

University of Notre Dame
Religious Bulletin
May 4, 1935.

Your Record.

The daily average of Holy Communions received during the 42 days of Lent was 1571. The two big days of the period were the general Communion for Joe Sullivan, when 1983 received, and the day when 2007 made their Easter duty together.

The daily average for the entire scholastic year--until May 1--is 1371.

The record for the month of May--usually the best single month of the year--including the Mother's Day Novena, which started this morning, and the Novena for Exams later in the month, should increase still further the daily average for the year.

A Practice to Start in May.

St. Thomas Aquinas tells us that the spiritual communion consists in an ardent desire to receive Jesus in the Most Holy Sacrament and in lovingly embracing Him as if we had actually received Him.

The same great saint says that a spiritual communion tends to produce in the soul the same effect as that of sacramental communion. How consoling this doctrine to the soul that longs to grow in the love of God!

To make a spiritual communion with the proper dispositions is like pressing the electric button which permits the current to enter the lamp. To make a spiritual communion is to put the soul in contact with the divine Power-House, the Sacred Heart.

It is to admit into the soul the current of divine grace which will flood the intellect with the light of divine truth and warm the heart with the fire of divine love.

By a rescript of November 24, 1922, the Sacred Congregation of Indulgences approved the following formula for a spiritual communion:

"O Jesus, I turn toward the holy tabernacle where You live hidden for love of me. I love You, O my God, I cannot receive You in Holy Communion. Come nevertheless and visit me with Your grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto Your own. Amen."

An indulgence of 300 days may be gained each time this prayer is recited and a plenary indulgence, under the ordinary conditions, once a month.

This practice of spiritual communion is excellent, especially for the summer time when it will not be easy to go to sacramental Communion every day. All day long, every hour, every half-hour, every minute, you can turn on the current of divine grace by fervently pleading with Jesus to come to you in holy Communion. Start the practice today!

(After an anonymous leaflet published at Notre Dame.)

Calling All Halls!

Many students had not returned to the campus when the first canvass was made for May adoration. As a result there are too many gaps left for the month. A special group of cards covering all vacant periods for May is now awaiting volunteers in the Prefect of Religion's office. If at least one representative from every hall tries to dispose of a few of these cards, all gaps for the month can be taken care of quickly without too much work for anyone. Some of you who want to see May adoration a bright spot of the religious year, please! PRAYERS: deceased, friend of Don Scenfietti (Lyons); Ill, Pat McCarthy (Bro.), appendectomy.