

Mass, Thursday 7:20 a.m.,
Dillon Hall Chapel, for
Leonard Casassa, at.....

University of Notre Dame
Religious Bulletin
November 10, 1937.

...request of his Commercial
Spanish Class...

Remember Your Dead.

Many of you started the month for the Poor Souls well. Then as the days passed, the fire of your charity grew low. But the fires of Purgatory still burn with fierce intensity. Your dead plead for your Masses, Communions and prayers.

The U. S. Government on Women.
(reprinted by request)

The U. S. Public Health Service in Washington gets out a little pamphlet called, "Keeping Fit." You will hear more about it later in the Bulletin. One section of the pamphlet is devoted to "The Young Man's Relationship to Girls". Remember that the following lines are published, not by the Catholic Church, but under the auspices of the U. S. Government:

"...In an accident at sea, when everyone is anxious to reach the lifeboats, the rule for all men is 'women and children first.' If a man rushes in ahead of them he is looked upon as a coward. It is more important for men to protect girls and women from other dangers, especially from those dangers which threaten to ruin their lives. Every man who has any principle believes in fair play. He despises cheating.

"...The young man should think of all girls as the future mothers of the race and understand that one of their most important functions in life is to become the mothers of healthy children who will make useful citizens. A nation may be well judged by its attitude toward women. The youth who is fair will treat every girl as he expects other boys and men to treat his own sister, his girl friend, or his sweetheart.

"...A young man's plan for marriage will often help to keep him straight when nothing else would. The young man who is fair will adopt for his own life the same standards he demands of the woman he expects to marry some day.

"...Each youth who grows up and marries becomes a link in a great chain of human beings. This chain reaches back into the past for thousands of years, and it may reach forward into the future for an even longer time. One false step may infect the racial stock and blight the lives of generations to come. If the young man keeps his body in good condition and lives a clean life, his descendants will in all probability be vigorous and useful citizens. The spark of life is to be accepted as a sacred trust to be transmitted undimmed to future generations."

The U. S. Government On Bad Thoughts.

From the same pamphlet: "If a boy or man frequently permits himself to look at suggestive pictures, to listen to vulgar stories, and to indulge in lewd thoughts, he brings about a mental condition which may lead him later into serious sin. Furthermore, such indulgence develops a low attitude toward sex, which ought to be associated with the finest and most beautiful relationships in life. While it is not always possible to prevent lewd ideas coming to one's attention, it is possible by using one's will power, to direct the attention away from them and center it on wholesome subjects. Some young men will need to learn the trick of switching the thoughts away from vulgar subjects quickly to sports, school work, or other helpful activities. The mind should not be made a cesspool, but a reservoir." Now turn to your red Eucharistic Calendar and read again the Instruction on the Sixth Commandment.
PRAYERS: (deceased) Thomas Bradley; uncle of John Terrel (Old Inf.); grandmother of Philip Rosback (Dil.); uncle of Fr. E. Keller, C. S. C.; friend of Rott. Sullivan (Eadin). Ill, Tom Geselbracht (appendectomy, in Chicago) (Cav.); Rudolph Crukowi ('34) and father; mother of John Clark (Bro.); D. E. McNicol, Jr.; cousin of Frank Brame (Eadin); friend of James Carrel (Zahn); friend of George Foss (Off-Campus).