

"A Eucharistic Day."

There have been requests for copies of this prayer book, which is kept on the priedious during Adoration. The cost of the book in leatherette binding (the one in use here) is \$3.50; the same book in leather costs \$6.00. There is a substantial reduction from these figures if several copies are ordered. If additional students want copies they should leave their orders with the Prefect of Religion today, as they must be ordered not later than tomorrow to ensure delivery before you leave for home.

Vacation Perils.

It is not uncommon at this time of year for students who have enjoyed a year of spiritual fervor and moral uprightness to fear that they will go into a slump when they go home. This is a bad state of mind, and it should be worked out with the help of a spiritual director -- any priest. It does not take into account that if the spiritual development has been real, there is built upon the individual a store of grace and a new strength of character, a combination that will react in a different way to temptations that once seemed over-powering.

The sane and sensible thing for a person to do if he is disturbed by such fears, is to make up his mind now to block what he knows certainly to be avenues of sin, and to count on the grace of God and a good spiritual constitution to carry him through what he is not in position to avoid. You need not fear being goofed for having acquired new moral and spiritual standards -- you will lose no friends who are worth while, and you may gain some friends who are worth while.

Daily Communion at home is not always out of the question, although it is usually more difficult than at school. Weekly Communion is at least possible for most students when they return to their home parishes. The daily rosary is never impossible, and a daily visit to the Blessed Sacrament and the Blessed Virgin can always be made, even when one cannot visit the church. We recommend for these visits a little book by St. Alphonsus, "Visits to the Blessed Sacrament and the Blessed Virgin for each day of the Month." Copies of this booklet are at the pamphlet rack.

Fear that you will slip often causes you to slip. Auto-suggestion is potent. Turn it to good, not evil ends. If you make up your mind that you are not going to fall, the chances are that your summer will be a holy and happy one. Wishing is one thing, willing is quite another. Many a student finds out at Notre Dame for the first time that he really has a will -- and what a will needs most is exercise.

Perpetual Adoration And Daily Communion.

You were told when Perpetual Adoration was first proposed that it would be a source of great blessings. Perhaps we can find concrete evidence of this in the Communion Calendar for May. During Lent this year the daily average was 17 below last year's figure; during May it is 127 above last year's average. The calendar for the first 19 days of May is as follows:

			1682	1530	1716	1604
1722	1508	1500	1492	1690	1300	1222
1587	1264	1165	1266	1246	2278	1345
1583						

If the grace of God is bestowed at adoration on those who are already frequent communicants to make them more faithful to the practice, who cannot we ask God to grant an abundance of His grace to enable those who have not yet made their Easter Duty to overcome the fears that keep them from confession. It isn't natural for a Notre Dame man to be yellow.

Prayers.

Five special intentions; two deceased relatives; three who are ill. John Colerick, captain of the baseball team, lost his father yesterday.