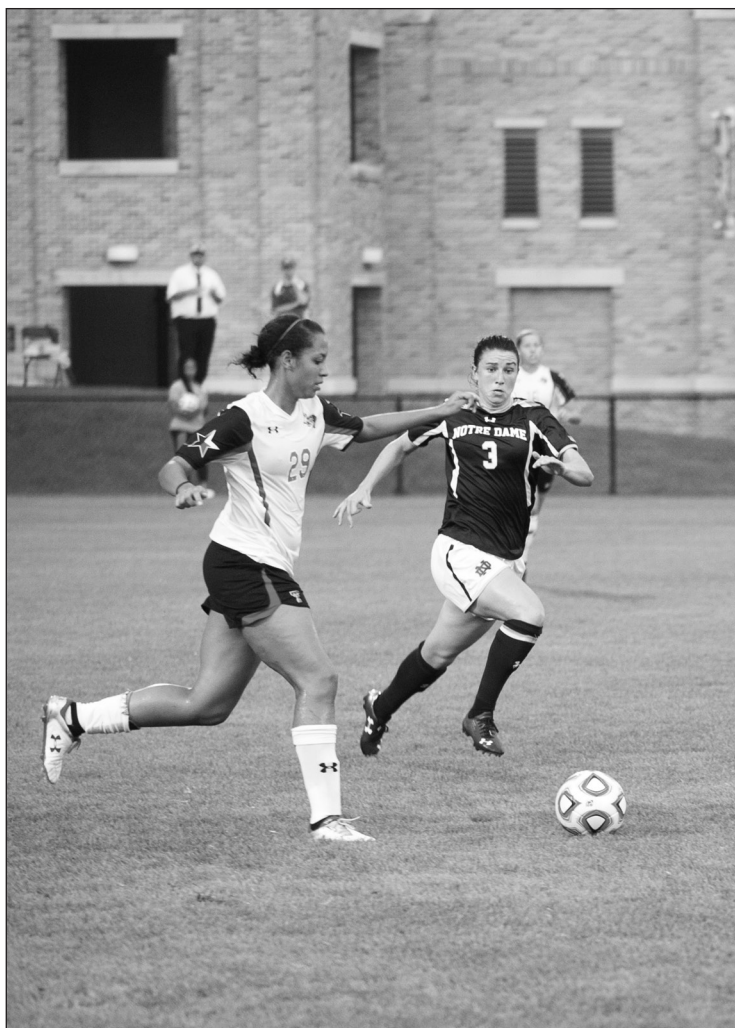
No. 14 Notre Dame will get a chance to bounce back from Sunday's last-minute loss to No. 4 Virginia when it travels to Pittsburgh to face the Panthers on Thursday.

Pittsburgh (6-6-0, 2-2-0 ACC) is unranked, unlike other teams the Irish (7-4-1, 2-2-0) have recently faced, including Virginia, No. 9 Virginia Tech and No. 7 North Carolina.

However, the Panthers enter the matchup after consecutive conference wins against Syracuse and North Carolina State. Pittsburgh faces a swing of games against three top-15 teams in coming weeks, as it will play the Tar Heels and No. 2 Florida State after facing the Irish.

Irish coach Theresa Romagnolo said the team can never overlook an ACC opponent, and Pittsburgh has many qualities that make it a formidable road foe.

"Every opponent in the



EMILY McCONVILLE | The Observer

Irish sophomore midfielder Morgan Andrews prepares to attempt a tackle during Notre Dame's 2-1 home loss to Texas Tech on Aug. 29.

see W SOCCER **PAGE 13**

ND WOMEN'S BASKETBALL

Irish set eyes on national title

By **MARY GREEN**
Sports Editor

The Irish have yet to officially lay out their goals for the upcoming season, but after four straight trips to the Final Four, head coach Muffet McGraw said she knows there is one that will definitely be on that list.

"We're competing for a national championship," McGraw said at the team's media day Wednesday. "That's our main goal."

Notre Dame has a new look for this season after losing three of its starters to graduation — All-American guard Kayla McBride, All-American forward Natalie Achonwa and forward Ariel Braker.

McGraw said she will look to junior guard Jewell Loyd — who led the Irish in scoring last year with 18.6 points per game — to step up as the go-to player on the court this year.

"It's hard to imagine [Loyd] getting better," McGraw said with a laugh. "She's been so good. ... She is so ready, just so ready to go. She has been

working extremely hard. She's in the gym all the time, and she just is anxious for the season to get going so that she can really see what she's going to do."

Loyd said she is ready to face the attention that will come her way on the court.

"I think it makes it fun for the game," Loyd said. "That's what you look for — you look for one-on-one competitions. You look at how you can beat the other team, and that's something that I look forward to and I'm excited for."

The Irish have also brought in three freshmen to help rebuild a program that has seen consistent success over the last several seasons.

Making up that group are guard Mychal Johnson and forwards Brianna Turner and Kathryn Westbeld. Turner won the 2014 Gatorade National High School Female Athlete of the Year award, and Westbeld joined her as a McDonald's High School All-American.

"I feel like we'll be a lot

see W BBALL **PAGE 14**