

Benediction (no sermon)  
tonight, 7 and 7:30  
Closing of 40 Hours.

University of Notre Dame  
Religious Bulletin  
February 17, 1942

Wednesday Adorers,  
be faithful to  
your half-hour periods.

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Lent Begins Tomorrow - Ash Wednesday

Church Services: Distribution of ashes begins at 7:00 in the Church.  
Mass starts immediately after distribution.  
Holy Communion will be distributed during Mass and afterwards.  
(Do not come up for Ashes after the priest begins to distribute Holy Communion.)  
Confessions will be heard during the Mass beginning at 7:00.  
(GET TO CONFESSION TONIGHT AND AVOID THE RUSH)

Breakfast: Ash Wednesday morning at 8:00.  
Classes begin at 9:00.

Lenten Adoration: Begins at 10:00.  
Benediction at 5:00, Ash Wednesday.

You Are Dispensed

In virtue of a dispensation granted by the Most Reverend Bishop of Fort Wayne, the members of the faculty and community, the students and the working people attached to the University, are dispensed from the fast and abstinence "provided they do the work they are supposed to do". Exception is made of Ash Wednesday, the morning of Holy Saturday, and the Vigil of Christmas. This dispensation holds for those who live off-campus. The dispensation releases no one from the law of penance.

"Remember, Man, That Thou Art Dust. . ."

Why the ashes: You and the Church enter into this ceremony of Ash Wednesday. Mother Church comes down to the altar rail in the person of Her priest to mark all Her children who are bent on giving themselves to penance and self-denial during Lent, and to bring God's blessing upon their holy desires.

And you, seeing your Mother looking for her children, leave your pew and go to the altar rail to be marked as a penitent. In so doing you implicitly pledge yourself to a Lent of penance and spiritual improvement.

"Remember": Put your heart into this ceremony. Don't let it become a sham. At the rail, remember you are a sinner. When the priest places the ashes on your forehead, make an act of humility: "My God, I am a sinner", and then make your promise: "My God, I will try to undo all my offences by self-denial and by the practice of virtue".

"Dust": The ashes should remind you of what you really will become - dust. And the priest reminds you of this, lest you forget: "Memento, homo, quia pulvis es, et in pulverem reverteris". ("Remember, man, that thou art dust, and unto dust thou shalt return".)

All who receive the ashes will give God an immediate proof of their sincerity by drawing up a list of resolutions, headed by daily Mass and Holy Communion. Sinners will show their good will by hurrying to the mercy of Christ in Confession.

The Procession Tonight

Forty Hours Devotion closes tonight with a procession of the Blessed Sacrament through the aisles of the church. The Living Christ, your God and Savior, is in the Host. When He passes by, kneel up. And bow your head in humility and adoration, or look at the Host in love and petition - as you wish.

PRAYERS: (Deceased) friend of Father C. Hooyboer, C.S.C. (Ill) Fred Coufal (Car), oper. at home; friend of E.J. Delaney (Bro); father of Jack Russell (St. Ed's.)  
(Deceased) Patrick H. Morgan. Seven special intentions.