

Tips on Bad Thoughts.

In the matter of bad thoughts, here are some points to remember:

1. There is no consent, hence no sin, if a feeling of disgust with the temptation has been present, or if you turn to prayer, or to any other legitimate and attractive thought to distract the intellect and will.

Develop the habit of turning your attention immediately to some subject of great interest to you: for example, to some real or imaginary incident in sports or in the War; some tragic or humorous event in your past; some ambition regarding your future.

2. There is some consent, hence venial sin:

- a. If, before repelling the temptation, you momentarily hesitate, not wanting to offend God, yet wishing to relish the forbidden pleasure:

- b. If resistance is real but feeble, indolent. Half resistance is half consent and venial sin.

3. Consent is full and gravely sinful when, despite the protests of conscience, which recognizes the gravity of the evil, the will acquiesces in the pleasure presented to it in the temptation.

If, in spite of this knowledge of the distinction between sin and temptation, you still have difficulty in a particular case, consult your confessor.

Sophomoritis.

Looking over the Communion records of the Sophomore halls, one can sense a severe epidemic of sophomoritis.

Sophomoritis isn't the easiest thing to define, but here's a starter from a man of the world. Brooks Atkinson, a New York drama critic, evidently detected sophomoritis when he said the following about an egotistical playwright:

"He can write some of the worst nonsense that ever clattered out of a typewriter. His mind is shallow and unsettled and he sounds off like a sophomore. He lacks knowledge: he has no capacity for orderly reasoning."

There is still hope, though, for those who will settle down to work and who will pray daily to Christ in the Eucharist for humility, for steadiness, for loyalty to their ideals, to their parents and to Our Lady.

Get Ready for Christmas Novena.

The Christmas Novena of Masses, Communions and Adoration for Parents starts on the Feast of the Immaculate Conception, this Sunday.

Vacation begins December 10. To give everyone the opportunity of nine consecutive days of adoration for your parents, adoration will begin on the Feast. The Blessed Sacrament will be exposed in the evening from 6:30 until after the second benediction: on other days from 7:30 to 5:00. Names and hours can be given to the student volunteer canvassers when they approach you beginning Wednesday night.

Friday is First Friday. That means a half hour of Adoration too, for those generous souls who try to offer some reparation to that great Heart that loves man so much.

PRAYERS: (deceased) Rev. L. Pauge, C.S.C. Ill, friend of R. Maguire. Five sp. ints.