

RELIGIOUS BULLETIN.
Jan. 19, 1925.

Contra Agere: Exercise the faculty of effort every day.

"The reformation of one's life must be the work of every day. I should think constantly how Jesus acted or would have done and contrast my conduct with His. A day at a time leads to perfection. I must always act as if this were my last day on earth." ---O'Rahilly's Life of Father Doyle.

The First Time I Served Mass at Notre Dame.

"I cannot describe the feeling within me when I passed through the gates into the Sanctuary. I seemed as though I was being ushered into the Bodily Presence of Our Lord. Not having served for four years I was not very good at the prayers, nor was the method of serving the same as I was accustomed to; nevertheless I felt closer to God for those few moments than I ever have before, although I have been a daily Communicant."

Are You A Christian?

"The mere fact that we call ourselves Christians is nothing but self-deception unless we are engaged in moulding our personal lives and leading others to mould their lives on Christ's teaching and example"---
Cardinal Gasquet, Religio Religiosi, page XI.

"One can represent Our Lord and bestow kindness and charity: 1. By a smile, by a bright and sympathetic countenance. This can be bestowed on everyone where no words need to be uttered. To do so when low and out of humor will be splendid exercise in the practice of killing my self-love. 2. By thinking what pleasant and encouraging thing I can say to so-and-so who has just come to interrupt me, and saying it. 3. By avoiding any sarcastic remark, any cold and chilling reception of another's remark, any morose sign of displeasure or ill-humor. "Now we'll begin again." Snead-Cox, Cardinal Vaughan, page 28.

The End of University Training.
(from a freshman paper.)

"Many do not realize that a properly formed character is the only safe foundation for a true intellectual development. It is but a matter of extending the capabilities of an individual when once his character is formed. The personality being formed, the educator needs but provide the sphere of influence.

"If then, we add high intellectual powers to moral goodness we are indeed forming the ideal product of the Catholic educational system. Education is unworthy of its name if intellectual training be not solidly based upon goodness."

John F. O'Hara, C.S.C.,
Prefect of Religion.