

In question #48 insert  
"your" before "Catholic  
life." Watch it.....

University of Notre Dame  
Religious Bulletin  
March 5, 1940.

Feast of St. Thomas of  
Aquin, Patron of Schol-  
ars: this Thursday....

### Unkink Your Mind.

When Bishop O'Hara was Prefect of Religion he used to say: Laziness accounts for very few of the students who stay away from the Sacraments for more than one month.

Nine times out of ten there is a kink in the mind of the fellow who neglects this great Source of Grace.

If your mind is kinked up, there is only one reasonable thing for you to do: see a priest and tell him all about it. You can't tell him anything new; you can't tell him anything he can't absolve you from, if you are willing to fulfil whatever conditions the Church lays down for your case. These amateur theologians you talk the matter over with may have the best intentions in the world, but if they tell you there is no hope for you they are doing just what the devil did to Judas.

There is no real peace in the heart when the conscience is not straight; and the fellow who stays away from the priest because of some vain fear about what the priest will tell him, is laying himself down on a bed of coals.

Long experience shows the priest that most of the things that keep people away from the Sacraments are in no way calculated to harm the penitent except through his own exaggerated idea of their importance, an idea that warps his judgment in many ways.

Go to a priest. You may suffer a few minutes of embarrassment, but he will soon put you at ease. Stay away and your endless arguments with your conscience go on and on and on until you take to drink or dope or infidelity to silence that little voice.

Unkink your mind. You may know a lot, and think you know a whole lot more, but the priest, with unbiased mind, with the assistance of the Holy Ghost for dealing with the penitent, and with long experience with human nature knows a lot more about your case than you do.

Be at peace with God and the sun shines every day in your heart. Be estranged from Him and the clouds hover ever closer.

If you knew that you were to die tonight you would have no fears, no doubts, no misgivings. You don't know that you are not going to die tonight. Be always prepared.

### Your Questionnaires.

Hundreds of you have already carefully answered the questionnaire. Thanks for the cooperation. Some of you evidently prefer to think a few of the questions over before putting down your best answers. That's as it should be. But don't hold up your returns too long.

Give special thought to numbers 39, 40, 41, 43 and 45. Your answers will be a YES or NO, in effect, to the general question, "Is it a sin to be worldly?"

If you need help on any of the questions--or if you can't make out what they aim at, drop into one of the offices. Naturally, there's a purpose behind every question. And, don't forget to drop around also if you've got a kink in your mind.

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PRAYERS: (DECEASED) (2nd anniversary) John Clair (Chicago); aunt of an alumnus; father of Mr. Henry S. Chillas (So. Bend); Mr. James O'Donnell Bennett. (ILL) Jane Conick, friend of Tom O'Brien (Alumni); uncle of Larry Hess (Morrissey Tower). (ALSC DECEASED) grandmother of Bill Madden (Lyons). LOST: Black and gray Schaeffer pen near the fieldhouse (Return to Dillon, 117). (ILL) Mother of John D. Broderick, '37.