

University of Notre Dame  
Religious Bulletin  
September 30, 1935

Key to Perseverance.

To place hope in my resolutions, in my own unaided judgment and strength of will is madness. I must hope in God alone. And I must realize that the invisible does not mean the absent, that Christ is quite near in His manifold graces, that He touches me, draws me, speaks to me, sustains me.

I will "stand tall" spiritually, for my spiritual health. I will keep trying hard to go to Mass and Holy Communion every day. I will say my beads daily. I will make frequent half-hour periods of adoration. I will make a habit of visiting the Grotto.

I will do a good day's work. A "good" day's work consists of eight hours, not in dreaming but at work. I will add to my time in class enough study time to make up eight hours. (Working schedules can be had for the asking at the Prefect of Religion's Office in Dillon Hall.) And I will make a prayer of my work by consecrating it to Our Lady.

My normal state will always be the state of grace. If I have the misfortune of falling into mortal sin I shall hurry into a confessional and, in the spirit of sincere contrition, get rid of it. (There are opportunities for confession on the campus every hour of the day. Consult your green, Eucharistic Calendar.) This will be my insurance for a happy death in case it comes suddenly--as it does frequently to Notre Dame men.

My Silence Will Speak to You.

I have longed to know You, convinced by faith that you were quite near to me. I have awaited the times You had chosen in which to reveal Yourself. I shall meet You at Your altar in silence and there let Your silence speak to my soul.

1. Adoration begins every morning during October (except Sundays) at 7:30 and ends every afternoon at 5:00 with rosary devotions. On Saturdays adoration ends at 11:30 with rosary devotions.
2. Exposition takes place in the main church, on the Bernini altar in the apse. On the First Friday the Blessed Sacrament is exposed on the main altar.
3. Official adorers (those who sign cards) are expected to vest in cassock and surplice and spend their time in the sanctuary.
4. The Blessed Sacrament should never be left alone. For this reason, do not break your appointment with the Lord, and do not be late.
5. The cards you fill out will be returned to you as advance notice of your adoration period.
6. Those who find it impossible to be present at the hour chosen should either find a substitute or notify the Prefect of Religion.
7. Extra volunteers are needed to take care of emergencies. "Gaps in Adoration" will be published from time to time in the Bulletin. These Gaps are periods for which adorers are needed. Volunteers should sign cards at the Dillon Hall pamphlet rack.
8. If for any reason you have not yet signed up for October adoration, do so now at the Dillon Hall pamphlet rack. A complete assortment of cards for the month are filed there according to days and hours.

GAPS IN ADORATION: 11:30 to 12:00; 12:00 to 12:30; 2:30 to 3:00.

PRAYERS: (deceased) father of John Sheehan (Sorin); Miss Helen Weidert, Ill, sister of Prof. Robert L. Greene; friend of Tom Sheils; father of Phil Clarke (Howard) Grandfather of Joe Welch (Corby).