

First Friday! Con-
fessions in all hall
chapels tomorrow night.

University of Notre Dame
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First Friday Adoration,
7 to 7. Sign up on the
card posted in your hall.

Get Ready For Lent.

The fellow who has never sinned in his life, who has no trouble controlling himself, who takes seriously neither the word nor the example of Christ--such a one needn't worry about Lent.

The rest of us had better get down to business now, so as to make Lent a spiritual and moral success. From experience we know that we can't just slide into Lent with a swarm of half-formed resolutions and expect to get anywhere. We have to think, to plan, to pray.

Not everyone takes this view. Many people, with pagan hearts and Catholic consciences, feel that they are entitled to go crazy just before Lent. They prepare for the holiest of seasons by carnivals of excess and sin.

The Forty Hours' Adoration--starting next Sunday morning and ending Tuesday night, eve of Ash Wednesday--is the devout Catholic's answer to the spirit of carnival.

This Forty-Hour period is a grand act of reparation to Our Lord for the insults He must suffer. Keep that motive in mind in your time before the Blessed Sacrament.

It is, too, a time of planning with Our Lord for Lent. Here are some suggestions that you may think over:

1. Plan to go daily during Lent to Mass and Holy Communion. Lent is the time to make up for past sins, to get grace for future fights. If you wanted to amass money that would pay up debts and make you financially strong, and if you were permitted to go inside the mint itself and stuff your pockets, you wouldn't pass up the opportunity and go searching for stray coins in the streets. Then don't pass up Mass and Communion, the source of grace.

2. Decide on frequent adoration of the Blessed Sacrament. Here at Notre Dame you have an exceptional opportunity. Exposed daily on the altar is Christ Himself, to hear your prayers and give you what you ask. You seniors, this Lent may be your last chance!

3. Try to make daily the Way of the Cross. These ten minutes of reflection on the sufferings and death of Christ will make your own little mortifications seem easy.

All this is the positive side of your Lent. There is a negative side, too. Many people in the world try to keep the Lenten fast and abstinence. Here at Notre Dame we are dispensed from it. But we have a serious obligation of taking on other penances.

According to the latest students' Survey, the most popular form of mortification during Lent is to give up dancing, dates, and shows. The next most popular is to give up drinking; next, to give up smoking, and finally to give up going to town. Make the combination that you think will be the best penance and do you the most good. And stick to your program until Easter!

Sign up for your period of adoration during Forty Hours on one of the special cards posted in your hall for the purpose. Sunday has been allotted to Brownson, St. Edward's, Howard, Morrissey, Alumni; Monday to Carroll, Sorin, Badin, Lyons; Tuesday to Freshman, Corby, Walsh, Dillon. There will also be posted in your hall a card for First-Friday adoration. Don't confuse the two.

PRAYERS: Deceased, sister-in-law of Brother Austin, C.S.C.; mother of Charles W. Donahue '25; grandmother of Glen Porter. Ill, mother and brother of T. McAvoy; aunt of Arch Gott; Sister of Fathers F. and J. Cavanaugh; Joe Sullivan; Ed Kirby; Father Fogarty. Five special intentions.