

Sorin Chapel Sundays.

If you come late for the 7:00 or 8:00 o'clock Masses tomorrow and wish to receive Holy Communion, go to the Sorin chapel, where confessions are heard and Holy Communion distributed from 7:15 till 8:10 or thereabouts.

Locking The Garage After the Flivver Is Stolen.

From time to time during the year you have been told not to nurse along a worry -- that if you have a worry that does not solve itself within twenty-four hours you should speak to a priest about it. Every time this advice is given on the Bulletin callers come for advice on problems, most of which have been bothering them for much longer than twenty-four hours. Often these are scholastic difficulties; often as not they are spiritual or moral problems or financial worries.

After each set of examinations a line forms at the door made up of students who have been dropped for class failures. The plea is made in nearly every case for something that proves impossible -- reinstatement. In nine out of ten cases the student comes to this office for the first time. If he had come at the beginning of the quarter instead of the end, he would have saved himself and his family much grief. Most of these boys could have been saved had they come for study suggestions when they first discovered they were slipping. The delay is usually fatal to academic aspirations.

Sophomoritis cases are often bungled by self-doctoring, and many of these come to attention only when they have resulted in a major offense against discipline that is ending the student's sojourn at Notre Dame. What is sophomoritis? Doctors do not seem to write it up very extensively, possibly because they have not considered it their problem, but educators are familiar with some of its manifestations. Observation of hundreds of cases over a period of years has brought the following conclusions:

1. It is a period of mental depression which varies in duration from two weeks to nine months, three months being the most usual length;
2. Its usual time of manifestation (in college) is at the age of twenty;
3. It usually comes under outside observation when it causes a slump in studies or a rebellion against religion or discipline;
4. A characteristic symptom nearly always present is the "tearing" impulse -- i.e., an inclination to tear up a book as a protest against routine or to get drunk in order to forget intangible worries;
5. It may be lived through quietly under strong will power, it may hang on for a year or a life-time as a result of bad habits it has engendered, or, finally, it may, under proper direction, be cheerfully met and conquered.

Common sense would suggest, of course, that those who have difficulties submit them immediately for the relief they know will be theirs. Unfortunately, however, common sense may direct but not compel action, and the fear of being laughed at, or scolded, or pitied, or misunderstood, keeps the dictates of common sense from being carried out as they should be. Furthermore, it takes a certain amount of fine courage to talk about the secrets of one's heart, even to a priest who will respect your confidence (and be thrilled at your courage), and not every one reaches that height.

Prayers.

Paul Gorman and John Cianci ask prayers for deceased relatives. Five special intentions. Father Hudson, C.S.C., editor of the Ave Maria, is expected to undergo a serious operation today. "Dolly" Anderson, old student, died recently.