

Religious Bulletin

January 16, 1931

"Better a Live Sissy Than A Dead He-man."

Last Monday there were fourteen students in the infirmary. That number exceeds by eight the previous maximum for this scholastic year. There was nothing serious in the ailments that took them there - a prevalence of cold, with here and there a touch of grippe. Since Monday there has been quite a turnover of twenty-four-hour cases, but on no day has Monday's maximum been exceeded.

This situation demands two sorts of action - prayer and precaution. Your prayer should take the two-fold form of thanksgiving and supplication. You should thank God for the wonderful protection He has given us this year, which is quite evident: there has not been a single serious case of illness this year among 3200 students, and there has been a negligible number of these slight indispositions. And you should pray for a continuance of this protection. Since Frank Gallagher died here, in November, 1927, we have not had a single student death from sickness. We appreciate this signal favor and want it continued.

The Fifth Commandment gives us an obligation to take care of our health. The precautions necessary at this time are: 1. Get your exercise and fresh air; 2. Keep your feet dry; 3. Make sure that your system is in good working order. Check colds at the beginning. Wear rubbers and hats when the weather demands them. As the Bulletin warned you last year, "Better a live sissy than a dead he-man." Even an umbrella is better than a shroud.

Your choice of face lotions, finger-nail polish, hair oil and frappes, the Bulletin leaves to your own discretion. An exchange reminds us that there's no telling how long Methusalen would have lived if he had his appendix, teeth and tonsils out, used the right brand of toothpaste and smoked coughless cigarettes. The Bulletin deals only with the broad essentials.

Wastage.

A check-up at the cafeteria reveals that in the various rush hours in the morning, ordinarily three times as many boys get late breakfasts as there are coming late for Holy Communion. This means that instead of 250 Holy Communions after 7:00 in the Scrin Hall chapel there might well be 750, since there are 500 students who have not broken their fast. Two other obstacles to Holy Communion seem to interfere with the 500, however: it's a choice between mortal sin and indifference with them.

Panic.

Panic about examinations brings a nervous breakdown every once in a while. The time to cure such panic is before it happens. Students who find themselves over-worried about this matter should see a priest about it. Every priest is a specialist in mental troubles; the Prefect of Religion has had plenty of practice with such cases. If your friend is in need of such attention, see that he gets it. Few of those who need it most will apply for it until it reaches the critical stage.

Bengal.

Add two offerings of one dollar each for yesterday, and one of ten dollars - a donation by a student who asks prayers for three special intentions. (He should have the prayers, not only of the Bengalese, but of those who can't afford to give money.)

Prayers.

A sister of Henry Meide is quite ill. An uncle of Ed Hellauer died Sunday. Seven special intentions.