

Benedictions on  
First Friday: 6:30; 7:00  
Adoration all day.

University of Notre Dame  
Religious Bulletin  
March 4, 1943

Buy a lenten Missal  
at the office of the  
Prefect of Religion.

For Those Attending The Ball

1. Bring your guest to Sunday Mass on time. Show her and the other visitors that you have the true Catholic spirit and love for the Sacrifice of Christ.
2. Thoughtfulness and courtesy should prompt you to bring your Ball guest to the church five or six minutes before the beginning of Mass in order to secure a pew from which the altar can be seen. The 10:00 Mass is always crowded even when there are no visitors. Better arrive ten minutes early. The Blessed Sacrament will be exposed; you can spend the time in prayer.
3. There will be no sermon at the Sunday Masses. Lax students who depend on the sermon time to save them from missing Mass will suffer with this change of schedule.
4. Plan to receive Holy Communion with your guest. Tell her that Forty Hours begins Sunday and that you want to show special devotion to Our Lord in the Blessed Sacrament. She will appreciate your spirit. And if she plans to marry you, she will thank God that He has given her a strong Catholic for a helpmate.

It May Be Your Last First Friday At Notre Dame

You may be called to the service any day. Your love of Our Lord in the Eucharist and of the soul which He redeemed will prompt you to make this day more than just another day in your week. First Friday was instituted as a day of Reparation. It should be also a day for storing up graces for a stormy future. A man who wants to grasp his opportunities will (1) assist at Mass and receive Holy Communion, (2) make a half hour of Adoration in cassock and surplice in the church, (3) attend Benediction in the evening.

You are Your Brother's Keeper.

A friend or an acquaintance who has been away from the sacraments and perhaps from God's friendship for a long time, needs your prayer and sacrifice to bring him back to his senses and to peace of heart. A few visits to the chapel or the denial of a few cigarettes will bring the extra grace the prodical needs to run back to the feet of Christ. You are your brother's keeper. Pray to convert him, and keep praying to keep him fervent.

Never Touched The Ground.

Strong bodied men, athletes some of them, should be able to bend their knee until it touches the floor when they enter the church or chapel. And they don't need the support of the pew to make this genuflection of reverence to Our Lord in the tabernacle.

THE FORTY HOURS ADORATION IS A TIME OF SPECIAL GRACE. EVERY CATHOLIC PLANS TO ATTEND MASS AND RECEIVE HOLY COMMUNION DURING THE THREE DAYS OF EXPOSITION. GO TO CONFESSION TONIGHT. ONLY A FEW CONFESSIONS CAN BE HEARD AT THE SHORT MASSES SUNDAY.

FIRST FRIDAY