

DO'S AND DONT'S

for summer



- DO take along a rosary and a Sunday Missal. Say the rosary every day; it takes but ten minutes. The devil will have little success with you if you are faithful to the rosary.
- DON'T . . take weekend trips to places where you won't be able to attend Sunday Mass. You are obligated to arrange your vacation in such a way that it will not be too distant or inconvenient to get to Mass.
- DO be a Christian gentleman wherever you go. The Notre Dame Student body will be judged by what you do.
- DON'T . . take unnecessary risks in swimming, boating and fast driving. You may anticipate going to Heaven with pleasure, but you need not hasten the process.
- DO forget yourself, and be charitable and patient with your kid brothers and sisters. Take a real interest in their activities.
- DON'T . . be a sap and get mixed up with married women or grass widows. 'Nuf said.
- DO a good turn for your soul and receive Holy Communion every Sunday, at least. Weekly confession will keep you steady too. Never delay hitting the box beyond two weeks. And if you have the misfortune of sinning mortally, go to confession immediately
- DON'T . . look upon drinking as a necessity. If experience tells you that you can't handle the bottled stuff, then give it up. Maybe a pledge would straighten you out.
- DO listen to the counsel given by your folks. They think of your welfare in making their decisions. Don't be greedy about the use of the family car. Be prudent about spending money.
- DON'T . . keep late hours. The will is weak at one in the morning and still weaker at two. This early bird stuff does not help your romance, your job or your health.
- DO give your boss a full day's work. Show initiative and a sense of responsibility. When your job brings aches and pains be sure to offer them up in union with the sufferings of Christ. Don't complain and thus lose the chance to honor God, make reparation for your sins and to gain merit for Heaven.

Your soul is worth saving in the summer as well as in the winter.