

Mass and Communion  
again for the team,  
tomorrow in your hall  
chapel.....

University of Notre Dame  
Religious Bulletin  
November 19, 1937.

Sign up in the drive  
starting tonight against  
indecent magazines.

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Objections To Daily Communion.

"It's pretty cold these mornings."

Yes, and it was pretty cold in Bethlehem that night Christ was born in the stable. All real Catholic lives are founded on self-sacrifice. If you want to enjoy Christ's friendship and help, you had better begin to dominate such hardships.

"Nobody gets me up in the morning."

That can be arranged. What's your room number?

"The remembrance of my sins keeps me away."

Wouldn't you prefer to have more pleasant memories? Accumulate the material for them by starting now, when you have a rare opportunity, to live your religion properly. Daily Communion wipes away sin's bitter recollections.

"I am just too lazy to go daily."

Which means that you are probably in college because you are just too lazy to go to work. Will you keep on living like a spineless fraud?

"I lose respect when I go frequently."

Then there is something wrong with your manner of approach. If the argument were true, you should lose respect for your parents through daily contact with them. If properly used, the Sacrament should change fear, servile fear, to love; and there is a possibility that therein lies the nub of the argument. If through daily Communion you learn to love God as one of your own, and lose the sense of His being a stranger, the Sacrament is producing the proper fruit. The Jansenistic heresy made respect, not love, the apex of devotion; and, by so doing, killed the love of God in the hearts of many men, kept them from the graces they badly needed.

"I swear too much."

"Most swearing, even in the courtroom nowadays is 'too much.' Did it ever occur  
PRAYERS (deceased) grandfather of John C. McMahon (Bad); mother of Sr. M. Carola S. S.N.D. Ill, mother of Walter Welsh (Mor); father of Gene Dolan (Walsh); aunt of Andy Wilson (Howard); Mrs. J. E. Spalding.

to you that a man who has free will may also learn to exercise self-control? Did you ever happen to think that every lack of self-control makes a man less a man? It is true theologically, of course, that slips that come of habit are not imputed as sins if one is making an earnest effort to correct the habit; but there is something missing in a man's makeup if he cannot correct the habit of profanity. See a priest for suggestions. You would cut it out if it cost you a dollar a word.

"I am ashamed to go to confession so soon again."

Do you mean that when you have committed one mortal sin you would rather pile up more so that that one won't look so big? Your experience has probably shown you that once the state of grace is lost it is much easier to commit other sins. Why not use common sense and recover the state of grace immediately after a fall?

"I don't believe in daily Communion. Fellows who go daily are hypocrites."

Oh, oh. By not believing in daily Communion you set yourself up as knowing more than the Pope. And that's just a bit rash for a young man in college. If you really mean that a man's a hypocrite simply because, for the cure of his daily faults, he takes the divinely-ordained medicine for those faults, you put yourself in the class of those who condemned Our Lord for eating and drinking with sinners. Remember the story of the woman taken in adultery? She was brought to Our Lord to be condemned. She went away forgiven. She was left at the feet of Our Lord, unaccused, because when Christ said, "Let him who is without sin among you cast the first stone," He stooped and wrote in the sand; and when her accusers saw Him write there the secret sins they had committed, "they went away one by one, beginning with the eldest."

"I'm not good enough."

Sinful habits yield to daily Communion if you follow your confessor's advice.