

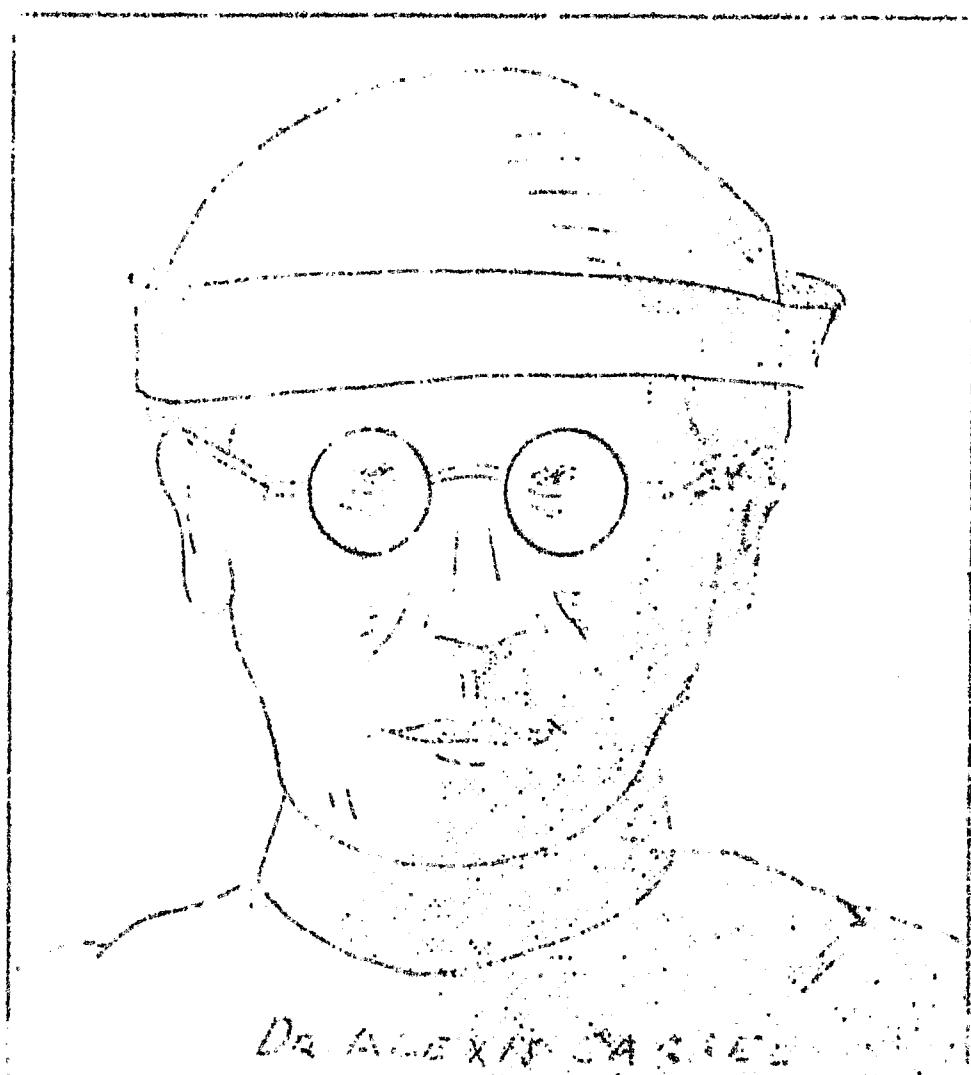
Mass and Communion: Saturday, Mary's Day, Mon-

University of Notre Dame
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day, St. Patrick's Day. He is patron of Dillon Chapel.

"Prayer Is Power"---

--says the world-renowned Catholic scientist, Dr. Alexis Carrel in the current issue of The Reader's Digest. He says in part:



"True prayer is a way of life; the truest life is literally a way of prayer... Too many people regard prayer as a formalized routine of words, a refuge of weaklings or a childish petition for material things...

"Properly understood, prayer is a mature activity indispensable to the fullest development of personality... the ultimate integration of man's highest faculties. Only in prayer do we achieve that complete and harmonious assembly of body, mind, and spirit which gives the frail human reed its unshakable strength.

"Today as never before, prayer is a binding necessity in the lives of men and nations. The lack of emphasis on the religious sense has brought the world to the edge of destruction. Our deepest source of power and perfection has been left miserably undeveloped," he concludes, but adds that "there is yet hope that our prayers for a better world will be answered."

That "unshakable strength" can be developed by you, too. The very "source of power and perfection" is Jesus Christ praying for you at every Mass, waiting to nourish your soul at every Communion.

Free Tip for "Doubters".

The student who gives up prayer and the Sacraments may say it is due to "intellectual difficulties". He should strive for the intellectual ability of Dr. Carrel. He should strive especially for honesty and humility. If he really has intellectual difficulties (which is possible for some) intellectual honesty demands that he see a priest in or out of confession. Most "intellectual difficulties", however, as most students know, can be settled inside the confessional with a change of heart, a humble confession and grace of the Sacraments.

A Tip For The Lovelorn.

It's easy to sing
When you're having your fling
And all's in accord with your wishes;

But the girl for a king
Is the girl who can sing
When she's washing and wiping dishes.
(The Queen's Work)

Another Tip.

Some Army and Navy services require from those aspiring to a commission a letter of recommendation from the President of the University. The President naturally asks information from those who know you best, rectors and prefects, - of Religion, too.

Any priest can and does recommend highly any student who is obedient, respectful and cheerful under difficulties; who has overcome laziness and sin, shown by frequent attendance at Mass and Communion. That student has developed mastery of self, the best qualification to command others.

PRAYERS: (deceased) mother of Joseph Comerford (St. Ed's); George Raab; uncle of Mike Dempsey. Ill. friend of J. Walsh (Ly); Mrs. P.J. Byrnes; E. M. Brennan. 5 sp. ints.