

Three Easy Ways....

....to gain a plenary indulgence daily for the Poor Souls.

I.

(The easiest way)--to receive Holy Communion and to say afterwards the "Prayer Before A Crucifix", along with one Our Father, Hail Mary and Glory Be To The Father for the intentions of the Pope. This indulgence is one that a person gains for a remission of his own temporal punishment. It may, however, be transferred to some soul in Purgatory by a mere act of the will. The "Prayer Before A Crucifix" can be found in the Notre Dame Prayerbook as part of the devotions of thanksgiving after Communion.

II.

(The Rosary way)--to say the rosary under two special conditions: (1) before the Blessed Sacrament, exposed on the altar or in the tabernacle (2) while reflecting on the mysteries. This devotion takes about ten minutes. The person saying the rosary gains this indulgence, but he may transfer it to any Poor Soul of his choice.

III.

(The Passion way)--to make the Way of the Cross reflecting on the sufferings of our Blessed Lord at each station. This reflection is the only requirement for gaining the plenary indulgence. No prayers need be recited before, during or after the devotion. The indulgence is for oneself. One may give it to a Poor Soul, if he wishes.

A second plenary indulgence is gained by the one Way of the Cross if Holy Communion was received on the day the Stations were made. This indulgence is also transferable.

Plenary Indulgence Today

You can gain a plenary indulgence for a Poor Soul every time you visit Sacred Heart Church or any hall chapel today, provided you say the Our Father, Hail Mary and Glory Be To The Father six times for the intentions of the Pope.

These indulgences can be gained until midnight. Plan to spend nearly an hour visiting the church or chapel, not at one time, but during free periods throughout the day. A visit is concluded by merely stepping outside the church or chapel. You may return immediately and begin another visit.

This ought to be your November resolution: "I will assist at Mass daily for the Poor Souls."

PRAYERS: (deceased) T.A. Daly. (Ill) mother of George Larson (Morr). Seven Special Intentions.

