

University of Notre Dame
Religious Bulletin
April 17, 1934

Father's Day Tomorrow.

Hear Mass and offer Holy Communion for your father. Send him a spiritual bouquet. Start your Novena of Communions tomorrow if you have failed to do it thus far. The fathers of Notre Dame men have a right to expect something of their sons, who have the benefit of Catholic teaching on filial piety.

Questions From the Questionnaire.

21. Is it a sin to tell the chiseler that you have no cigarettes when you have some?
Ans. Not if he knows you have them. That's just letting him down easy.

22. What is the best way to spend the summer vacation without losing the faith?

Ans. Organize your vacation time:

1. Make up your mind to be good;
2. Map out a program of prayer and the Sacraments - one you can follow and will;
3. Plan a sinless vacation;
4. Arouse in yourself the respect for your parents that will keep you out of temptation to disgrace them;
5. Make a choice now of the companions you want to have this summer;
6. Never forget that you are a Notre Dame man; and wear a medal of the Blessed Virgin as a reminder of this.

23. What is the best way to acquire the habit of being pleasant to all around you?

Ans. Draw up an honest list of your faults. After giving these full reflection you will be surprised that anyone can tolerate your presence. You will then have to be pleasant in order to have any companionship.

24. Why don't the students like the food here?

Ans. Because they are students. (Not all are that way, however; some of them have already acquired some sense.)

25. How can I avoid being a hypocrite?

Ans. That's not hard to do at Notre Dame, where people are accustomed to get down to facts. It is the hardest thing in the world to run a bluff with the skeptics here. If you are succeeding in hypocrisy - or think you are - change your companionship. You can find a group of very plainspoken critics who will puncture your balloon.

26. What is the best way to develop the will?

Ans. Follow these suggestions:

1. Regard it as primarily a supernatural work, and obtain the grace of God for it by prayer and the Sacraments;
2. Do your appointed tasks regularly, without permitting deviation until you are sure a good habit is formed;
3. Take mortifications with a smile. The sacrifices others impose upon us are much harder to take - and much more beneficial - than the ones we choose voluntarily;
4. Do little things with exactness - and now and then "do hard things because they are hard";
5. Develop your sense of humor. It will enable you to continue tasks that seem impossible if you take yourself too seriously.

27. When are Notre Dame men not Notre Dame men?

Ans. When they forget that they are Notre Dame men, and follow the spirit of the world.

PRAYERS: Deceased - the grandfather of James and Tom O'Hara, '33. Ill - Ed Sullivan's grandmother. Two special intentions.