

(FOR THE CATHOLIC STUDENT AT NOTRE DAME) (Please pass on to your Catholic roommate).

Daily Mass in civilian hall chapels begins at 6:50 A.M.

University of Notre Dame
Religious Bulletin
July 5, 1944

Confessions are heard during morning and afternoon Masses.

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Meet Your Chaplain.

Three times each week your Chaplain will stop at your room for a short visit through the medium of this mimeographed sheet. Sometimes he will discuss problems that are timely and pertinent to your campus life, such as good companions, liquor, marriage, dates, Mass and Holy Communion. Occasionally you will get a bit of hell-fire, only when you need the scorching. The main purpose of the BULLETIN is to keep your mind and heart alive with the ideas Christ wants you to have and the acts He wants you to perform. The three Chaplains assigned to give their entire time to your needs are Fr. Craddick, 141 Sorin (serving the men of Sorin, Walsh, Dillon and Alumni), Fr. Simonitsch, 121 Breen-Phillips (serving B-P and Cavanaugh), and Fr. Sheedy, 115 Main Building (serving Brownson, St. Edward's and Zahm). Drop in morning or evening to say hello.

Meat on Friday for Civilians and Servicemen.

Our bishop has seen fit to dispense from the general law of abstinence the Notre Dame students and workmen, with certain limitations, because of the serious difficulties involved in securing and preparing one menu for the civilian students and another for the servicemen. The following are dispensed from the law of abstinence while on the campus, that is, they may eat meat on all the days of the year, including Friday. Exceptions will be noted as they arise.

1. All men and women in the Armed Forces of the Country, while on or off the campus.
2. All civilian students when on the campus and when eating in the University Dining Halls or in the Student Infirmary.
3. All prefects and employees who eat in the Dining Halls proper or elsewhere in the Dining Halls (but not in the Cafeteria) or in the Student Infirmary.
4. All Dining Hall and Infirmary employees during working hours when eating in the Dining Hall or Student Infirmary.

All who eat in the Notre Dame Cafeteria (other than servicemen) are obliged to abstain from meat on Friday; they are not dispensed.

Afternoon Mass For Servicemen Starts Wednesday.

Attendance at morning Mass is impossible for the servicemen because of a very tight schedule. Since the Navy and Marines have been at Notre Dame, many of the service-students have used the privilege of the afternoon week-day Mass and Communion granted to the Armed Forces by Pope Pius XII. In Dillon the Mass begins at 5:00 (1700); in Alumni 5:07 (1707), in Walsh 4:55 (1655), in Cavanaugh and Zahm 5:15 (1715); Stop at your hall chapel for Mass after your 4:15 class, even though you are a trifle late. Every Mass honors God, strengthens your soul and brings you endless blessings. It is the best possible means of seeking success in your classes.

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Conditions For Afternoon Communion.

1. The state of grace. 2. Fasting four hours from solid food; one hour from liquids (from Communion time, not Mass time) Water, soft drinks, milk (not malteds or milk shakes) are classified as liquids.
3. One must abstain from alcoholic drinks from midnight (1:00 A.M.).

Friday is First Friday.

Mass and Holy Communion should be as much a part of your day as eating and studying. Visit Christ at Mass today and consecrate your work, play and sufferings as a student to Him. On First Friday re-consecrate yourself to the Sacred Heart.