

Religious Bulletin.
December 8, 1923.

The Immaculate Conception.

Honor the Blessed Virgin on this feast as you are a Notre Dame man. If you did not make the Novena, make the Octave -- the eight days following the feast.

"Abolish Laziness"

Work and prayer were given yesterday as the positive safeguards of purity. Last year a student suggested that the only way to increase devotion to the Blessed Sacrament was to abolish laziness. The same holds true of purity.

"The Devil's Workshop"

is an idle brain." "The devil finds work for idle hands to do." Keep busy -- from early morning till you are tired at night. Note the early morning. God did not invent electric lights. We may use them for good, but there is more vice than virtue cultivated under their glare.

How to Keep Busy.

A revision of some schedule along the lines of reason would work wonders for present and future success. Look over the following suggestions for filling out your day.

1. Rise early and promptly.
2. Hear Mass and receive Holy Communion.
3. Do some daylight studying.
4. Get plenty of fresh air and at least an hour of hard exercise.
5. Do a little spiritual reading.
6. Give the girl a chance to wash the dishes. Don't call up after every meal.
7. Perform at least one act of charity.
8. Go out for debating, track, the Mission Crusade and everything in sight.
9. Work hard, play hard, pray hard, fight hard, and use the night for sound sleep.
10. Don't stunt your growth by taking your tea too strong

"Why Convert the Heathen?"

We have plenty at home. There are plenty of Catholics falling away from the Church. Why not spend our time and money on them?

Here's Why.

"They have Moses and the Prophets." They have the means of grace if they want to use them. Our Lord had failed to convert Judas when he sent His Apostles all over the earth. When the Jews refused to hear Jonas, God sent him to the Babylonians -- and he got results in Nineveh. St. Francis Xavier baptized a million Hindus while St. Ignatius was trying to get a foothold for the Jesuits in Europe. Notre Dame was started when France was in dire need of priests. A Catholic can fall away from the Church if he wants to and go to hell to; but there are 30,000,000 of people in Bengal who will die without Baptism unless we get busy. That's why.