

Religious Bulletin

January 29, 1929

Choose Your Lenten Penance Now.

The Religious Survey questionnaires returned last March by 754 students showed the following preferences in the way of Lenten mortifications:

|                             |     |
|-----------------------------|-----|
| No tobacco.....             | 173 |
| No sweets.....              | 152 |
| No/ shows.....              | 126 |
| No dancing.....             | 51  |
| No town.....                | 26  |
| No meat.....                | 22  |
| No pool.....                | 19  |
| No profanity.....           | 12  |
| No eating between meals.... | 12  |
| No liquor.....              | 11  |
| No dates.....               | 10  |
| Fasting.....                | 13  |
| Doing my duty.....          | 11  |
| Working hard.....           | 8   |
| Early rising.....           | 37  |
| Six o'clock Mass.....       | 21  |
| Daily Mass.....             | 71  |
| Daily Communion.....        | 89  |
| More frequent Communion.... | 13  |
| More prayer.....            | 24  |
| Way of the Cross daily..... | 20  |
| Saying the rosary.....      | 22  |
| Visiting the Grotto.....    | 19  |
| Being a better boy.....     | 8   |
| Miscellaneous.....          | 61  |

If there are more than twelve here who swear, we would like to see more than twelve swear off on profanity; we would be glad to see 2600 instead of 8 say, "working hard." Spiritual reading should also have a large following -- goodness knows you need it!

If you can't find what you want in the above list, look over the miscellaneous titles that were not analyzed above: No street cars, no milk, no coffee, no breakfast, cold shower, resignation, extra devotions, no cards, daily football practice, no late pers, spending less money, no bowling, avoiding occasions of sin, hearing Mass more frequently, meditation, doing good, self-control, daily visits to the Blessed Sacrament, being cheerful, no carousing, working out in the gym, moderation, not more than one date a week, no crabbing in letters home, correcting the habit of biting nails.

The Sorin Chapel These Days.

Tomorrow and the next day there will be a tendency to sleep late. Go to it -- but don't forget to thank God in Holy Communion. The Sorin Chapel will be attended for your accomodation all day. It has been visited the past nine days by students who never saw it before -- and they have all come away satisfied.

Prayers.

Fred Connell is leaving for home for a possible operation for appendicitis; another student fears the same thing will be necessary in his case. Harold Langdon and Lawrence Sexton ask prayers for deceased relatives. A girl who is paralyzed and two other sick persons are recommended to your prayers. Four thanksgivings and three special intentions. Edmund Hogan has gone home, but still needs prayers. A brother of Matt Cullinan is ill with pneumonia.