

Hand in names of
Poor Souls to share
in the remaining...

University of Notre Dame
Religious Bulletin
November 7, 1940

Masses of the Novena.
Benediction daily, 5:00
P.M., Saturday at 11:30.

Look Up.

Some students have asked, "Is there an indulgence for attending Benediction?" There is. The Church desires you to look up and adore Christ in the Sacred Host at both Mass and Benediction. For that reason an indulgence of 7 years is granted each time you look up at the Sacred Host while elevated at Mass, or while solemnly exposed at Benediction or Adoration, saying with faith, piety and love, "My Lord and my God."

If you do this daily for a week, under the usual conditions, one plenary indulgence is granted. The "usual conditions" are: some prayers for the Pope's intention, (one Pater, Ave and Gloria suffice) plus confessions and Communion. Frequent communicants who confess twice a month, aren't required to make a special confession.

What Holds You Back?

If you are not a daily communicant, is your excuse listed below?

1. Too lazy. "Their god is their belly." How well this applies to those who make breakfast, but can't get to Holy Communion.
2. Too sensual. Those who prefer vice to virtue may not receive. The turning to God that contrition implies must be for all time, not merely until the Christmas vacation.
3. Too material. If Our Lord handed out \$10 gold pieces in the chapel every morning, the stampede would be terrific. But when He offers HIMSELF, they, like the pagan world, are not interested.
4. Too critical. These men spend all their time looking for defects in others, particularly poor sinners, who go daily in order to avoid sin.
5. Too lukewarm. Their faith is anemic. If they want a shock, look up the penalty promised (Apoc. III: 15-16) for those who "are lukewarm and neither cold nor hot."
6. Too slipshod. Such people never finish anything. The effort is killing. Try to get one of them to make a Novena!
7. Too timid. There are people who have no end of courage when it comes to sinning, but how they stammer and quail before the idea of confessing their sins! The courage they need is the courage of Christ.
8. Too dumb. Lack of intelligence to grasp the tremendous significance of this mystery keeps too many Catholics away.
9. Too sophomoric.
10. Too case-hardened. There are such people who still keep one foot inside the door of the Catholic Church. Sin is a regular routine in their lives. They do nothing to correct it. Once in a while they'll drop into confession to receive absolution, but never to amend their whole life. They choose to gamble on a death-bed conversion. Well then, may God have mercy on them.

Quarterlies.

"An ancient proverb of Palestine divides the disciples of the Rabbi into four classes. "Sponges: the pupils who absorb absolutely everything, non-essentials as well as essentials.

"Funnel: the pupils for whom the instructions entered at one ear and left by the other.

"Strainers: the pupils who let the wine run through keeping only the dregs, that is, those who retain only what was of secondary importance.

"Sifters: the pupils who kept everything important, passing over only what was negligible, the chaff." (From Plus', Meditations for Religious, 1940.)

PRAYERS. Deceased: Mother of Jim Murphy (ex '42); Friend of Jim Anton, (Cav). Ill: Mrs Mary Maguire; Appendectomy, Ed. Olszewski (Z); Aunt of Hugh Mallon (St. Ed).