

Forty Hours Devotion.

At the close of the High Mass tomorrow the Blessed Sacrament will be carried in procession about the church, and then returned to the altar where it will remain exposed for adoration during Sunday, Monday and Tuesday.

Adoration Lists.

Student Adoration of the Blessed Sacrament will be distributed among the halls as follows:

Sunday	Monday	Tuesday
Sorin	Corby	Off-campus
Walsh	Morrissey	Badin
Howard	Saphomore	Lyons
Freshman	Brownson	Carroll

Lists will be posted in each hall to insure continuous adoration. If any student is unable to make his adoration on the day assigned to his hall, he may suit his convenience in making it at another time.

Flowers For the Altar.

Immemorial custom has decreed that the flowers for the Forty Hours be furnished by the students. The collection taken up in the Masses tomorrow will defray this expense.

Suggestions for Lent.

The elimination of present and future sin, and penance for sins of the past is the purpose of Lent. How foolish it is, then, to hold on to some pet sins while for a stunt you cut out peanuts and popcorn for forty days.

Let love of God and hatred of sin dictate what you shall make your Lenten practice. The pamphlet Perseverance is full of suggestions of things profitable and possible. Daily Mass and daily Communion should, of course, head the list. A daily visit will renew the fruits of Holy Communion and keep away the temptations of afternoon and evening. Spiritual reading is essential to growth in holiness.

Each class might well adopt a penance characteristic of its needs. In the absence of class meetings to settle this matter, the following suggestions are offered:

- For seniors.....Clean speech
- For juniors.....No dates
- For sophomores.....Study
- For freshmen.....Silence -- golden silence.

As charity, or love of God, should animate all your mortifications, so should charity towards your neighbor be characteristic of your penance. If what you save on smokes you spend on chewing or shows, what you save on shows you spend on jazzy neckties; what you save on dances you spend on taxis, you are not much better off than you were before. If, on the other hand, your savings go to the lepers of Magokai, or the building of a shelter for a Notre Dame missionary in Bengal, or the adorning of your hall chapel, Easter Sunday will find you much more the stature of a full-grown Christian than you are now.

Prayers.

Frank Deitle, of last year's class, is very low; Van Wallace has had a bad turn.