

University of Notre Dame
Religious Bulletin
February 13, 1934.

Adoration
Starts at
10:00 Wednesday

The Program.

This evening: 7:00 - Sermon (by Father Miltner) and Benediction for upperclassmen.
7:30 - Sermon (by Father Irving) and closing procession of Forty Hours - freshmen.
Tomorrow morning: 7:15 - Blessing of Ashes, followed by Mass. Breakfast - 8:00.

Heads Up.

You can't have a personal guide tomorrow morning, so get this straight tonight. The imposition of ashes takes place before Mass. During and after Mass Holy Communion is distributed. Don't come to the altar rail while the priest is distributing Holy Communion and ask for ashes.

And get to confession tonight. There will be priests on duty for confessions during the Mass tomorrow but the crowd will be large and it will be impossible to hear everyone in the morning.

Lenten Regulations At Notre Dame.

By virtue of a dispensation granted by the Most Reverend Bishop of Fort Wayne, the members of the faculty and community, the students, and the working people attached to the University, are dispensed from the fast and abstinence "provided they do the work they are supposed to do." Exception is made of Ash Wednesday, the morning of Holy Saturday, and the Vigil of Christmas.

No Catholic is excused, however, from the law of penance. Early rising to hear Mass and receive Holy Communion is a most acceptable form of prayer and penance. Adoration and the Way of the Cross will be added by Catholics who know what it is all about.

Have Some Drive.

The heavy philosophers on the campus will tell you, with all the trimmings, just how and why the will in its actions must follow the intellect. Hence if you expect to get anywhere with your Lenten resolutions you must make up your mind regarding them decisively and firmly. You can't be half deciding on what you're going to do when you start. You must have one, two, three, well-defined resolutions clearly in mind.

Then you ought to work up some energy, some punch, behind your good resolutions. You can't merely say to yourself, "I should like to do this", "I hope to do without that", "I'll do my best." See clearly the importance of what you're going to do. Then, with full confidence in success, convince yourself that "With God's help I will do this or that at all costs."

Frequently during Lent, preferably every morning at Mass and Holy Communion, renew your good resolutions and ask God's assistance. Suppose a captain, leaving Liverpool for New York, set the rudder of his ship once and paid no attention to it afterwards. If he missed all sandbars and ships on the route he might wind up in front of an iceberg. But he wouldn't get to New York.

The same with you. Once you set your will, see that it keeps set by frequently renewing your good resolutions. Simply because loose-living Albert doesn't get up for Mass and Communion every morning, doesn't make Lenten Adoration, doesn't give up this or that luxury you have decided to do without, you may be tempted to do as loose-living Albert does. Don't be a drifter. When you put your hand to the wheel keep it there till the end.