

Mr. Frank Sheed, lay
apologist & publisher
talks tonight at 8
on MODERN IDEA OF GOD.

University of Notre Dame
Religious Bulletin
February 12, 1940.

LCST: Gray Parker pen &
thin gold pen (near Biol)
return 117 Dil; ILL, Fr.
Michalski. FOUND, gray pen.

Notre Dame Alumni
Speak For Themselves.

This is the way the graduates of the last fifteen years thought about frequent Holy Communion, the facilities for confession, the privilege of Lenten Adoration-- when they were occupying the rooms, the chapels, the dining halls you are using now. For further details see Father John Cavanaugh's SURVEY OF FIFTEEN SURVEYS.

On Frequent Holy Communion.

"Frequent Communion has done me a world of good. It lessens my temptations and strengthens me to resist them. It has made me overcome profanity."

"Frequent Communion has made it easier for me to raise my thoughts to God. This elevation of mind makes sin repugnant. I have been much impressed by the fact that at Notre Dame the best athletes and the best students are all frequent communicants."

"This talk about not receiving Holy Communion every day through fear of routine is all bosh. In my case it works just the other way and I am very glad to have the opportunity to receive Holy Communion so often."

"Four years ago I was becoming a slave to sin. I was advised to frequent the sacraments and did so. I have never felt greater peace of conscience and the future has never seemed brighter than since I have practiced daily Communion."

"Frequent Communion is the greatest of character-builders; it builds men; clean, upright, honest men."

"Daily Communion has changed me from a spineless jellyfish into a man."

"I find that if you receive frequently you will become the ideal Notre Dame man both here and elsewhere."

On Advice In The Confessional.

"I am not particular about the kind of advice on the sins I have committed but I don't like to confess everything but murder and receive 'five Our Fathers and five Hail Marys and God bless you.'"

"I want a calling down if the sins de-

On Confession (cont'd).

serve it."

"Don't get discouraged. Brace up. Start again. Pray hard. Fight hard, and you will win."

"Friendly advice, not censure. You are trying to do better or you wouldn't be going to confession."

"Personal and familiar."

On Lenten Adoration.

"Never before had I seemed so close to God, never had I felt so unworthy of His Presence. The white host seemed to cast its spell on those around and to move their lips to prayer of adoration. It was easy to pray, and I felt no restraint, but rather a desire to express to God my love and gratitude, and to ask His forgiveness for my sins. The time passed swiftly and I cherish the experiences of that half-hour. There is nothing, indeed, for which I would be willing to exchange Adoration."

"Students come and go all day long. It is a sight that only those who belong to the Church can understand and appreciate. Let men of science, who think they can explain everything, explain how a man can doubt when he sees such sure evidence of the presence of God."

"Fellows I had always regarded as 'tough' have given me a lesson on how to adore Our Lord in the Blessed Sacrament. . . . Their names may not appear on the Adoration lists, but nevertheless they are there, pouring out their hearts to God. They do not fidget and keep looking at their watches as some fellows do. They pray fervently. Observation of such fellows has taught me not to judge from outward appearance."

PRAYERS: (DECEASED) Mrs. Nicholas Sutton; 3 friends of Dave Bernard (Al); P.J. Callahan; uncle of Bob LeJeune (Dil); friend of Carl Coco (Bro); aunt of Jack Behr (Bro); aunt of Mike Dempsey (Cav); mother of Ed Haracz (CC); (anniv) grandmother of Lou Ronder (Dillon)