
Objections to Daily Communion.

"I am not fervent enough."

If by this you mean that your faith in the Sacrament is weak, or your purpose insincere, you have matter for concern, as the whole structure of your religion is shaky. If you mean that your emotions are not stirred as they are when you communicate but seldom, you have no need for alarm. The emotions are of a much lower order than the intellect and the will. If your intellect wants to know God better and your will to avoid sin and cultivate virtue more assiduously, you have the proper effects of the Sacrament. So fervor, as it aids devotion and stimulates the intellect and the will; if it is absent, you need more faith, and consequently, your Holy Communion is more meritorious.

"Daily Communion is not necessary."

That's a very rash statement, if it is personal. No one is more insecure than the man who feels absolutely secure. The aids to virtue that your father and mother enjoyed when they were growing up have been denied you in a large measure; temptations of which they did not even know the existence are in your daily atmosphere. If you disregard the grace of God when you have few temptations, you will know nothing of the efficacy of that grace when the need comes for it. Read the last line of the verse, "Just Facts," reprinted from the Bulletin of December 15.

"I am not worthy."

Did it ever occur to you that the afflictions most frequently mentioned in the cures performed by Our Lord are leprosy and possession by the devil? And was it not beautiful of Him to reach out His hand and touch the lepers when He cured them? No one is worthy. "Domine, non sum dignus," was the protest of the pagan centurion; the Church puts it on the lips of priest and people as the last protest before obedience to Christ's command that we should eat His Flesh and drink His Blood. Go to become more worthy day by day.

"I am too lazy."

Pride stands at one end of the list of Seven Capital Sins, and Sloth at the other end. If Columbus had been lazy you would still be living on mush and milk as a European peasant; if Father Sorin had been lazy your magnificent campus would most likely be a brick yard now. When you get around with real people you want to forget that stuff.

"God does not expect so much of me."

He invites you. He wants you. He waits for you. Can you be cold towards Him when His love for you is so burning? He does not need you -- true enough; but if He did not love you, you would not exist.

"I can't keep in the state of grace."

If you can't with the Sacraments, how can you without them? And if you can't with them, you need a doctor. Lay your troubles before a priest and get his help.

"It is too inconvenient."

Did the inconvenience of the Passion deter Our Blessed Lord from undertaking it? It should be counted a joy that we are able to suffer something with Christ; and we suffer so little that we can scarce lay claim to suffering with Him.