

— — —
Freshmen! Keep It Up.

When the V-7 trainees go to the dining hall for their evening meal, they are hungry as wolves, especially after an afternoon filled with calisthenics, athletics and a five mile hike. Talk to them as they stand in line, and they will tell you of their craving for food. And for that matter, speak to the football men after a hard practice, or to a student after a full day of class topped off with a little exercise and you will get the same answer: "Give me food before I faint".

Food keeps a fellow from weakening. It refreshes him, gives him pep and vigor. You have been receiving Holy Communion, the spiritual food which keeps up your resistance to sin and ability to practice virtue. Continue to receive Christ every day here at Notre Dame. Christ will give you tremendous spiritual drive. Stay away from this Food, and see what happens. You will grow faint. In your weakness your eye will devour indecent literature, your tongue will create endless lies and suggestive stories. Without Holy Communion, kindness turns into selfishness and patience and devotion to duty into anger and laziness. Men who eat this heavenly Food recover from every illness and finally reach heaven.

Second Mission Starts Sunday Night.

The Second Mission is to be made by the men of Sorin, Alumni, Walsh, Cavanaugh and Dillon Halls, and by those who for some reason or other did not make the First Mission. Father John Delaunay, C.S.C., Dean of Men at Portland University, preacher of retreats to laymen, bishops, priests and religious will give the Mission. Evening services start at 7:30.

St. Anthony Found It.

A few days ago, a sophomore lost his wallet containing sixty dollars. Fervent prayers were said to St. Anthony. Last night the wallet and the money were back in hands of the student. Through this notice the student wishes to make a public expression of gratitude to Christ and St. Anthony for this favor.

Freshmen Are To Attend the 8:30 Mass Sunday.

Holy Communion will be distributed before the 8:00 Sunday breakfast in the following places:

After the 7:00 Mass in the church (i.e. about 7:40)

Between 7:30 - 8:00 in Dillon Chapel.

(And at the 8:30 Mass)

The 8:30 Mass will formally open the Fall semester. Father O'Donnell will preach the sermon. Members of the faculty, in cap and gown, will march in procession from the Main Building to the church.

For All Freshmen and Transfer Students.

You will find a priest in the confessional in your hall every night after night prayer and during Mass in the morning. Make it a practice to go to confession in the evening rather than in the morning. Leave the morning to those who must work at night.

No Meetings During Hour Of Mission.

The Mission comes first. All meetings are to be postponed until after the Mission services.

PRAYERS: (Ill) mother of Charlie Metzger (Dil); cousin of Bill Costello (Al) One Special Intention.