

Sure Cures.

No one, as long as he enjoys free will, can have metaphysical certainty that he will not sin again, just as no one, without a special revelation from God can be certain of his eternal salvation. But while absolute certainty is unattainable, moral certainty is approachable, and the following remedies for sin are close to being sure cures:

1. Doubts against faith--Internal humility and external humiliations, together with absolute regularity in prayer.
2. Profanity and impure speech--Five cents a word, for the Missions
3. Missing Mass on Sunday--Daily Mass for a week.- Coming late to Mass - Going back to a second Mass.
4. Disobedience--Abstinence from smoking or desert for a week.
5. Anger--a humble apology and a kind deed.
6. Impurity--a half-hour of meditation on the Passion every day.
7. Stealing and cheating--Open restitution, with acknowledgment of guilt.
8. Lying and back-biting--A mouth-wash of vinegar.
9. Evil desires--Keep busy and say aspirations; cultivate zeal and charity.
10. Drunkenness--An hour of prayer with arms extended.

These are strenuous remedies, but when a man's a man he doesn't mind a little fight.

Old Stuff, But Good.

(From the New York Tribune, before the Army game.)

Intense Interest in Notre Dame.

For many years the Army and Notre Dame played their annual game at West Point with no admission charge. Rarely did they attract more than 5,000 persons. Tomorrow they will meet at the Polo Grounds, and the officials of the New York club find that their big stadium is too small to hold the crowd that wants to see the scrap. Again it is demonstrated that New York makes great things.

The Army always is picturesque--because it is the Army, West Point, color on and off the field, the nation's own. Notre Dame is always prismatic because it is fast, rhythmic, and without question the football standard-bearer of America's Catholic colleges. When the Army meets Notre Dame the football rainbow is reflected in a kaleidoscopic battle in which there is a happy mixture of the old and the newest--of battering tactics and the wide open attack.

Behind the success of Notre Dame, year in and year out, first under Jess Harper, and then under Knute Rockne, a Protestant, there has been a much-to-be-admired religious fervor. Centre College's Praying Colonels knelt on the field for divine aid. Notre Dame prays in church the morning of the game and marches into battle confident that it has not supplicated heaven in vain.

Before each big contest Notre Dame's eleven names a patron saint for that particular game. Last year St. Joan of Arc was the patron for the Army contest and Notre Dame won by 15 to 0. Tomorrow morning Notre Dame's players will go to Mass in this city and name a patron saint for the engagement with the Cadets at the Polo Grounds.

John F. O'Hara, C.S.C,  
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