

PEACE MEETING TONITE
LAW BLDG AUDITORIUM-
7:45 *** NEW MEMBERS
INVITED. IMPORTANT.

University of Notre Dame
Religious Bulletin
October 25, 1939

PRAY FOR DICK MARSH
CORNELL FRESHMAN --
KILLED ON HIS WAY TO
NOTRE DAME-NAVY GAME.

What Seniors
In Former Years
Thought Of Frequent Communion.

"The greatest things in a man's life are not to be enjoyed forever. I am trying to take advantage of my four years at Notre Dame."

"Frequent Communion makes me realize that I am doing my bit towards glorifying God."

"I have missed one day this year, and that day was certainly lost. Holy Communion has made me more humble and courageous and has regulated my life."

"Frequent Communion has made me see my faults, and has at the same time consoled me. I do not fear death in this state. I have overcome obstacles which seemed insurmountable.... It has aided me to subdue impure thoughts and impatience, and has made me devote leisure time to prayer. When I pass a church now I feel I owe a visit to the Blessed Sacrament. I frankly say that those who are not helped by daily Communion are at fault. They expect God to do all the work. Cooperation is needed, and religious instructions should be followed as faithfully as medical instructions are."

"A new outlook on life and a better ability to resist temptations have been mine through frequent Communion."

"When I first came here frequent Communion seemed to mean everything to me. It brightened me every day. I slept with a smile on my face and satisfaction in my soul. My first year I missed Communion six times. This year I do well if I can go six times in a row. Periodically I get religion: I try to make and live up to good resolutions befitting a Catholic, but I always seem to fall back miserably in a very short while and return to my former haunts. Why can't I love and aspire for the very things I once prayed for? I seem to be getting hardened; yet knowing this does not lessen my temptations in the least."

"Frequent Communions have done more than anything else to cause me to avoid temptations. Formerly, temptations merely took their course. In character, then, I can say that I am much stronger and more prudent because of Holy Communion."

PRAYERS: (Deceased) William J. Donahue (Chicago); Edmund Glade (former student--14th anniv.); Sr. Leonore.

Answers To Your Objections.

1. "I am more fervent when I go less often. It seems to mean more to me."

ANSWER: Religion is not an emotion, not a feeling. Emotions come and go, and they are tricky; they let you down hard. You may feel glorious when you receive after a long absence from Holy Communion-- and you may then commit a serious mortal sin within the next twenty-four hours. The emotions tend to go down as low as they have gone up high. True fervor consists in avoiding sin. If in your intellect you want to know God better and in your will you want to serve Him more perfectly, by avoiding sin and practising virtue, you are receiving the fruits of the Sacrament worthy of a free, intelligent being. Don't worry about the emotions.

N.B. This series (written years ago by Father O'Hara) will be continued. The present Prefect of Religion feels that perhaps the chief reason your Communions have dropped from 56,371 (for the first 38 days of 1938) to 52,512 (for the first 38 days of 1939) has been his failure to keep you constantly reminded of the incalculable benefits of daily, devout Holy Communion. *** Other reasons for the drop: laziness, indifference and a touch of the cuckoo on your part; and a stupidly slow recovery from your Cleveland week end. *** From now on, let's pull together.