

Religious Bulletin
January 11, 1927

Remedies Against Temptation -- From the Survey.

Supernatural

Natural

Mental

Moral

Physical

Prayer	228		
to the Blessed Virgin	50		
to other patrons	12		
Hail Mary	28		
Aspirations	40		
The Rosary	9		
Other prayers	17		
The Sacraments	13		
Holy Communion	164		
Daily Communion	115		
Confession	24		
The Mass	3		
The Grace of God	4		
Spiritual reading	4		
Spiritual advice	14		
Hope of reward	2		
Recourse to authority (Faith)	1		
Seek out a priest	1		
Meditation			
on hell	16		
on the ugliness of sin	12		
on the Passion	10		
on death	3		
on the Blessed Virgin	3		
on Judgment	3		
on God	3		
on the religious vows	2		
on Our Lord	2		
on eternity	1		
on ingratitude	1		
Fear of God	3		
Reading of the Passion	3		
Talks with God	1		
Firm purpose of amendment	1		
Search for humility	1		
Visits to the Grotto	1		
Morning Offertory	1		
Fiery sermons	1		
Appreciate the state of grace	1		
		A change of thought	42
		Thought of consequences	36
		of parents	9
		of mother	1
		of girl	6
		of free will	1
		of athletics	1
		of strong men	1
		of uselessness of sin	1
		Forget temptations	10
		Self respect	11
		Diversion	3
		Develop sense of duty	2
		Develop sense of honor	1
		Knowledge	1
		Discover occasions	1
		Build up confidence	1
		Have regard for health	1
		Talks with good people	1
		Use common sense	1
		Desire to be good	1
		Realize conditions	1
		Recall ideals	1
		Avoid occasions	38
		Use will power	28
		Use mortification	11
		Good company	7
		Good girl	1
		Associate with daily communicants	1
		Cultivate perseverance	5
		Self control	4
		Keep busy	18
		<u>Do something</u>	16
		Run away	9
		Exercise	5
		Athletics	3
		Work	2
		Walk	1
		Cold shower	1

 The matter presented here was compiled from the Religious Survey of last March. The questions asked was: "What means have you found best in overcoming temptations?" The number opposite each item represents the number of students who mention the item as having proved effective for them.
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Prayers.

John McSorley was called home from the hockey trip by the serious illness of his mother James Glynn, a graduate last June, also asks prayers for his mother who has been ailing for some time.