

Support the team Saturday  
morning by Mass and  
Communion in hall chapel.

University of Notre Dame  
Religious Bulletin  
September 25, 1946

Don't delay confession.  
Mission preacher will be  
in his confessional 4 to 6.

### The Old Soak

For this old boy (it could be a young boy) one drink is not enough; he inevitably saturates himself with gin. Just one little nip of the mildest brew is sufficient to start him on the path to insobriety. There is only one course of action for the man who knows from experience that he cannot control his drinking habits, namely, complete abstinence. That's only horse sense. The old soak cannot toy with bottled spirits; he must avoid them entirely.

### The Jolly Good Fellow.

He's the man who cannot go out with his drinking pals, and stay sober. At any other time he is master of himself and the bottle. At home when friends come in, he mixes the drinks and takes a couple himself, and that's all. After work he can stop at the bar with a friend for a beer, just one, and call it quits. But let him go out with the group from his office, or schoolmates and his thinking gets mixed up. When out with the boys he considers himself a heel if he does not respond agreeably to every round of drinks, "Be a good fellow, Harry, and have another with your friends." That appeal to his sense of charity and loyalty (false, of course) makes him weaken.

There is only one rule for Harry to follow. He is not to drink when out with the boys. Maybe he should not go out with the boys if they are prepared for an all night session of drinking. One must avoid what he knows to be an occasion of sin for himself. Some college boys need to learn this rule.

### The Wolf.

In some men intoxicants enkindle the fire of sexual passion that becomes uncontrollable, particularly in the presence of girls. The man whose past is series of impurities with others, chiefly because of drink, has only one recourse: abstinence before, and during the hours of his "date."

### The Lost Week End.

This coming Saturday and Sunday is yours to use for God's glory. A shadow of intemperance will offend Him. Know yourself and your weakness for drink. Know when to stop. Even know when to make an effort to stop your friends from over-indulgence. It's not smart to get drunk, or slightly intemperate, if you are going to follow the rules Christ set down. Our Blessed Lord said, "If your drink scandalize you, cut it off." He could have said, "If intoxicants lead you into sin in particular circumstances, then cut yourself off from those circumstances." Don't make this a lost week end.

### Daily Adoration.

Beginning next Tuesday, October 1, the Blessed Sacrament will be exposed on the Lady Altar in the Church every day from 8:00 A.M. untill 5:00 P.M. The day closes with rosary and Benediction at 5:00 P.M. By signing up for a weekly period, you will get a reminder card left at your door each week. A weekly period of Adoration is an ideal way to make reparation for a sinful past, and it will secure Our Lady's blessing on your future.

SIGN UP  
OCTOBER  
ADORATION