

Religious Bulletin.
January 31, 1924.

The Day with the Sacred Heart.

Tomorrow is the First Friday of February, and First Fridays are dedicated to the work of reparation -- atonement to the Sacred Heart for the injuries and neglect of men. The invitation for you to spend the day with the Sacred Heart is an honour. You should regard it as a high privilege.

The Mass of Exposition.

The Bishop has granted this Mass because he has heard that Notre Dame men are leading the whole country in devotion to the Blessed Sacrament. If you can lie in bed while your companions are gazing upon the Sacred Heart exposed above the altar of sacrifice, and while they are crowding to the communion rail, then Notre Dame's message is lost upon you. You have missed the lesson of sacrifice, which is the whole of Christianity.

The Hour of Agony.

The hour of adoration, to which faithful Catholics are so attached, is an attempt to atone for the loneliness of that bleak hour before the Passion during which Our Lord was deserted even by the three favorite Apostles whom he had chosen to share with Him the high points of His life.

During that hour He saw sin as it is and you know what came of that sight: His Precious Blood oozed through His pores and trickled to the ground. And during consolation which followed, He saw the faithful souls who would atone for sin, kneeling before the Blessed Sacrament exposed on the altar on the First Friday of February, 1924. Did He see you there?

"I Have No Time."

Your mind will be clearer for an hour spent with Our Blessed Lord. This is no time to worry about examinations.

The Adoration Lists.

The lists are pasted for their suggestive value, and to insure continuous adoration of the Blessed Sacrament. When this devotion was started three years ago a dozen kneeling benches had to be moved into the Sanctuary and there were nearly always extra adorers in the stalls at the side. And there was difficulty getting cassocks for the big men. The lists were crowded with names. No one felt self-conscious about it then. The devil has invented the scoffer to counteract this devotion.

Moral Courage.

Moral courage is developed by acting, not by wishing. Do the things that are hard to do, simply because they are hard. Do something every day.

It takes moral courage to be decent in certain company, and a certain amount of moral courage to avoid such company. It takes a certain amount of moral courage to go to confession -- moral courage and faith.

Prayers. -- Dale Kuhns was called home yesterday by the death of his father and Lawrence O'Leary by the illness of his mother. Five other students ask prayers for persons who are sick.