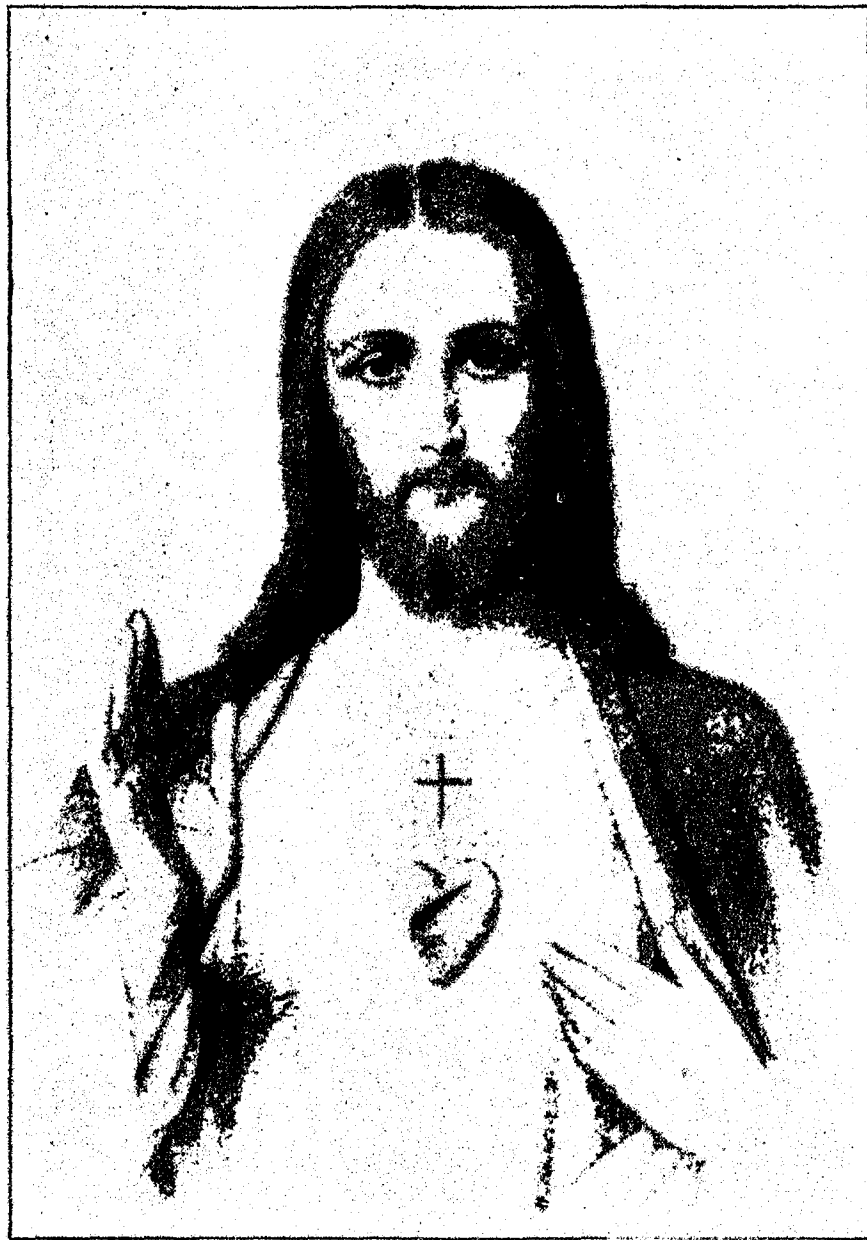


University of Notre Dame
Religious Bulletin
October 1, 1931

FIRST FRIDAY



Promises Made By Our Lord Jesus Christ

To St. Margaret Mary, in favor of those who practice and promote devotion to His Sacred Heart:

1. I will give them all the graces necessary for their state in life.
2. I will give peace in their families.
3. I will console them in all their troubles.
4. They shall find in My Heart an assured refuge during life, especially at the hour of death.
5. I will pour abundant blessings on all their undertakings.
6. Sinners shall find in My Heart the source and infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall speedily rise to great perfection.
9. I will bless the homes in which the image of My Sacred Heart shall be exposed and honored.
10. I will give to priests the power to touch the most hardened hearts.
11. Those who propagate this devotion shall have their names written on My Heart, never to be effaced.
12. I promise thee, in the excess of the mercy of My Heart, that its all-powerful love will grant to all who receive Holy Communion on the First Friday of every month, for nine consecutive months, the grace of final repentance, and that they shall not die under My displeasure, nor without receiving their Sacraments, and My Heart shall be their secure refuge at that last hour.

First Friday Program

6:30—Mass of Exposition in the church, for those making the Mission; in the hall chapels for others (except Dillon Hall students, whose Mass is in the Sorin chapel at 7:00).

7:15 a. m.—7:30 p. m.—Adoration by students.

7:30—Mission sermon and Benediction.