

Servicemen: Holy Thurs.
and Saturday Mass in Dillon
at 5:00. No meat Friday, nor
forenoon of Sat.

University of Notre Dame
Religious Bulletin
March 28, 1945

Tenebrae Services: Wed.,
Thurs., Friday, Church, 7:30.
Tenebrae Books at Bookstore,
and Office of Pref. of Relig.

5,000,000 Holy Communions.

At Notre Dame, in the Church and in all the hall chapels, there is the tabernacle, and the Communion rail. The two go together. Christ wanted it that way.

At the Last Supper Christ said not only, "This is My Body," but also, "Take ye and eat." Our Lord wants to be adored in the tabernacle on the altar. But He also earnestly desires to leave that place of repose. He wants to enter the tabernacle of men's body so that He may give strength and grace to their hearts. No Catholic is truly Catholic, no Catholic at Notre Dame is truly a Notre Dame man, unless the Communion rail is an intimate part of his life.

What have Notre Dame men thought about Christ's words, "Take ye and eat.?" During the past twenty years, the Eucharistic Christ has entered into the hearts of students over five million times. On one day, in pre-war times when the enrollment was about three thousand, 2500 students received Holy Communion.

The altar rail is a supper table. It was not designed as a fence to keep the faithful from the sanctuary. The Mass is the Last Supper reenacted. The white cloth thrown over the rail at Communion time is a table cloth. It is a symbolic device used to remind us that Holy Communion is truly a supper, a meal. The host is Christ, and He offers all who come to His table a food that will energize and bring health to their souls.

Hundreds of students have profited by frequent contact with Christ in Holy Communion. Here are but a few of the thousands of tributes they have paid the Eucharist in testimony of the good that Christ has wrought in them.

"I have just started frequent Communion. I have a deadly sin that I have never had the backbone to quit. Communion every day has worked wonders for the past two weeks, and I will never be able to express my gratitude for what it has done for me."

"When I miss Holy Communion in the morning I find it ten times as hard to resist temptation. It gives me a sense of security with regard to death."

"As a result of daily Communion I am more careful of the language I use. I go to Communion not because I am good, but because I want Jesus to make me good."

You too can testify to the many spiritual blessings Christ has given you through the Blessed Sacrament and Holy Communion. Holy Thursday is the birthday of the Eucharist. For you it must be a day of gratitude. On Thursday receive Holy Communion in thanksgiving for the graces you have received in this Sacrament. Sometime Thursday make a half-hour period of adoration, also in gratitude. There will be Adoration ALL DAY AND ALL NIGHT IN THE CHURCH.

HOLY THURSDAY: Mass and Communion in your own hall, at usual time. Also in Church at 6:00 A.M., with procession. NO CONFESSIONS THURS. GO NOW.

GOOD FRIDAY: Stations of the Cross at ten to three, for all students, civilians and servicemen. Meet at Grotto for outside Stations around lake. Hymns will be sung between Stations. In case of rain, services will be held in the Ch. GOOD FRIDAY MASS: 8:00 A.M. IN CHURCH