

University of Notre Dame
Religious Bulletin
January 24, 1938

Just Before The Battle.

Calm down. You will do your best reviewing and answering if you have

1. A healthy body. Get proper rest. Break up cramming by periods of exercise, brisk walking at least.
2. A healthy mind. Unwind yourself. Don't be panicky. If you have studied during the year, leave the results to God. If you have not, make up your mind that your studying and religion are not going to end with exams.

Also remember this: a flunk in a class may do you good by making you get down to business all the next half and for your remaining years.

3. Above all, a healthy soul. This is put last because it is most important. If you are in the state of grace, you will be at peace with God and with yourself. Start each day with Mass and Christ in Holy Communion.

Then you can laugh even as the murderer did the other day at the Michigan City Prison. At his last meal before his execution, after he had had one cup of coffee and was asked if he wished a second, he wisecracked, (He must have been in the state of grace!) "Nope, a second cup might keep me awake."

Zero Hour.

For your convenience, here is the schedule of exams.

<u>Classes taught at</u>	<u>have exam at</u>	<u>Classes taught at</u>	<u>have exam at</u>
8:00 on Monday	8:00 on Wednesday	8:00 on Tuesday	8:00 on Thursday
9:00 on Monday	8:00 on Friday	9:00 on Tuesday	8:00 on Saturday
10:00 on Monday	10:00 on Wednesday	10:00 on Tuesday	10:00 on Thursday
11:00 on Monday	10:00 on Friday	11:00 on Tuesday	10:00 on Saturday
1:15 on Monday	1:15 on Wednesday	1:15 on Tuesday	1:15 on Thursday
2:15 on Monday	3:15 on Wednesday	2:15 on Tuesday	3:15 on Thursday
3:15 on Monday	1:15 on Friday	3:15 on Tuesday	3:15 on Friday

Charity At Work.

Your response in handing in names of your non-Catholic friends was gratifying. Hundreds of names were entered in the Octave. Your charity in this regard will certainly merit the gift of Faith for some of your friends, especially if you backed it up with your own prayers.

In your extreme charity and for some unaccountable reason, some of you dropped into the boxes for the names, a dollar, six dimes, three nickels, six pennies--and a laundry ticket.

If any of you are flush, contributions to the pamphlet rack would be very welcome. There has been a penny in one of the pamphlet rack boxes screaming for comrades since Christmas vacation.

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PRAYERS: (deceased) grandfather of John Flanagan (Alum); father of Sister Frederick (St. Mary's); grandfather of J. E. Ryan (Dillon). Ill, uncle of Fr. J.P. Lynch C.S.C.; son of Frank J. Donovan; Mrs. Anna Turner; (operation) Paul D. Clark '32; (seriously) Mrs. Edward Gould. Five special intentions.