

Religious Bulletin  
February 3, 1926

Get Your Throat Blessed.

Today is the feast of St. Blaise, when good Catholics have their throats blessed for protection from disease during the coming year. Throats will be blessed in the hall chapels at hours designated by the rectors, and in the Sorin Hall chapel all day.

Sacraments and Sacramentals.

A Sacrament is an outward sign instituted by Christ to signify grace and to communicate the grace it signifies. A Sacramental is instituted by the Church through the power of binding and loosing, and derives its power from the efficacy of the prayers of the Church. The Sacramentals are good; the Sacraments are infinitely better.

To use the Sacramentals and disdain the Sacraments is almost a superstition. Many weak Catholics are guilty of this. They should remember that the state of grace is essential to the fruit of the Sacramentals, which do not give Sanctifying Grace when it is lost. (The Sacraments of Baptism and Penance do that.)

Prayers.

Judge Wooten asks prayers for his wife, who must leave tomorrow for an operation at the Mayo hospital. Three other sick persons are recommended to your prayers.

Should He be Answered?

"Poor fish", "bally ass," and other like epithets were heard about the bulletin boards yesterday when students read the unkind criticism of Notre Dame. A few students thought that a more thorough answer was demanded. Here are some of the answers:

I.

Our friend, for he is a friend, since he is a fellow student, has made the usual mistake of judging the school by the minority. He seems to know more about the 5-and-10-cent store than most of us who know it only as a place to buy records at the lowest price. I believe that the letter is the result of the dissatisfaction that follows the semester examinations. Even the good students have signs of this dissatisfaction.

II.

The letter is the work of some depraved individual. Notre Dame has thrived for ~~centuries~~ years with the same type of men, and will continue to do so unless her halls are invaded by a large number of the same type as the writer of the letter shows himself to be.

III.

Notre Dame shows the results of Sanctifying Grace. Her ideals and reputation, her graduates, her standards, prove satisfactory in their results. The author of the article covered the class that is bound to be present in any university. The majority of cheap wits, including myself, are here in varying degrees. Yet I can look up and perceive the obvious effects of Grace. They are wonderful.

Lent is Coming.

Two weeks from today----- and if you don't get a little practice before then you will be raw for a start. Ease into Lent this time.