



# SIGN UP FOR ADORATION THIS WEEK

## A Month of Blessings

October can be a month of special blessings for the Notre Dame student -- if he will participate in the Daily Adoration. To honor Our Lady of the Rosary -- October is her month -- and to show devotion to Our Blessed Lord, the Blessed Sacrament will be exposed on the Lady Altar of Sacred Heart Church daily throughout the month except on Saturday and Sunday.

This Adoration started many years ago, because the students wanted it. They volunteered to spend a portion of an hour each week of the month in prayer in the Lady Chapel. Some students spend a half-hour two or three times each week; some take a period every day.

A period or two of Adoration each week will not burden anyone, if he takes the same time each week, a time that fits into his study and class schedule. Student promoters of this Adoration will call at your room this week to take down the half-hour period, or periods of your choice. Each week a reminder card will be sent to you.

Adoration will not be a drain on your time. Prayer helps one study better. Moreover, if one honors Our Blessed Lady, she will bless ones academic efforts. Say your Rosary as part of your Adoration. The Prefect of Religion will have a new supply of beads ready for the pamphlet racks on Thursday.

## Communion Fast Begins At 12-Midnight

The hour leeway we had during Daylight Saving Time is no longer in effect. You must begin your Communion fast at 12:00 midnight clocktime, as long as you are in the South Bend area.

Some Catholics have the mistaken notion that wherever they go, they have at least fifteen minutes leeway. The Church permits the use of sun-time, which in certain sections of the country gives one an advantage. It so happens that calculating time by the sun gives no advantage in this area. The 1:00 o'clock deadline has passed, until Daylight Time is resumed next year.

If you took advantage of Daylight Time last Saturday night, don't worry. You were not doing wrong, because Daylight Time was in effect until 2:00 A.M.

PRAYERS: (Thanksgiving) Mrs. Nora Gushwa, Notre Dame switchboard operator, wishes to thank all her friends who prayed for her husband when he fell seriously ill recently. Prayers are still in order for the speedy recovery of Mr. Gushwa. (deceased) Mrs. Alfred Doughty, friend of Bill Honey Jr. (Al); uncle of John Deenan Mullahy, CSC; Joe Garrity, in accident June 3, unconscious for 70 days, now recuperating and can't return to school -- his friends should send him a letter or two.