

Mass Sun. p. 226. 2nd col. University of Notre Dame  
of Saints, p. 660; 3rd col. Religious Bulletin  
of liv. & dead, p. 661. March 14, 1936

Mass Monday, feast of St.  
Patrick, p. 766. Collects  
as in the Mass.

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Lead A Clean Life.

If we admire chastity in a woman, we admire it a thousand times more in a man. Even the world stands in awe at the moral power and beauty and firmness and determination which chastity gives to a man. The world cannot understand chastity. The world scoffs at it as an impossible ideal--thus paying unwilling tribute to it.

You are considerate enough of the welfare of your children to want to give them the purest mother in God's creation, a mother who can train them to piety and goodness, so that they will not "bring down your grey hairs in sorrow to the grave." Could you ask a pure, wholesome girl to entrust her innocence to the keeping of a beast? Could you ask her to enter into lifelong association with an animal whose reason is swept aside by the first breath of passion, whose sole joy in life is the basest feeling that can enter into the heart of man? Vice corrodes the mind as well as the body.

Chastity overcame pagan Rome, for it gave to the martyrs the fortitude of which they are the most excellent example in the history of the world. And chastity has lost none of its force in strengthening the arm of character. What field of battle won, what triumph of arms can compare in joy with this victory won over self! When the soul comes clean with the help of God from such an assault it is conscious of a power that can say NO with a force that the world can only mock in fear.

If you want hygienic reasons for purity they are abundant. Syphilis kills more people annually in the United States than any other disease, although in the death notice it is usually listed under some other head. The Public Health Service of Chicago stated not long ago that most of the locomotor ataxia, general paralysis of the insane, congenital debility, icterus and acclerma, 50% of the organic diseases of the heart and angina pectoris, 40% of the diseases of the arteries, cerebral hemorrhages, apoplexy and softening of the brain, 20% of the Bright's disease, and 10% of several other diseases noted in death certificates should be ascribed to syphilis.

Children suffer worse than parents. Fournier's study of 72 syphilitic fathers is typical: 70 healthy mothers gave birth to 307 children--110 stillborn, 166 syphilitic, and 31 healthy. Just about one hundred percent of prostitutes are diseased; so are a large proportion of wives and girls who are "easy-going"--and who are so at times in order to take a cruel revenge on mankind for their own condition. The ONLY sure precaution against disease is continence. Every other precaution has been known to fail. Ask some kind-hearted physician to talk it over with you. Visit a county house or insane asylum and you will find plenty of cases. Look into the hideous faces! See the noses eaten away, look at the ugly sores, and the holes in the cheeks. Talk to imbeciles and morons made that way by sins of the flesh. It gives you a new idea of Nature's revenge.

"Know you not that you are the temples of the Holy Ghost and that the Spirit of God dwelleth in you?" asks St. Paul. Do you not frequently feed on the Body and Blood of Our Lord? Are you not a son of Our Blessed Lady? You, if you violate the sacred temple of your body, must stand an awful penalty.

Watch carefully your use of liquor. It is often the Devil's favorite weapon for assaults on chastity. A sober man may be unchaste, but no drunken man can ever be sure of his chastity, can ever be safe from the loathsome disease.

For Joe Sullivan.

At the request of "An Admirer of Notre Dame" the 9-o'clock Mass next Sunday will be offered for Joe Sullivan. Father Marr will sing the Mass. Joe's first anniversary, you will remember, is the 20th of this month.

PRAYERS: (deceased) friend of student. Ill, friend of Maurice Quinn; Tom Doody's mother;