

At Mass Christ
prays for us and
with us.

University of Notre Dame
Religious Bulletin
August 17, 1943

Late Mass in Sorin
7:20 daily except Sun.
H. Comm. Sorin untill 8:30

Wasted Week Ends

Wrecked body -- this is the inglorious effect of a week end for some civilian, navy and marine students. Their fault lies, in most cases, in over-indulgence. The purpose of recreation is to re-create fatigued physical and mental faculties. It is not re-creation to stay up all night, or to drink to excess, to keep late hours, to sit and talk all night until Mass time with a girl friend.

God has given man his body for use, not abuse. A student is the steward of his body as well as his soul. God will demand an account of every moment of this stewardship. Many modern youths think that the Recording Angel puts down his pencil and takes week-ends too.

Every man enrolled in the University is here to study. Neither the University nor the Navy or Marine officials are responsible for this obligation. God imposes on every student the obligation to make sincere efforts to develop his talents in his class work. Students readily see that a soldier on guard should keep careful watch over the property assigned to his care, and young men have great praise for the warrior who dies in the execution of his duty. Yet all students must realize that study is the duty of a student, a God-given duty of his state of life. A week end that makes a man less fit for study is a week-end that dishonors God.

The intelligent student who is preparing himself for leadership in the Service now and for business and professional life after the war will practice moderation when he leaves the campus.

The Jack Pot.

Wrecked souls. The devil usually hits the jack pot on week ends. He delights in his successes with Catholics who go places without a thought of the Ten Commandments. Satan has a special love for students who run off to some spot where Sunday Mass becomes impossible, where liquor flows freely, where women are loose. If a week-end is a source of sin for a student, then he is obliged to avoid that occasion. He must choose Christ or the devil.

The question for week-enders to ask themselves when they return to the campus is: Am I returning less a man?

Wasted Hours.

The man in mortal sin works for nothing. The boss may pay him a high salary. He may sweat on the job or at his studies. He may be a football player and tackle hard and play cleverly. He may be a part of the V-12 program and force his body through all the drills and exercises with much suffering. But as long as he acts in mortal sin, as an enemy of God, he will not receive a jot of heavenly reward.

Week end hours, study hours, sleep hours, play hours are wasted hours for the man in mortal sin. A good confession with a sincere act of Contrition will take a man from the edge of hell and put him back on God's payroll.

Christ awaits those who need Him in the confessional. Go tonight.

PRAYERS: (deceased) Sister of the Very Rev. Thos. Steiner, C.S.C.; mother of Louis Borghl (Sorin); Matthew J. McBane; grandmother of Joe Murnane (Sorin); Charles Grimes, '20. 2 Special Intentions.